



Healthy City Design

LOWRY

MEDIACITY | SALFORD
GREATER MANCHESTER

OCT
20-22



- > RESEARCH
- > POLICY
- > INVESTMENT
- > PRACTICE

FINAL PROGRAMME

Breakdown or breakthrough?

New strategies for healthier cities



@HCDCongress
#HCD2026

Organised by



Destination City partners



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Social value partner



Urban transformation partner



Theme partners



People. Place. Health.

Discover a practical, place-based model for aligning people and funding around prevention to create healthier, more prosperous communities in our new report.

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Delivering neighbourhood health

We collaborate to shape healthier communities through integrated health, wellbeing and social infrastructure.

Parkhead Hub, Glasgow, brings healthcare, community services and civic life together in one destination, improving access to the services that support healthier lives.

Designed with the community. Connected through place.

Salford at 100: A century of change, a future of possibility

As Mayor of Salford, I am delighted to once again welcome delegates from around the world to our city for the Healthy City Design International Congress.

This year's theme, 'Breakdown or breakthrough? New strategies for healthier cities', is a powerful challenge. At a time when cities face increasing pressures, the question is not simply how we respond but how we turn those challenges into lasting change and create healthier, fairer and more resilient places.

That has particular meaning for Salford in 2026 as we celebrate the centenary of becoming a city. It is a moment to reflect on 100 years of change, celebrate the people and communities who have shaped Salford, and look with ambition to our next century.

Salford has always been a city that adapts and innovates, and that spirit continues today. From our established communities to major regeneration and innovation locations – including MediaCity, Salford Central, Crescent and Eccles – our city continues to evolve. But our ambition is not growth for its own sake. It is about ensuring growth creates opportunity and delivers better outcomes for our residents.

We also recognise the challenges we face. Inequalities remain across our city, including in health, income, employment and access to good quality, affordable homes. They reinforce why good growth, prevention, quality of place and long-term investment matter, and why we must be prepared to think differently to move from breakdown to breakthrough.

Partnership is central to our approach. Communities, public services, universities, investors, developers and businesses all have a role in creating places that support healthier lives. This Congress provides an important opportunity to share experience, challenge established thinking and build the partnerships that can turn ideas into action.

As you spend time in Salford, I hope you experience a city proud of its past and ambitious for its future. In our centenary year, we are not only celebrating how far we have come but looking ahead to what the next 100 years can bring.

I hope the Congress inspires bold thinking, constructive debate and, above all, action.

Welcome to Salford, and I hope you have an inspiring and enjoyable Congress.



Paul Dennett
Salford City Mayor

Shaping the future of Salford Central



Our masterplan laid the groundwork for the regeneration of the historic heart of Salford bringing new opportunities and quality of life for Salford's residents

Dear delegates,

Cities across the world are navigating a period of profound instability. Economic uncertainty, geopolitical turbulence, climate fragility, migration patterns, social divisions and health inequalities are converging to create a challenging urban agenda for city leaders, developers, planners and policymakers.

Faced with so many pressures that could fracture urban systems, it would be easy to de-prioritise the role of health in making our cities greener, fairer and more inclusive. But that would be a mistake. Cities that prioritise health create the platform for climate resilience, social cohesion, innovation and economic productivity.

Thriving urban environments attract talent, stimulate creativity, reduce public spending burdens, and enable inclusive growth. Without health, there can be no sustained competitiveness, no dynamic workforce, and no resilient economy. The question facing city leaders, investors, planners, designers and policymakers is stark: will our cities drift towards fragmentation and decline – or will they achieve breakthrough transformation? From healthy homes and neighbourhoods to sustainable infrastructure and green mobility, from community impact and social value to digital innovation and population health, this year's programme will examine how cross-sector collaboration can deliver measurable improvements in both human and planetary wellbeing.

Against this backdrop, Healthy City Design 2026 returns to Salford, Greater Manchester. With the theme 'Breakdown or breakthrough?', the Congress will explore bold strategies that place health at the centre of urban transformation, bringing an interdisciplinary focus across research, investment, development, design, planning and public health.

This theme has particular resonance in the context of the UK's policy framework, which emphasises cross-sector Health in All Policies, the building of New Towns, and the fast-tracking of high-density housing around well-connected transport hubs. The NHS is also committed to switching health services from hospital to community, from analogue to digital, and from treatment to prevention. But this fundamental wellbeing challenge facing cities extends globally, crossing continents and cultures. The fightback is on.

Salford celebrations

This year is a special one for our host city, Salford. As it celebrates 100 years of city status, Salford provides an ideal living laboratory for exploring how health-led development can shape the next century of urban progress.

Manchester – or 'Manchesterism' – is also currently at the heart of the debate around national regeneration and renewal. Manchesterism promotes a shift to empower local and regional governments, while looking to bring key public utilities and services under local or public oversight. It also seeks to grow regional economies through local infrastructure investment, universities, and strategic public intervention.

Welcome to the 10th Healthy City Design 2026 International Congress and Awards. Abstracts for all sessions can be found at www.healthycitydesign.global/programme/programme-agenda and on the virtual event programme (p19). Other features include the Video+Poster Gallery (pp40-44), and our free-to-attend tours and activities (20/22 October), including an early morning 5km run around Salford Quays (21 October). And on the evening of 20 October, Old Trafford – home of Manchester United FC – will provide a wonderful setting to celebrate pioneering urban design and health projects at the HCD2026 Awards Ceremony and Dinner (p52). Have a wonderful Congress!



Professor Jeremy Myerson

Co-founder, Healthy City Design;
chairman, WORKTECH Academy;
professor emeritus, Royal College of Art



Max Farrell

Chair, Healthy City Design;
Founder & CEO, LDN Collective

THERME Manchester

Be Well. Have Fun.



Therme Manchester's role in creating healthy cities

Therme Group is a global wellbeing leader, driven by an inclusive vision of 'Wellbeing for All'. Therme Manchester aims to become a beacon of wellbeing and part of the city-region's social infrastructure. We will welcome over 2 million guests annually who can enjoy a year-round 33°C climate with warm lagoons and botanical gardens supported by advanced sustainable design. Blending ancient thermal traditions with modern experiences, it offers; saunas, steam rooms, water slides, wave pools, healthy food, art, alongside affordable luxury spa, health, and fitness therapies.

Responding to local needs

- Working collaboratively with partners to create a healthier city that addresses local needs and a catalyst for change in wellbeing culture and lifestyles.
- Therme Manchester responds to a demand for shared community spaces, serving as a new form of social wellbeing infrastructure, as essential to any city as facilities such as theatres, museums, libraries, sports complexes, and parks.

A sustainable future for wellbeing

- Therme Manchester is the UK's first large-scale spa facility to be constructed according to the prestigious LEED Platinum certification
- We are committed to developing a sustainable facility with our integrated approach to climate action, biodiversity enhancement, inclusive economic growth, health and wellbeing, community impact, skills development, accessibility, and responsible procurement.

Dear delegates,

A very warm welcome to everyone attending Healthy City Design over the next two days. We look forward to the conversations and opportunities to work together to create healthier cities.

Cities continue to attract people for good reason. Urban life has always offered freedom and connection; cities are places where individual self-expression becomes newly, and thrillingly, possible. Bringing together people from different backgrounds and with different ideas encourages exploration, creativity and innovation.

We can be optimistic about the future of cities, but they must adapt to address aspects of urban life that are unhealthy or unsustainable for individuals, society and the environment. There are abundant opportunities to create cities where the wellbeing of each person is connected to that of the wider community.

This means creating spaces where people from all parts of society can come together; in urban environments that work in harmony with natural systems. It also means starting with communities, learning both from new ideas and from what has sustained and nurtured people for millennia.

Partnerships between public services, communities and private organisations can complement public health provision, support healthier lifestyles and maximise long-term health benefits. Community-led initiatives that improve access to sustainable, nutritious and delicious food are one area we are particularly keen to explore.

These themes underpin Therme Manchester's involvement in Healthy City Design. We are delighted to return for our second year as Social Value Partner following a fantastic event in 2025. We extend a special welcome to the community representatives we have supported to attend, and look forward to chairing sessions this week exploring how these partnerships can improve health and wellbeing.

Therme Group's vision is to transform cities worldwide by integrating large-scale wellbeing infrastructure that improves health, strengthens communities and enhances quality of life. We see Therme as a form of social infrastructure, as essential to city life as theatres, museums, libraries, sports complexes and parks.

Our facilities offer an integrated, preventative response to society's health and wellbeing challenges, designed to be accessible and affordable. At Therme Group, we believe we have an important part to play in advancing wellbeing in the cities of the future. That work begins with communities and an understanding of what people need to thrive as ancient creatures living in modern times.

**Rob Creber**

Director of social impact,
Therme UK

Salford at 100: A Living Laboratory for Healthy Urban Futures

Salford's regeneration story is one of significant transformation, moving from a post-industrial decline to a thriving city with a focus on economic growth, new homes, and cultural vibrancy.

As Salford marks 100 years since being granted city status, it is one of the UK's most compelling examples of urban reinvention. Once characterised by post-industrial decline as a "dirty old town", Salford has undergone a remarkable transformation, emerging as a dynamic, investment-ready city that is redefining the relationship between economic growth, urban development and health.

Over the past two decades, regeneration across Salford Quays, Salford Central and the wider city centre has reshaped the city's physical, social and economic fabric. Today, Salford is projecting economic growth of more than 46 per cent, underpinned by an ambitious long-term vision to deliver 40,000 new homes and 40,000 new jobs by 2040 across four strategic growth locations: Salford City Centre; The Quays and MediaCity; the Greater Manchester Western Gateway; and Salford's towns.



About the venue: Lowry, MediaCity, Salford Quays

Named after early 20th-century painter L.S. Lowry, known for his paintings of industrial scenes in North West England, Lowry is one of Britain's 12 landmark projects for the Millennium.

Opened in 2000, the theatre and arts complex was the flagship project of Salford City Council's regeneration plan in 1988 for the transformation of the derelict Salford docks as a leisure, cultural and tourism area.

Costing £106m, Lowry, which was designed by Michael Wilford, is built on a triangular site at the end of Pier 8 and has a triangular plan. A promenade encircling the building provides views of the Manchester Ship Canal, MediaCity and the Salford Quays developments. The complex is close to the Imperial War Museum North and the Old Trafford football stadium, and is served by the MediaCityUK stop on the Metrolink tram network.

Lower Ground

- Quay's Theatre (Stalls)
Keynotes, Streams 1 and 6

Other

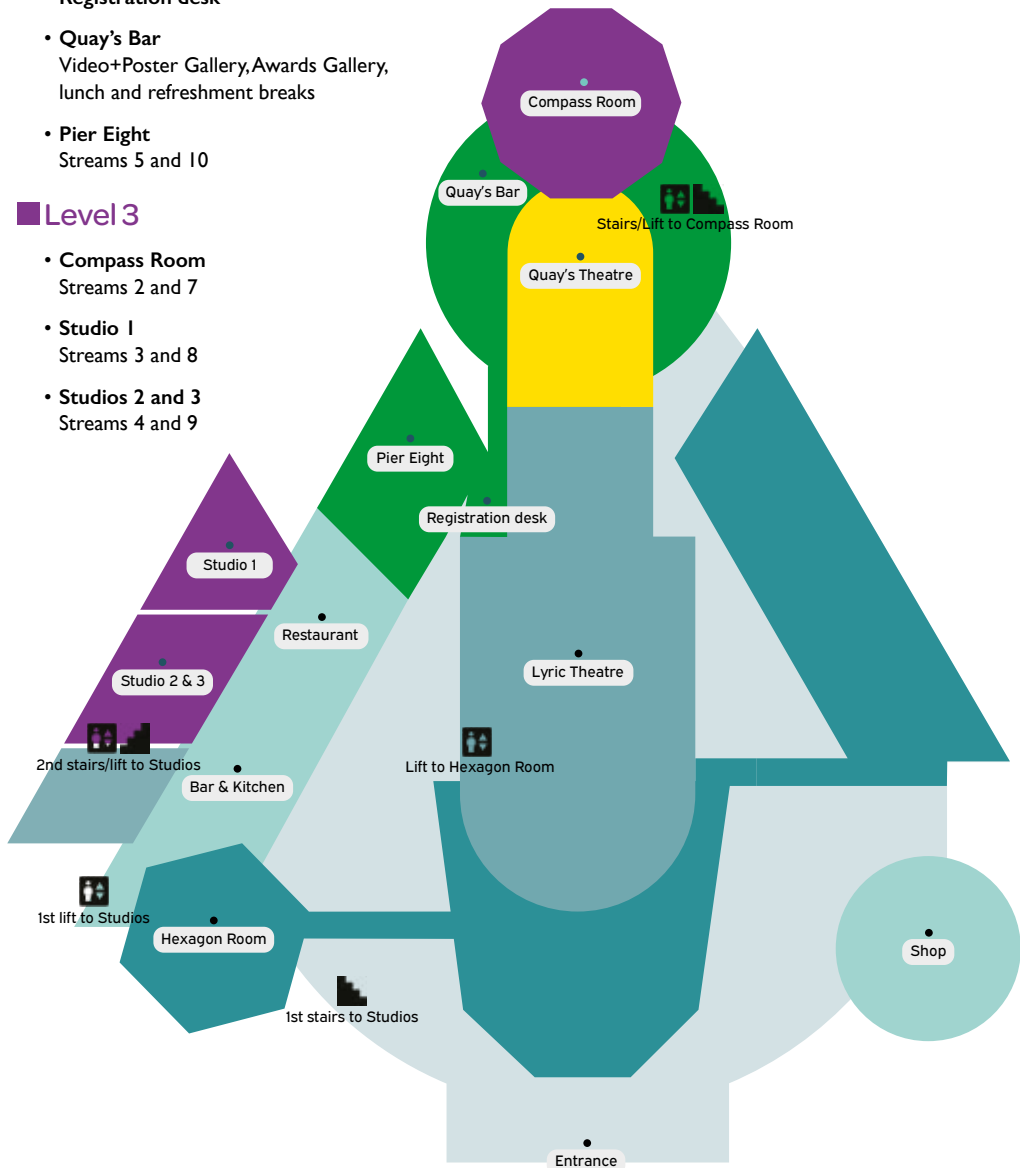
- Hexagon Room (Level 3)
Roundtables – *Invitation only*

Level 1 (Ground floor)

- Registration desk
- Quay's Bar
Video+Poster Gallery, Awards Gallery,
lunch and refreshment breaks
- Pier Eight
Streams 5 and 10

Level 3

- Compass Room
Streams 2 and 7
- Studio 1
Streams 3 and 8
- Studios 2 and 3
Streams 4 and 9



The Programme Committee

The Congress is organised by SALUS Global Knowledge Exchange and the Helen Hamlyn Centre for Design, Royal College of Art in collaboration with Salford City Council, MediaCity, and our international programme committee. From shaping the Congress themes, to evaluating submission abstracts, to chairing sessions, their knowledge, time and effort are a huge part of the success of the Congress, and we thank them for their contributions.



Yonette F. Thomas PhD

Founder and president,
UrbanHealth360, USA



**Blake Jackson AIA, LEED Fellow,
WELL Faculty, CPHC**

Director, sustainability,
NORR, USA



Elsbeth Anwar, MD

Associate director of public health
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Liverpool City Council, UK



Mark Drane, PhD

Director, Urban Habitats; health specialist
development officer, South Cambridgeshire
District Council, UK



Clare Wildfire

Global cities lead,
Mott MacDonald, UK



Benazir Noor Mohamed

Architect,
Well Built, UAE



Lourdes Madigasekera-Elliott

Public health strategic lead: Creating
Healthy Places, East Sussex County Council,
UK



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Assistant director, Grand Challenges,
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Project lead for placemaking, Great
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Marcus Grant

Editor-in-chief,
Cities & Health, UK



**Giselle Sebag, MPH, LEED AP, Fitwel
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International Society for Urban Health, USA



Audrey de Nazelle, PhD

Associate professor in urban sustainability,
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Harry Knibb MRTPI

Development director, Oxford Properties;
director, Academy of Urbanism, UK



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Town and Country Planning Association, UK



Helen Pineo, PhD

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Jose Siri PhD, MPH

Epidemiologist, global, urban and planetary
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Rhiannon Corcoran, PhD

Professor of Psychology and Public Mental
Health, University of Liverpool; fellow,
Centre for Urban Design and Mental
Health, UK

Organising Committee



Max Farrell

Chair, Healthy City Design;
Founder and CEO, LDN Collective, UK



Sarah Ashurst, MBA

Head of partnerships and investment,
Salford City Council, UK



Marc Sansom, MBA

Chief executive and co-founder, Healthy
City Design; Managing director, SALUS
Global Knowledge Exchange, UK



Caroline Aikman

Director of marketing and place,
MediaCity, UK



Gillian McLauchlan

Director of public health and wellbeing,
Salford City Council, UK



Hua Dong

Director, Helen Hamlyn Centre for Design,
Royal College of Art, UK



Advisory Group

Lord Nigel Crisp

Independent crossbench member, House of Lords UK

Matt Ashton MPH, MBA

Director of public health, Liverpool City Council, UK

Lord Andrew Mawson OBE

Chair, 360 Degree Society, UK

Sunand Prasad OBE

Architect; Advisor, Healthy City Design, UK

Beatrice Fraenkel

Design regeneration and health consultant, Trustee, Design Council, UK

Chris Liddle

Director, HLM Group, UK

Antonia Cotton

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Esme Banks Marr

Strategy director, BVN Architecture, UK

Matthew Morgan

Co-founder, director, Quality of Life Foundation, UK

Paul Bell

Partner, Ryder Architecture, UK

Deb Upadhyaya PhD, MBA

Director of placemaking and new communities, AtkinsRéalis, UK

Sasha Karakusevic

Project director, NHS Horizons; senior fellow, Nuffield Trust, UK

Rosie Cade

Founder, Rising Tide, UK

Michael Wood

Head of health economic partnerships, NHS Alliance, UK

Carlo Castelli

Founder, Urban Purpose, UK

Marina Milosev

Director of urban strategies and innovation, Beyond the Red Line, UK

Sarah Deedat

Vice-president Behavioral Design, Lirio, USA

Ibrahim Ibrahim

Managing director, Portland Design, UK

Huw Edwards

CEO, UK Active, UK

Coen van den Wijngaart

Manager, real estate development, Anculus, Netherlands

Jim Chapman

Independent design consultant, UK

Graham Marshall

Director, Prosocial Place, UK

Ben Cave

Director, Ben Cave Associates, UK; University of Groningen, Netherlands

Creating places where people can thrive



ECF is a long-term public-private regeneration partnership between Homes England's National Housing Bank, L&G and Muse. We work alongside local authorities to unlock regeneration that others can't progress, by bringing together the investment, partnership and delivery needed to move forward with confidence.



A partnership between



National
Housing Bank



Homes
England



L&G

MUSE

HCD LIVE

Use the HCD2026 app to enhance your event experience: prepare your agenda; connect with colleagues and friends – old and new; explore the Video+Poster Gallery; and catch up on recorded talks and sessions. The app will help you discover, connect and engage with attendees at the Congress.

Download the app

The event mobile application is available on both the Google and Apple App Stores. To download it, search for **HCD2026** on your app store or scan the QR code. Once downloaded, you'll need to sign into the app using the email address you used when registering for the Congress.



Functions and features

- **Watch LIVE sessions** – Through the app, you will be able to watch LIVE sessions and catch up with talks and sessions you may have missed under the 'Agenda' tab.
- **Sponsors and partners** – Under the 'Expo' tab, you can visit sponsors' and event partners' stands to learn more about their design services and/or research work, view their videos, download brochures and, if you're interested, share your contact details, or set up in-person and virtual chats and meetings.
- **Video + Poster Gallery** – Visit the Video+Poster Gallery, also under the 'Expo' tab, to learn more about the showcased design and research projects, watch short video presentations, download the posters, and read the abstracts.
- **People** – Engage with other attendees under the 'People' tab. Filter attendees by specific job roles, sectors and more. From here, you can set up a meeting with other delegates – click on their profile, choose a date and time, and add a personalised message. You can also chat with other attendees by clicking 'CHAT' on their profile.
- **Schedule** – Create your own personalised schedule based on your interests and meetings, and view this in your own personalised agenda at the top of the app.
- **Discussion** – Join in with fellow attendees in a discussion forum and share your thoughts on the Congress streams and topics beyond the event.
- Share your involvement with the Congress on social media by using the hashtag #HCD2026 and tagging us on X with the handle @HCDCongress.





European
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Healthy
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Ryder

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Our goal is simple – to improve the quality of
the world around us and, in doing so,
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www.ryderarchitecture.com

📷 [ryderarchitecture](https://www.instagram.com/ryderarchitecture)

Newcastle London Glasgow Liverpool Manchester Bristol Hong Kong Vancouver

Speakers & abstract information

This year, you will find all the session abstracts, as well as those for the Video+Poster Gallery and the lunchtime workshops online.

You can access these in two ways:

- > Firstly, through the HCD event platform at events.hubilo.com/HCD2026 and on the mobile app, which you can download by scanning the QR code on page 16. On the agenda page, find the session you're interested in and click Join session. You will then find all abstracts and supporting information for that session.
- > Secondly, you can access these via the HCD website: www.healthycitydesign.global/programme/programme-agenda or by scanning the QR code opposite.

These pages also provide full details of our speakers and presenters, so you can learn about their expertise, professional background and credentials.

With diverse and transdisciplinary speakers from research, practice and policy backgrounds, joining in dialogues with investors and community leaders and voices, this year's Congress aims to get to the heart of the challenges facing communities and cities in the UK and around the world.



08.00 Registration opens

Keynote plenary

Session 1



Breakdown or breakthrough? New strategies for healthier cities

Chair: Jeremy Myerson, Helen Hamlyn Centre for Design, Royal College of Art; WORKTECH Academy, UK

08.45

Opening remarks

Jeremy Myerson, HCD2026 Programme chair, UK

09.00



Activating population health: Beyond infrastructure to relational health-creating systems

Dr William Bird MBE, CEO, Intelligent Health; member, Test, Learn and Grow team – Neighbourhood Health, Cabinet Office, UK

09.25



Beautiful, inclusive, sustainable neighbourhoods: Obvious, yet so hard to achieve

Audrey de Nazelle, Senior lecturer, Centre of Environmental Policy, Imperial College London, UK

09.50

Panel discussion

10.15–10.45 Video+Poster Gallery, coffee and networking



Session 2

Creative cities, healthier communities: Harnessing culture, media and design for urban wellbeing

Chair: Max Farrell, Healthy City Design; LDN Collective, UK

10.45–

How creative industries can drive healthier, more connected and more productive cities

12.30

Fireside chat: Alice Webb, MediaCityUK, UK

Cllr Hannah Robinson-Smith, Everyday; Salford City Council, UK

Panel and speakers: Cllr Hannah Robinson-Smith (Chair); Prof Andy Miah, PhD, University of Salford, UK; Julie McCarthy, GMCA, UK; Josie Cahill, BBC Salford, UK

12.30–13.45 Video+Poster Gallery, lunch and networking

12.30–

Roundtable (by invitation): Hexagon Room

14.00

Imagining the futures we want

Chaired and facilitated by:

Rob Delius, Tudor Jones, Eli Hatleskog, Stride Treglown, UK

For the full abstract and list of participants, please go to page 46.

Curated by

STRIDE TREGLOWN

15.30–
17.00

Roundtable (by invitation): Hexagon Room

Making prevention deliverable: Building a place-based model for health

Chaired by:

Dr Helen Howson, Bevan Commission, UK, with: Sophie Camburn, Jamie Tucker, Arup, UK

For the full abstract and list of participants, please go to page 47.

Curated by

ARUP



Session 3

Evolving healthy cities in Liverpool, Belfast and Glasgow

Chair: Gillian McLauchlan, Salford City Council, UK

13.45

Forty years on: Evolving healthy cities in Liverpool, Belfast and Glasgow

Panel: Prof Matt Ashton, Liverpool City Council, UK

Anne McCusker, Belfast Healthy Cities, UK

Gillian Dick, Etive Curry, Glasgow City Council, UK

15.15–15.45 Video+Poster Gallery, coffee and networking



Session 4

Therme Manchester: Transforming urban wellbeing at scale

Chair: Rob Creber, Therme Manchester, UK

15.45–
17.00

Therme Manchester: Transforming urban wellbeing at scale

Keynote plenary



Session 5

Creating a healthy society

Chair: Chris Liddle,
HLM Architects, UK

17.00



From hyperturbulence to hope: Creating a healthy society

Lord Nigel Crisp,

Independent crossbench member,

House of Lords, UK

17.50–
18.00

Closing remarks

Jeremy Myerson, Helen Hamlyn Centre for Design, Royal College of Art; UK

19.00–
22.00



Healthy City Design 2026 Awards ceremony and dinner

Venue: Old Trafford, Manchester United FC.

For more information, please see page 52.



Session 6

Place-based approaches to population health

Chair: Greg Dickson, Stantec, UK

-
- 10.45 **The role of local development plans in Wales in delivering healthy places**
Cheryl Williams, Public Health Wales, UK
-
- 11.05 **Planning for healthy places: Guidance that 'hits the nail on the head' for getting knowledge into healthy placemaking policy**
Mark Drane, Urban Habitats, UK
Emma Bird, UWE Bristol, UK
Gemma Hyde, Town & Country Planning Association, UK
-
- 11.25 **Stop building health centres: Designing places for prevention**
Kris Mackay, 360 Degree Society, UK
Liz Towns-Andrews, University of Huddersfield, UK
Harry Dodd, Community Health Partnerships, UK
-
- 11.45 **The Wellness Framework: A multidimensional appraisal of the built environment's impact on holistic human wellness**
Daniel Johnson, Anna Johnson, Placemaking, UK
-
- 12.05 **Panel discussion**
-
- 12.30–
13.45 **Video+Poster Gallery, lunch and networking**



Session 7

Design for neighbourhood health

Chair: Mark Walker, Stantec, UK

-
- 13.45 **Masterplanning for population and neighbourhood health: NMGH as a regeneration driver**
David Baldwin, Colin Hockley, Sheppard Robson, UK
-
- 14.05 **Trauma-informed design as a framework for community health**
Stefan Harris, AHR, UK
Lisa Hardisty, University of Salford, UK
-
- 14.25 **Bold ideas for healthier cities: Health on the high street – making care closer to home a reality**
Patrick Kelly, P+HS Architects, UK
-
- 14.45 **Panel discussion**
-
- 15.15–
15.45 **Video+Poster Gallery,
coffee and networking**



Session 8

Design for ageing and equity

Chair: Marina Milosev, Beyond the Red Line, UK

-
- 15.45 **Co-creating health and place: Living well in later life**
Professor Stefan White, Manchester School of Architecture, UK
-
- 16.05 **City of longevity: A systemic service design methodology for urban healthy longevity**
Nic Palmarini, Newcastle University, UK
-
- 16.25 **Intergenerational places: How urban design and governance shape interactions in an ageing city**
Natalie Raben, Manchester Metropolitan University, UK/Spain
-
- 16.45–
17.00 **Panel discussion**
-

Stream 2 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.00–18.00).



Session 9

Climate-resilient cities and communities

Chair: Paul Bell, Ryder Architecture, UK

-
- 10.45 **Centring human and planetary health in planning for new communities. A case study of Tewin**
Yasmin Afshar, Urban Strategies, Canada
Steve Dulmage, Urban Equation, Canada
Sue Riddlestone OBE, Bioregional, UK
-
- 11.05 **Comparing UK and Swedish approaches to climate resilience in cities, and lessons for planners and policymakers**
Ashley Bateson, Hoare Lea, UK
-
- 11.25 **Beyond the urban farm: A multiscale systemic landscape framework for evaluating sustainability outcomes in Rotterdam**
Pooja Boddupalli, TU Delft, Netherlands
-
- 11.45 **Mapping misinformation on low-traffic neighbourhoods in UK news media: A novel content analysis framework**
Vivian Fosseppez, Zanna Buckland, Audrey De Nazelle, Imperial College London, UK
-
- 12.05 **Panel discussion**
-
- 12.30–
13.45 **Video+Poster Gallery,
lunch and networking**



Session 10

Digital transformation for sustainable cities

Chair: Clare Wildfire, Mott MacDonald, UK

-
- 13.45 **Towards trustworthy AI for green mobility: A probabilistic approach to railway demand estimation**
Yeonsoo Park, Kyounghee Cho, Mohammad Mayouf, Muhammad Afzal, Birmingham City University, UK
-
- 14.05 **Understanding the determinants of cycling experience: A digital twin experiment to support active mobility**
Khashayar Kazemzadeh, University of Manchester, UK
-
- 14.25 **Learning the land digitally**
Isabella Bhoan, WW+P Architects, UK
-
- 14.45 **Panel discussion**
-
- 15.15–
15.45 **Video+Poster Gallery,
coffee and networking**



Session 11

Designing health-creating urban waterfronts

Chair: Max Farrell, Healthy City Design, UK

-
- 15.45 **Waterfronts as a social spine: Measuring the community impact of beachfront activation**
Magdalena Jakubowska, Dar Al-Handasah, UK
-
- 16.05 **Reconsidering urban waterfronts: Exploring blue-grey space as a hybrid setting for health and wellbeing**
Joanna Hayes, University of Liverpool, UK
-
- 16.25 **River Roding Health Corridor: Spatialising prevention to reduce urban health inequalities**
Heather Macey, Makower Architects, UK
Anna Gibbs, Be First, UK
-
- 16.45–
17.00 **Panel discussion**
-

Stream 3 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.00–18.00).



Session 12

Community cohesion, social value and regeneration

Chair: Lourdes Madigasekera-Elliott,
East Sussex County Council, UK

-
- 10.45 **Dove street murals – transforming neighbourhoods through visual citizenship and participatory placemaking**
Louise Ciotti, University of West of England, UK
Victoria Rivera-Ugarte, University of Cardiff, UK
Mike Stuart, Dove Street Community Forum, UK
-
- 11.05 **Aligning economic, environmental and health objectives through social value frameworks in large-scale urban regeneration**
Lara Pool, Ebbsfleet Development Corporation, UK
-
- 11.25 **Urban greenspace as social infrastructure: A practice-based case study of community cohesion in Houston's third ward**
Lindsay Sansom, Texas A&M University, USA
-
- 11.45 **Shaping everyday wellbeing: Urban design, creative health, and the preventative city**
Maysa Phares, Studio Egret West, UK
Faye Lawrence, Planting Stories, UK
-
- 12.05 **Panel discussion**
-
- 12.30–
13.45 **Video+Poster Gallery,
lunch and networking**

Stream 4 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.00–18.00).



Session 13

Designing for mothers and young people

Chair: Benazir Noor Mohamed, Well Built, UAE

-
- 13.45 **Schools as neighbourhood health infrastructure: Lessons from the ground**
 Antonia Cotton, Urban Health 360, UK
 Julika Niehaus, Children's futures consultant and Urban Health 360, UK
-
- 14.05 **Mitcham Play Way: Co-designing a youth-centred, climate-resilient high street for healthier everyday lives**
 Carrie Wood, London Borough of Merton, UK
-
- 14.25 **Maternal spaces in Newcastle: Insights into mothers' embodied experiences and spatial practices**
 Alanis Burgess, P+HS Architects, UK
-
- 14.45 **Panel discussion**
-
- 15.15–
15.45 **Video+Poster Gallery, coffee and networking**



Session 14

Planning frameworks for social impact

Chair: Matthew Morgan, Quality of Life Futures, UK

-
- 15.45 **Designing social value in a historic town: Health-led infrastructure change in Caerleon, Wales**
 Mike Morgan, AECOM, UK
 Steve Manning, Newport City Council, UK
-
- 16.05 **RootStock Social: Towards an integrated social design framework for equitable, measurable and lasting community health**
 Marie-Louise Schembri, Hilson Moran, UK
-
- 16.25 **The New Story Garden: Supporting and nurturing community through collaborative and participatory building practices**
 Jan Kattein, Jan Kattein Architects, UK
 Martina Mina, Alice Hardy, Global Generation, UK
-
- 16.45–
17.00 **Panel discussion**
-



Session 15

Strengthening the community of practice for health and spatial planning

Lead facilitator: Sem Lee, OURI Labs, UK

Co-facilitators: Esther Smith, Natural England, UK

Jasmine Hoffman, Essex County Council, UK

Cheryl Williams, Public Health Wales, UK

13.45

Strengthening the community of practice for health and spatial planning

Despite strong evidence linking health and the built environment, embedding health within spatial planning remains challenging.

This collaborative workshop explores how communities of practice can strengthen collaboration, knowledge exchange and implementation during a period of significant planning and local government reform in England. It draws on the work of the Health and Wellbeing in Planning Network (HWPN), a 250+ member community supported by the Association of Directors of Public Health, bringing together planners, public health professionals, NHS colleagues, researchers and community partners.

Building on priorities emerging from the HWPN Summer Forum 2026, participants will examine practical approaches to integrating health into planning policy, planning applications and Local Plans, while exploring the role of hybrid health planning professionals. Through facilitated discussion and collaborative exercises, attendees will identify transferable strategies, strengthen cross-sector networks, and gain practical insights to support healthier planning decisions in their own organisations.

15.15–
15.45

**Video+Poster Gallery,
coffee and networking**



Session 16

Play Your Part: A participatory game for co-designing healthier communities

Lead facilitator: Barbara Kaucky, Root And Erect, UK

Co-facilitator: Chris Allen, Feilden Clegg Bradley, UK

15.45–
17.00

Play your part: A participatory game for co-designing healthier communities

Traditional community engagement often focuses on identifying problems rather than generating creative solutions. This interactive workshop introduces Play Your Part, a participatory design game that uses structured play to inspire innovative thinking about healthier communities. Longlisted for the Davidson Prize, the approach positions play as both an engagement method and a design objective, encouraging collaboration across generations.

Participants draw combinations of person, play and place cards to create rapid design responses to real-world urban challenges. The game promotes creative problem-solving, safe experimentation and fresh perspectives while strengthening social connections through shared discussion and reflection. Early testing with design professionals has produced imaginative, practical and unexpected ideas that conventional consultation methods often overlook. Participants will experience the methodology firsthand, contribute to its ongoing development, and explore how playful co-design can support healthier, more inclusive and socially connected neighbourhoods.

Stream 5 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.00–18.00).

08.00 Registration opens

Keynote plenary



Session 17

Opening keynote

Chair: Stephen Kinsella, MADE Partnership, UK

08.50 **Opening remarks**
Max Farrell, Chair, Healthy City Design; LDN Collective, UK

09.00 **Welcome and introduction**
Paul Dennett, City Mayor of Salford, Deputy Mayor of Greater Manchester, UK

09.15 **Building for a healthy life: Simple principles for better places**
Amy Burbidge, Head of design and master development, Homes England, UK; David Birkbeck, Chief executive, Design for Homes, UK; Kelly Hillman, Group director – Public Land and Place, Vistry, UK; Becky Phillips-Melhuish, Principal inspector, ActiveTravel England, UK; Dr Saira Ali, President, Landscape Institute; Team leader, Landscape Design and Conservation, City of Bradford District Council, UK

10.15–10.45 Video+Poster Gallery, coffee and networking



Session 18

Social urbanism and wellbeing

Chair: Sunand Prasad, Healthy City Design, UK

10.45 **People. Place. Health: How we can move to a place-based model of prevention**
Sophie Camburn, Arup, UK

11.05 **CyanLines: 100 miles for nature in the city: One year in**
Pete Swift, Planit, UK

11.25 **Re-inventing the city's alleys: New pedestrian routes in the City of London**
Anna Rose, Anna Amodeo, Space Syntax, UK

11.45 **Future of place: The next generation's breakthrough vision for future communities**
Marcus Adams, Nigel Bidwell, JTR, UK

12.05 **Panel discussion**

12.30–13.45 Video+Poster Gallery, lunch and networking

10.30–12.00 **Roundtable (by invitation): Hexagon Room**
Building healthy communities:
Delivering the right infrastructure at the right time
Chaired and facilitated by: Jenni Montgomery, Stantec, UK
For the full abstract and list of participants, please go to page 48.



12.30–
14.00**Roundtable (by invitation): Hexagon Room****Healthier places by design:****Aligning regeneration, infrastructure and investment**

Chaired and facilitated by: Clare Wildfire, Kerry Harding, Mott MacDonald, UK

For the full abstract and list of participants, please go to page 49.

Curated
by

Session 19

From design to delivery: Co-producing health equity through English devolution

Chair: Siobhan Morris, University College London, UK

13.45

From design to delivery: Co-producing health equity through English devolution

Panel: Rebecca Wallwork, Olivia Stevenson, Alice Nerurker, University College London, UK; Philip Clifford, Local Government Association, UK; Gill Leng, Institute of Health Equity, UK

This session presents findings from the UCL–LGA Devolution and Health Equity Knowledge Exchange, led by Professor Sir Michael Marmot.

15.15–
15.45**Video+Poster Gallery,
coffee and networking**

Session 20

Promoting health outcomes in urban development decision-making in the UK Government

Chair: Sarah Ayres, University of Bristol, UK

15.45–
17.00**Promoting health outcomes in urban development decision-making in the UK Government: A collaboration between academia and the Ministry of Housing, Communities and Local Government**

Panel: Geoff Bates, Eleanor Eaton, University of Bath, UK

Andrew Charlesworth May, Becca Kelly, Communities and Local Government, UK

This panel explores a three-year collaboration between the Tackling Root Causes Upstream of Unhealthy Urban Development (TRUUD) programme and the Ministry of Housing, Communities and Local Government (MHCLG).

Keynote plenary

Session 21

The road to 2027: The next Healthy City Design destination

Chair: Max Farrell, Healthy City Design; LDN Collective, UK

17.00

Join city leaders as we unveil the 2027 Healthy City Design host city, exploring its vision, ambitions and opportunities to shape the next chapter of healthier cities.

17.30–
17.45**Closing remarks**

Jeremy Myerson, Healthy City Design; The Helen Hamlyn Centre for Design, Royal College of Art; WORKTECH Academy, UK



Session 22

Housing and place: Evidence, innovation and practice

Chair: Jim Chapman, Healthy City Design, UK

10.45	From masterplanning to liveable urbanism: Empowering agents of change for healthier and more resilient cities Lucy Bullivant, Lucy Bullivant & Associates, UK
11.05	Compassionate places: Implementing neuroarchitecture and “human impact design” for transdisciplinary, health-creating built environments in practice and policy Natasha Reid, Matter Space Soul, UK
11.25	Co-creation living lab for dementia-friendly residential care environments Femke Feenstra, Gortemaker Algra Feenstra architects, Netherlands
11.45	Health impacts of housing retrofit programmes: A modelling analysis of targeting for health inequality reduction Huihui Song, Sarah Rodgers, University of Liverpool, UK
12.05	Panel discussion
12.30– 13.45	Video+Poster Gallery, lunch and networking

Stream 7 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.00–18.00).



Session 23

Designing child-friendly neighbourhoods

Chair: Gemma Hyde,
Town & Country Planning Association, UK

-
- 13.45 **Embedding children's needs in urban design: Applying the child-friendly urban environments (CFUE) framework in Cardiff**
Tayo Isa-Daniel, AtkinsRéalis, UK
-
- 14.05 **Designing neighbourhoods that enable a “balanced play diet”: A preventative approach to population health**
Amanda Gummer, FUNdamentally Children, UK
Romy Rawlings, DeepGreen Consultancy, UK
-
- 14.25 **Schools as community hubs: Embedding social value and health outcomes in urban development**
Malak Mehta, Anculus, Netherlands
-
- 14.45 **Panel discussion**
-
- 15.15–
15.45 **Video+Poster Gallery,
coffee and networking**



Session 24

Evidence-based neighbourhood design

Chair: Anna Rose, Space Syntax, UK

-
- 15.45 **London's only Healthy New Town: Planning and delivering green immersion and a wider legacy in health**
Richard Webb, Stantec, UK
Sarah McCready, Barking Riverside, UK
-
- 16.05 **Macquarie Park masterplan: Designing a healthy neighbourhood from first principles**
Matthew Blair, BVN, UK
-
- 16.25 **Nourishing neighbourhoods: An approach to designing healthy living together**
Darryl Chen, Hawkins\Brown, UK
-
- 16.45–
17.00 **Panel discussion**
-



Session 25

Data-driven design for health

Chair: Tom Benson,
Urban Intelligence Lab; MIT, UK

10.45	Designing living systems: Integrating health, carbon and community outcomes at the district scale Elisabeth Montgomerie, Steve Edge, Introba, UK
11.05	Uncovering the drivers of everyday activity through integrated urban data Ffion Carney, AtkinsRéalis, UK
11.25	Making the case for civic data investment: An economic valuation of public health datasets Gary Leeming, University of Liverpool, UK Jasmine Kendall, Oxford Insights, UK
11.45	Closing the assumption gap: Using behavioural evidence to strengthen healthy design in planning Joshua Dickerson, BWB Consulting; Deetu, UK
12.05	Panel discussion
12.30– 13.45	Video+Poster Gallery, lunch and networking

Stream 8 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.00–18.00).



Session 26

Mapping and modelling

Chair: Audrey de Nazelle,
Imperial College London, UK

-
- 13.45 **UpGreen: Urban greenery analysis for Copenhagen's climate resilience – a case study**
Miloslav Kalab, ASITIS, Czech Republic
-
- 14.05 **UrbanCare: Structuring multi-scale pedestrian health cases for evidence-based public space development**
Alvaro Valera Sosa, BHL Building Health Lab UG, Germany
-
- 14.25 **A pioneering approach to measure neighbourhood prosperity**
Will Temple, PRD, UK
Paul Honeyben, London Councils, UK
-
- 14.45 **Panel discussion**
-
- 15.15–
15.45 **Video+Poster Gallery, coffee and networking**



Session 27

AI-driven planning for urban health

Chair: Andy Miah, University of Salford, UK

-
- 15.45 **Local aspirations: Generating common visions and solutions for urban health through structured decision-making**
Audrey de Nazelle, Imperial College London, UK
-
- 16.10 **Breakdown or breakthrough? AI, environmental exposure, and health equity in African cities**
Abigail Oppong, UrbanHealth 360, Ghana
Yonette Thomas, UrbanHealth 360, USA
-
- 16.35–
17.00 **Panel discussion**
-



Session 28

Sustainable places for living and working

Chair: Rosie Cade, Rising Tide, UK

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- | | |
|-----------------|---|
| 10.45 | Material health benefits: Advancing health through bio-based design in the TimberHaus project
Rebecca Sawcer, Vaugh Thistleton, UK |
| <hr/> | |
| 11.05 | Workplace design for human flourishing: Evidence from a purpose-built, health-promoting corporate headquarters in Thailand
Linda Tomasso, Harvard T.H. Chan School of Public Health, USA
Dorota Weziak-Bialowolska, Kozminski University, Poland |
| <hr/> | |
| 11.25 | Transforming the health of city life through the design and build of an Urban Farming Network
Patrick Dumas, Square Mile Farms, UK |
| <hr/> | |
| 11.45 | Designing healthy working environments through circular principles: A case study approach
Shreya Aneja, White Arkitekter, UK |
| <hr/> | |
| 12.05 | Panel discussion |
| <hr/> | |
| 12.30–
13.45 | Video+Poster Gallery,
lunch and networking |
-

Stream 9 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.00–18.00).



Session 29

Health-promoting workplace design

Chair: Esme Banks-Marr, BVN Architecture, UK

-
- 13.45 **Healthy cities require healthy sectors: Cultural intelligence as infrastructure for urban wellbeing**
Marsha Ramroop, UnheardVoice Consultancy, UK
-
- 14.05 **A duty of care to caregivers: A new standard for healthcare workplace design**
Jing Zhi Tan, Benjamin Wall, Sejal Mistry, Sheppard Robson, UK
-
- 14.25 **London Institute for Healthcare Engineering: Designing healthy, high-performance workplaces**
Philip Watson, HLM Architects, UK
-
- 14.45 **Panel discussion**
-
- 15.15–
15.45 **Video+Poster Gallery, coffee and networking**



Session 30

Social environments: Culture, nature and sport

Chair: Carlo Castelli, Urban Purpose, UK

-
- 15.45 **Designing for dignity in healthy cities: A toolkit for addressing the complex and human realities of urban space**
Lauren Decent, Carl Walker, Hoare Lea, UK
-
- 16.05 **Supercharging communities through sport-led regeneration**
Jonathan Seebacher, Ryder Architecture, UK
-
- 16.25 **Healthy spaces: Connecting people, nature and culture for preventative health**
Lucy Bawden, Pocket Creatives, UK
Ewan Oliver, Placeshaper UK, UK
-
- 16.45–
17.00 **Panel discussion**
-



Session 3 I

Health at the heart of place: Unlocking the power of strategic spatial planning

Lead facilitator: Dawn Jenkin,

Consultant in public health, West Midlands Combined Authority, UK

10.45

Health at the heart of place: How can multidisciplinary approaches and visionary public-sector reform in England unlock the power of strategic spatial planning and improve health for generations to come?

Panel: Simon Hall, West Midlands Combined Authority, UK

Helen Forman, West Yorkshire Combined Authority, UK

Carrie Shipley, The Health Foundation, UK

Nadia Inglis, Walsall Council, UK

Shaun Andrews, Prior + Partners, UK

Spatial planning is a powerful tool for creating healthier, fairer and more resilient communities, yet its potential is often constrained by fragmented policy and governance. This interactive workshop explores how England's new Spatial Development Strategies and statutory Health Duty for Mayoral Authorities provide an opportunity to embed health at the heart of regional planning, economic growth and regeneration.

Drawing on the Mayoral Regions Programme and its Health in All Policies toolkit, the session will showcase practical examples, including the West Midlands Combined Authority's Spatial Development Strategy, Hertfordshire's Healthy and Safe Places Framework, the West Midlands Design Charter, and West Yorkshire's inclusive design principles. Through facilitated discussion, participants will examine how planners, public health professionals, developers and regional leaders can work together to integrate health across planning systems, translating strategic ambitions into healthier homes, neighbourhoods and places for current and future generations.

12.30–
13.45

**Video+Poster Gallery,
lunch and networking**



Session 32

Nourishing urban wellbeing: Community action for health and sustainability

Therme Manchester facilitators:

Rob Creber, Head of social value & partnerships

Amanda Curtis, Sustainability advisor

Ben Dutson, Director of food & culinary experience



13.45

Nourishing urban wellbeing: Community action for health and sustainability

Healthy food is fundamental to healthier, more resilient communities, yet many people still face barriers to accessing affordable, nutritious and sustainable food. This interactive workshop, led by Therme Manchester, explores how community organisations, local authorities and the private sector can work together to strengthen food and nutrition as part of a broader vision for urban wellbeing. Building on Therme's mission to transform urban wellbeing at scale, participants will share practical examples of community-led food initiatives, urban growing, education, social prescribing and neighbourhood partnerships that improve health while supporting environmental sustainability.

Through interactive discussion and shared learning, the workshop will explore how communities, local authorities and the private sector can work in partnership to create places where healthier choices become the easier choices. Participants will share practical ideas, learn from local initiatives and identify new opportunities to support healthier lifestyles, stronger neighbourhoods and greater community wellbeing. Together, the session will demonstrate how collaboration at every level can help transform urban wellbeing while creating healthier, more sustainable places for future generations.

15.15–
15.45

Video+Poster Gallery, coffee and networking

Stream 10 will be brought to a close at 15.15, at an earlier time to other streams.

Video+Poster Gallery

The Video+Poster Gallery offers a chance to learn about many inspiring research and design projects, enriching the oral sessions.

View the Posters in the Quays Bar at the Venue. To view the videos, and their abstracts, visit the **Video+Poster Gallery** by scanning the QR code to the right to download the mobile app.



Theme: Healthy city design and planning

- P01** Embedding biophilic design within a whole systems approach to healthier cities
Luke Engleback, Studio Engleback, UK
Alessio Russo, Queensland University of Technology, Australia
- P02** Collaborative planning and health protocol development: A case study of participatory action research with the Essex Planning Officers' Association, NHS Integrated Care Board Estates and Public Health Sem Lee, OURI Labs, UK
Amber Nyoni, Essex County Council, UK
- P03** Designing affective city: The role of architectural facades in urban wellbeing
Chenxi Wang, Michal Gath-Morad, University of Cambridge, UK
- P04** Community cohesion as social infrastructure for post-disaster resilience: Evidence from central Texas
Lindsay Sansom, Garrett Sansom, Texas A&M University, USA

- P05** Decomposing the complex association between the 15-minute city planning and health
Yating Jiang, Imperial College London, UK

- P06** Spatialising One Health: A structuring principle for health justice in urban systems – evidence from Greater Cambridge
Mark Drane, Urban Habitats, UK
Flora Samuel, Zhuozhang Li, Ruchit Purohit, University of Cambridge, UK
Beth Blandford, Freelance illustrator, UK

Theme: Healthy homes and neighbourhoods

- P07** Mapping healthy environments for children: Developing a child-centred spatial index for neighbourhood planning
Niamh Donnellan, Te Whare Wananga o Waitaha | University of Canterbury, New Zealand
- P08** Barriers and solutions to heat pump installation in Ealing to reduce air pollution and decarbonise heating: A policy report
Ella Kline, London School of Hygiene & Tropical Medicine; Ealing Council, UK

- P09** Home heat hubs – a win-win for healthy homes and sustainable communities
Clare Delmar, Build for Health, UK
Travis Theune, Thermify, UK
- P10** From overheating to tipping points: Designing for hidden health risks in urban homes
Mingyu Zhu, Qunshan Zhao, University of Glasgow, UK
Jiayi Jin, Northumbria University, UK
- P11** Creating a healthy neighbourhood for all ages
Nigel Saunders, Pozzoni Architecture, UK
Emma Tanti, Pozzoni Architecture, UK
- P12** City XXI and Mariupol Settlements: Healthy communities for the war-displaced population in Ukraine
Viktor Riabokin, Vid Sertsya Budova NGO, Ukraine
Michael Cottakis, 89 Global, UK
- P13** Social homes for health equity, societal opportunity and national prosperity
Rosalind Raine, UCL, UK

Theme: Community impact and social value

- P14** Girls in the hood
Beenish Sarfaraz, Mohamed Adkaich, Alejandra Rodríguez Fiscal, LUCA School of Art; University of Aveiro, Portugal; Sheffield Hallam University, UK
- P15** From garden city to healthy city: Reimagining Bengaluru's dilapidated industrial estates as places of belonging
Ajinkya Kanitkar, Tanishqa Gupta, Mili Paul, Shivani Kalburgi, Hiranmayi Shankavaram, RV College of Architecture, India



- P16** Yarrila Place: A community's optimism matters
Matthew Blair, BVN, UK
- P17** Green Square Public School and Community Spaces: The final piece
Matthew Blair, BVN, UK
- P18** MeasureUp for Kids Toolkit
Michelle Baker, AtkinsRealis, UK
Catherine Manning, Impact Reporting, UK
- P19** Reimagining an historical world heritage site for a lasting legacy
Daniel Reynolds, Dar Al Handasah, UK
- P20** The futures we build – a policy lab for imagination
Elisa Cecilli, Lara Baillargeon, Cheshta Kela, Portland Design, Perkins&Will, UK

Theme: Smart cities and digital health

- P21** Beyond technocracy: A process-oriented framework for evaluating responsible AI (RAI) in smart city governance
Kyounghee Cho, Yeunsoo Park, Chulwoong Park, Mohammad Mayouf, Muhammad Afzal, Birmingham City University, UK

- P22** Is this property environmentally justice? Developing a postcode-level environmental justice index with unique property reference number
Yunsoo Park, Chulwoong Park, Kyounghye Cho, Mohammad Mayouf, Muhammad Afzal, Birmingham City University, UK

Theme: Population & neighbourhood health

- P23** The health-place nexus: Embedding health in city systems using a place-based approach
Steve Millington, Nikos Ntounis, Manchester Metropolitan University, UK
- P24** Developing design recommendations for meditation centres through a mixed-method study
Pearl Doshi, University College London, UK/UAE
Francesco Aletta, University College London, UK
- P25** A healthy city... sounds good
Adam Scott, Gaël Vilatarsana, Hoare Lea, UK
- P26** The Wellbeing Practices in Waiting Spaces (WPWS) Framework: Unlocking everyday time for urban mental health
Carolina Cárdenas, Urban Wellbeing & Public Space, Chile
- P27** Maternal spaces in Newcastle: Insights into mothers' embodied experiences and spatial practices
Alanis Burgess, P+HS Architects, UK
Jiayi Jin, Northumbria University, UK
- P28** Midland Met Learning Campus: A place-based model for neighbourhood health, skills, and social mobility
Ewan Graham, Hawkins\Brown, UK



- P29** Warneford Park – building on two centuries of healthcare
Robert Dawson, Eric Parry Architects, UK
- P30** Healthy schools as neighbourhood health infrastructure: A 'less is more' strategy for population health and equity
Malak Mehta, Anculus, Netherlands
Coen van den Wijngaart, (ex) Anculus, Netherlands
- P31** A civic campus model: Preventative health and wellness infrastructure at the Barony Campus
Anna Shapiro, Ryan McMonagle, Sheppard Robson, UK
- P32** Breakdown or breakthrough? The future of urban health
Mark Walker, Stantec, UK
- P33** Embedding health in the city: Place-based strategies for healthcare campuses
Raymonde Bieler, Shreya Aneja, White Arkitekter, UK



- P34** Urban morphology and emergency response for the prevention of health problems: Mapping spatial inequalities in access to ambulances
Ana Maria Girotti Sperandio, Yago Henrique Boroto, State University of Campinas, Brazil
- P35** Care-full neighbourhoods
Anna Shpuntova, Sheppard Robson, UK
- P36** Designing in between: Liminality as a framework for healthier urban healthcare environments. The case study of the new Municipal Hospital in Lugoj, Romania
Raluca Soaita, Minodora Toma, Tesseract Architecture, Romania
- P37** Glasgow's new front door – Parkhead Integrated Health and Social Care Hub
Richard Mann, AECOM, UK
Andrew Baillie, NHS Greater Glasgow and Clyde, UK
- P38** Co-designing adolescent-safe pathways to healthcare through schools, health facilities, and adolescent-friendly spaces: How neighbourhood health models can shape healthy communities
Mable Kipenda, Urban Health 360, Zambia
Yonette Thomas, Urban Health 360, USA
- P39** Air pollution exposure and risk of emergency department visits for lower respiratory infections in children: A scoping review
Angelo Illersich, William Pickett, Terrance Wade, Samantha Hajna, Brock University, Canada
Hong Chen, University of Toronto, Canada
- P40** Breakdown or breakthrough? How community engagement can shape global health security
Srikanth Kondreddy, Richard M. Fairbanks, Indiana University Indianapolis, USA
Greg Williams, Christine Greenhalgh, Arpana Verma, University of Manchester, UK
Yonette Thomas, Urban Health 360, USA
- P41** Air quality and student attendance: Investigating the impact of pollution on public school attendance in New Delhi's vulnerable communities
Mehul Rai, Sustainability consultant, UK





Theme: Healthy working environments

- P42** From breakdown to breakthrough: Applying cultural intelligence to build healthy working environments and social value
Marsha Ramroop, Unheard Voice Consultancy, UK
- P43** Designing for wellbeing under security constraints: Adapting biophilic principles for a windowless workplace
Archontia Manolakelli, AtkinsRealis, UK

Theme: Sustainable infrastructure and green mobility

- P44** The push to mitigate construction-related greenhouse gas emissions across A4 & A5 lifecycle stages
Blake Jackson, NORR, USA
- P45** Breakdown or breakthrough? Measuring urban habitability in climate-vulnerable, data-scarce cities in southern Brazil
Karol Diego Carminatti Baumgärtner, Brusque Educational Foundation University Centre (UNIFEBE), Brazil
- P46** Co-designing resilient neighbourhoods in Houston, Texas, USA: A cross-sector governance approach to community-driven green infrastructure
Garett Sansom, Lindsay Sansom, Texas A&M University, USA

- P47** From evidence to urban practice: Integrating mental health into urban green space planning
Corinna Patetta, Maria Chiara Pastore, Politecnico di Milano, Italy
- P48** Streets for people: Breaking barriers to successful urban pedestrianisation
Zanna Buckland, Emily Wall, Audrey de Nazelle, Ahmadreza Faghieh Imani, Imperial College London, UK
Dena Kasraian, Eindhoven University of Technology, Netherlands
- P49** The role of nature-based solutions in enabling climate resilience and climate justice in cities
Ashley Bateson, Tom Smith, Vanessa Hall, Hoare Lea, UK
- P50** The first thing that is needed for a healthy city
Jack Skinner, Inspired Construction & Interiors, UK
- P51** Transforming deserted urban areas into healthier public parks: A collaborative approach in historic Cairo
Tarek Elsheikh, Dina Mahmoud, Housing and Building National Research Center, Egypt
- P52** Co-designing system change for transport transitions at the urban scale
Dan Phillips, Cyriel Diels, Royal College of Art, UK

With every community, we redefine what's possible

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Image: Brabazon, Bristol. Credit: YTL Developments.

Imagining the futures we want

(Invitation only)

Tuesday 20 October

12.30–14.00

Room: Hexagon Room

Chaired and facilitated by:

Rob Delius, Associate director, head of sustainability, Stride Treglow, Plymouth, UK

Tudor Jones, Associate director, urban designer, Stride Treglow, Bristol, UK

Eli Hatleskog, Social impact researcher, Stride Treglow, London, UK

Participants:

Ian Tipton, Director of Midlands strategy and partnerships, Stride Treglow, UK

Wendy Williams, Executive director of young people's services support, The Phoenix Village Project, UK

Subrah Krishnan-Harihara, Director of business policy and research, Greater Manchester Chamber of Commerce, UK

Steve Connor, CEO, CyanLines, UK

Marie Williams, CEO, Dream Networks CIC, UK

Hannah Gradwell, Partner, Cushman & Wakefield, UK

Matthew Morgan, Director, Quality of Life Futures, UK

Rosalind Peebles, Architect, urban designer and educator, Oxford Street Development Corporation, UK

Prof Andy Miah, PhD, Chair of science communication and future media, University of Salford, UK

Abdul Kashim, Head of Equity and Partnerships, Homes England, UK

Collective imagination holds the key to better futures. The question is not simply how we address the complex challenges we face but rather how we imagine futures worth creating. Environmental activist Rob Hopkins (2025) argues that we need to cultivate longing: visions of the future so compelling that people love them.

Postwar, there was a belief that tomorrow would be better. We rebuilt towns and cities, imagined new forms of housing and public life, and reached for the moon. Today we are surrounded by stories of crisis: the cost of living, economic uncertainty, conflict, biodiversity loss, climate change, declining high streets, pressures on public health, and rapid technological change.

Imagination is not an escape from reality; it is a way of seeing things differently, with curiosity and purpose. Places are continually made and remade through the stories we tell, the values we make visible and the actions we take together. Collective, creative imagination allows us to see possibilities yet to be realised. It creates shared purpose, builds confidence and opens opportunities for people to act together (Hatleskog, upcoming).

This roundtable will explore how imagination can be a productive form of everyday activism; a practical tool for shaping healthier, greener and fairer places. It will ask how we move from anxiety about the future towards the practical work of creating futures people can believe in.

The event will elicit voices from around the table and create space for different forms of knowledge, experience and agency. Graphic facilitation will capture key ideas visually, trace connections between themes and make the collective imagination of the room visible. In doing so, we will not only discuss possible futures but begin to map the conditions through which they might take root.

Hopkins, R. (2025). *How to Fall in Love with the Future: A Time Traveller's Guide to Changing the World*. Chelsea Green Publishing.

Hatleskog, E. (upcoming). *Building Cities with Social Value: Design, Architecture, and Art in Collaborative Urban Practice*. Routledge.

Making prevention deliverable: Building a place-based model for health

(Invitation only)

Tuesday 20 October

15.30–17.00

Room: Hexagon Room

Curated by
ARUP

Chaired and facilitated by:

Dr Helen Howson, Director, Bevan Commission, UK, with:

Sophie Camburn, Director, UKIMEA advisory services leader, Arup, UK

Jamie Tucker, Associate – cities, planning and design, Arup, UK

If prevention cannot be delivered by the health system alone, how can we connect the expertise, investment and place-shaping powers needed to accelerate it?

The case for prevention is well established. The opportunity now is to connect and accelerate the work already underway.

People's health and economic prospects are profoundly shaped by the places in which they live. Health and prosperity therefore need to be pursued as one shared mission, with stronger connections between the organisations, investment and decisions that shape both.

Moving beyond the case for prevention, this discussion will explore how a place-based approach could work in practice. It will consider how existing governance, partnerships and delivery capabilities can be built upon and better connected, avoiding duplication and enabling more co-ordinated action. The discussion will examine how expertise and investment from across health and place can be focused more deliberately on preventative outcomes.

Using Hucknall, Nottinghamshire, as a worked place-based scenario, participants will explore three themes:

- Progress and barriers: what is working already and what is holding back wider adoption?
- Priorities and mobilisation: where to focus first and how to bring the necessary organisations together.
- Practical enablers: the changes needed across funding, policy, governance and asset alignment.

Chaired by Dr Helen Howson of the Bevan Commission, participants will help test and strengthen the proposed delivery model, identify the decisions required to apply it in practice, and shape the next phase of the People. Place. Health. programme. They will leave with transferable insights for their own organisations and places, together with potential opportunities for continued collaboration and real-world testing.

Building healthy communities: Delivering the right infrastructure at the right time



(Invitation only)

Wednesday 21 October

10.30–12.00

Room: Hexagon Room

Chaired and facilitated by:

Jenni Montgomery, Business Strategic growth & development director, Stantec, UK

Participants:

Becky Mather, Urban design director, Stantec, UK

Mark Walker, Healthcare sector lead, Stantec, UK

Victoria Bullock, Planning director, Stantec, UK

Sarah McCready, Director of social infrastructure and communications, Barking Riverside, UK

Carrie Wood, Senior public health principal, London Borough of Merton, UK

Paul Richards, Deputy chief executive, Stockport Mayoral Development Corporation, UK

David Wills, Strategic planning development lead, transport strategy, Transport for Greater Manchester, UK

Magali Thompson, Sustainability lead for placemaking and green infrastructure, Great Ormond Street Hospital, UK

Graham Randalls, Consultant, World Health Organization, UK

As the UK delivers new communities and regenerates existing places, expectations of what makes a healthy, thriving neighbourhood are evolving. Communities need access to green infrastructure, social spaces, active travel networks, and opportunities for connection from the outset.

The challenge is that communities grow and change over time. New settlements often require facilities before demand is fully established, while regeneration projects must respond to changing demographics, evolving service models and new patterns of activity. Against a backdrop of viability pressures and constrained public funding, delivering the right infrastructure at the right time has never been more complex.

This roundtable will bring together senior leaders from across the public and private sectors to explore practical solutions to one of the biggest challenges facing new communities and regeneration projects.

Through a candid discussion on delivery models, flexible infrastructure and health-led regeneration, participants will explore how health and wellbeing can be embedded into place delivery. The session will examine how infrastructure can be brought forward earlier; how community assets can adapt as places mature, and how health can help drive regeneration, resilience and long-term social and economic value.



Curated by



Healthier places by design: Aligning regeneration, infrastructure and investment

(Invitation only)

Wednesday 21 October

12.30–14.00

Room: Hexagon Room

Chaired and facilitated by:

Clare Wildfire, Global cities lead, Mott MacDonald, UK

Kerry Harding, Project director for health buildings, Mott MacDonald, UK

Participants:

Amy Burbidge, Head of design and master development, technical services, Homes England, UK

Lara Pool, Social value / regeneration lead, Ebbsfleet Development Corporation, UK

Lord Nigel Crisp, Independent crossbench member, House of Lords, UK

Max Farrell, Chair, Healthy City Design; Founder and CEO, LDN Collective, UK

Nicola Kane, Chair of transport planning society, Steer, UK

Robyn Prince, Head of strategic growth – London, Vistry, UK

Lourdes Madigasekera-Elliott, Public health strategic lead, East Sussex County Council, UK

James Almond, Managing director, P+HS Architects, UK

Health outcomes are shaped as much by place as by healthcare. As city regions pursue regeneration and growth, decisions made by local authorities and infrastructure delivery partners – across transport, development, education, utilities and the public realm – play a critical role in shaping long-term health and wellbeing, as well as future demand on the NHS.

Building on emerging policies focused on local government's role in health creation, this roundtable is targeted at local government and the organisations responsible for planning and delivering place-based regeneration and infrastructure. Bringing together senior leaders from across the built environment, transport, development and health, the discussion will explore how regeneration investment can more intentionally support healthier lives.

Grounded in a city region context, the session will focus on what is within the gift of placemakers and delivery bodies to influence, from active travel and accessibility to nature-based solutions and community infrastructure, and how better cross-sector collaboration can help embed health creation into future regeneration planning.



Supported by

Study Tour & Cruise **ECF** CyanLines

From Waterways to Wellbeing: Regeneration, Nature and Health in Salford

Date: Thursday 22 October

Meeting point: Lowry main entrance

08.30 Transfer to Salford Central

09.00 Walking tour of Salford Central

10.00 Transfer to Salford Quays

10.30 Manchester Ship Canal River cruise

12.30 Disembark

How can waterways, nature and long-term regeneration help create healthier, more sustainable places?

Join us for a walking and boat study tour through Salford, exploring the connections between water, nature, health, placemaking and urban regeneration.

The morning will begin with a guided walking tour of Salford Central with English Cities Fund (ECF), exploring how long-term partnership, placemaking and regeneration are contributing to a healthier, greener and better-connected neighbourhood.

Delegates will see how wellbeing, sustainability and community have been integrated into a vibrant mixed-use destination, before looking ahead to the next chapter at Crescent Salford and considering how successful places can evolve in response to changing social, environmental and health priorities.



In collaboration with CyanLines, the tour continues with a private river cruise on the Manchester Ship Canal, through Salford Quays and Manchester's historic docklands.

Against the backdrop of one of the UK's significant urban transformations, presentations and discussion on board will explore the role of blue and green infrastructure, access to nature, health and wellbeing, social value, and sustainable development in shaping healthier cities.

Combining an exploration of Salford's changing neighbourhoods with a journey through its waterways, 'From Waterways to Wellbeing' will provide a practical and inspiring examination of how water, nature, regeneration and placemaking can work together to support healthier people, communities and cities.

Walking tour

Supported by



Stories of the Quays: Places shape people, and people shape places

Date: Tuesday 20 October

Time: 18.00–19.00

Meeting Point: Lowry main entrance

Take a moment to explore the streets, stories and social spaces of Salford Quays. This guided walk invites you to experience the city's landscape through a different lens – uncovering the people, histories and ideas transforming local places into healthier, more connected communities.



Salford Sunrise 5km Run

Movement makes us think differently

Date: Wednesday 21 October

Time: 06.45–07.30

Meeting Point: Lowry main entrance

Lace up and join 360 Degree Society for an early morning 5km run around Salford Quays. A chance to clear your head, stretch your legs and take in the waterfront views before the day begins, this is a relaxed, social run – just good company, fresh air and space to reflect as we move together.



Recognising excellence in the design and planning of healthy and sustainable cities and communities

The Healthy City Design Awards recognise innovation and excellence in conceptualising, planning, designing and delivering places and infrastructure in the urban built environment that create human health and wellbeing, and embed the principles of planetary health and sustainable development.

The suite of seven awards is structured to encourage submissions in categories that span the micro, meso and macro levels of city design and planning. These cover key domains including healthy city design and planning; healthy homes and neighbourhoods; population and neighbourhood health; sustainable infrastructure and green mobility; community impact and social value; healthy working environments; and design research for healthy cities.

Together, they capture interventions from building to city scale, as well as the systems, technologies and research that underpin healthier, more inclusive and resilient urban environments.

On pp53-55 are the shortlisted entries in each category. The awards will be presented at a special Awards Dinner and Ceremony at Old Trafford Football Stadium on the evening of 20 October. See below for more details.

Tuesday 20 October, 19.00–22.00 • Old Trafford Football Stadium, Manchester United FC

Awards Dinner Venue Celebrating Excellence at the Heart of Trafford's Transformation

Join friends and colleagues from the Congress for the Healthy City Design Awards Dinner and Ceremony, hosted at Old Trafford Football Stadium, the home of Manchester United FC.

Old Trafford sits at the centre of one of the UK's most important regeneration programmes. Plans for a new 100,000-seat stadium, together with the wider Old Trafford Regeneration Masterplan, represent a once-in-a-generation opportunity to transform the Trafford Wharfedale district into a vibrant mixed-use destination with new homes, workplaces, public spaces, transport connections and community facilities.

Integrated development

The wider area is also becoming a major focus for health, wellbeing and innovation. Close to Old Trafford, Therme Manchester is set to become the UK's first city-based wellbeing resort, combining thermal bathing, nature, water, fitness, relaxation, family recreation and preventive health, in a landmark destination designed to improve physical, mental and social wellbeing. Alongside the proposed stadium



development, it reflects a broader vision in which health, leisure, culture, biodiversity and public space are integrated into urban district regeneration.

Investment in healthier lifestyles

Together, these complementary developments demonstrate how investment in sport, recreation, health infrastructure and placemaking can support healthier lifestyles, stronger communities and more resilient local economies. They also embody the ambitions that Healthy City Design has championed throughout the past decade: embedding health within every aspect of city-making.

Dinner guests will enjoy a drinks reception, three-course dinner and the presentation of the Awards, recognising outstanding achievements in creating healthier, more sustainable and equitable places.



Shortlist and Awards poster gallery

Healthy City Design and Planning

Supported by



- A01** BaptistCare Masterplan, Commissioned by BaptistCare; Designed by BVN
- A02** Heart of the City II, Sheffield, Commissioned by Sheffield City Council; Designed by Feilden Clegg Bradley Studios
- A03** Stockton Urban Park and Waterfront, Commissioned by Stockton-on-Tees Borough Council; Designed by Ryder Architecture

A01



A02



A03



Healthy Homes and Neighbourhoods

Supported by



- A04** BaptistCare Masterplan, Commissioned by BaptistCare; Designed by BVN
- A05** Kidbrooke Park Road North, Commissioned by The Royal Borough of Greenwich and Greenwich Builds; Designed by HTA Design
- A06** Sutton Estate Regeneration, Commissioned by Clarion Housing Group; Designed by Civic and HTA Design

A04



A06



A05





Sustainable Infrastructure and Green Mobility

- A07** New Betio Hospital (Stage I), Commissioned by Ministry of Health and Medical Services, Republic of Kiribati; Designed by Jacobs
- A08** Grosvenor Square, Commissioned by Grosvenor; Designed by Tonkin Liu and BDP

A08



A07



A07



Community Impact and Social Value

- A09** Helston Gateway, Commissioned by South Kerrier Alliance CIC; Designed by MJ Medical
- A10** Horatio's Garden Sheffield & East, Commissioned by Horatio's Garden; Designed by Harris Bugg Studio
- A11** The New Story Garden, Global Generation and Jan Kattein Architects
- A12** Yarrila Place, Commissioned by Coffs Harbour City Council; Designed by BVN

A09



A10



A11



A12





Population and Neighbourhood Health

- A13** BaptistCare Masterplan, Commissioned by BaptistCare; Designed by BVN
- A14** Midland Metropolitan Learning Campus, Commissioned by Sandwell & West Birmingham NHS Trust; Designed by Hawkins\Brown
- A15** New Betio Hospital (Stage I), Commissioned by Ministry of Health and Medical Services, Republic of Kiribati; Designed by Jacobs
- A16** Parkhead Hub, Commissioned by NHS Greater Glasgow & Clyde; Designed by Hoskins Architects; Engineered by AECOM

A14



A16



A15



Healthy Working Environments

- A17** Midland Metropolitan Learning Campus, Commissioned by Sandwell & West Birmingham NHS Trust; Designed by Hawkins\Brown
- A18** NESO Energy Lab, Faraday House, Commissioned by NESO; Designed by AECOM
- A19** No. 1. St Michael's, Commissioned by Relentless Developments / KKR; Designed by Hodder Architects

A17



A18



A19



Design Research for Healthy Cities *(see event website and mobile app for author details)*

- A20** Hidden vulnerability and heat-triggered decompensation: Rethinking urban overheating beyond clinical risk
- A21** Dede is autistic – designing for neurodiversity
- A22** Building for a Healthy Life 2026 edition
- A23** Designing health through partnership: The Connswater Community Greenway as a living laboratory for healthy city design research



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SALUS Global Knowledge Exchange

SALUS is an entrepreneurial global media, research, publishing, events and training organisation with a vision to improve human and planetary health through the global exchange of knowledge.

Our mission is to create, share and disseminate knowledge about the relationship between human health and the natural, built and social environments. We view the two great challenges of our age – the need to create and improve human health at the same time as protecting the health of the planet in a changing climate – as inextricably linked. We execute our mission through an integrated mix of knowledge-based activities including:

Healthy City Design International Congress: Launched in 2017, the Congress brings together leading researchers, practitioners, investors, city leaders, community activists and policy thinkers from across the fields of urban planning, public health, housing, real estate, transport, education, healthcare and sustainable development. Following six years in London, the Congress now moves between different UK cities every two years, partnering with the host city.

European Healthcare Design Congress: Launched in 2015, the Congress brings together 1000+ interdisciplinary researchers and practitioners, in person and virtually, from the fields of health system and service design, technology and infrastructure. Held at the QEII Conference Centre in Westminster, the Congress is widely recognised as a global industry leader.

The Future Health and Place Pavilion at UKREiF 2027: This will be a flagship three-day content and networking programme at UKREiF, connecting leaders from healthcare, local government, planning, design, development, property and investment. Curated by Healthy City Design and European Healthcare Design, it will provide a cross-sector platform exploring how healthier places, transformed health systems, innovation and investment can reinforce resilience, inclusive growth and sustainable development.

EHD and HCD LIVE: Making the virtual experience richer and more entertaining, EHD and HCD LIVE enable talks and content from our events and webinars to be live streamed and made available on demand for audiences to access anywhere around the world.

Future Health 2050 International Symposiums: Our series of one-day international symposiums provides a deep dive into a range of specialist themes. Previous symposiums have included: Cancer Care Design International; Sustainable Healthcare Design; and Health Policy, Planning and Investment.

The SALUS journal and online community: A resource providing a digital platform for publishing, mapping and archiving research, policy and practice in the field of designing for human and planetary health. In ten years, SALUS has published more than 7500 articles and abridged research papers, and 4000 hours of video talks and posters. A new content hub will be launched soon.

Research advisory: In collaboration with its global network of researchers, practitioners and policy thinkers, SALUS's independent research advisory supports city planning authorities and national and local health systems to develop their future thinking and strategy at the intersection of design and planning for health, wellbeing and sustainable development.



Contact

Dr Chris McGinley,
Senior research fellow, age and
diversity research leader

www.hhcd.rca.uk

The Helen Hamlyn Centre for Design, Royal College of Art

The Helen Hamlyn Centre for Design in London is the Royal College of Art's largest and longest-running centre for design research.

We are an international leader in people-centred and inclusive design – the process of designing products, services and systems for ease of use by the maximum number of people.

Founded in 1991 and endowed by the Helen Hamlyn Trust, our purpose is to conduct design research and projects with industry that will contribute to improving people's lives.

Our interdisciplinary approach is based around a series of interlocking research activities related to design for ageing, health, work, mobility and cities.

We've developed empathic and innovative research methods, working in partnership with a wide range of business, industry, government, academic and third-sector partners.

Our expertise in healthcare has also extended from design policy and information to the development of systems, services and products. Our projects include a total redesign of the interior space of the emergency ambulance.

Salford City Council

Contact

Sarah Ashurst,
Head of partnerships and
investment

www.salford.gov.uk

Salford City Council

Salford City Council is the local authority for the City of Salford, a metropolitan borough with city status in Greater Manchester. As a metropolitan borough council, it provides the majority of local government services in the city.

The council has been a member of the Greater Manchester Combined Authority since 2011, which has been led by the directly elected Mayor of Greater Manchester since 2017. The combined authority provides strategic leadership and co-ordination for certain functions across Greater Manchester; notably transport and town planning, but Salford City Council continues to be responsible for most local government functions.

From recognition by the property industry as City of the Year and planting more than 2000 trees, to improving school attendance and building more than 2500 new homes, the council is focused on improving the city for all those who live and work in it.

Salford City Council's vision is to create a fairer, greener, healthier and more inclusive city for all. To achieve this, the council set out seven interconnected priorities as the focus for its work from 2024 to 2028. These are:

- > good growth;
- > a good home for all;
- > tackling poverty and inequality;
- > creating places where people want to live;
- > a child-friendly city;
- > responding to climate change; and
- > healthy lives and quality of care for all.



Contact

Caroline Aikman,
Director of marketing and place

www.mediacityuk.co.uk

MediaCity

MediaCity X The Quays is a waterside destination located two miles outside of Manchester city centre. It brings together national powerhouses including BBC, ITV and University of Salford alongside world-class cultural institutions such as Lowry arts centre.

MediaCity X The Quays is excited to be the destination for the 10th Healthy City Design 2026 International Congress, with its history of delivering thriving partnerships blending public and private sectors and providing an enhanced delegate experience within a highly innovative campus.



Journal Partner

Contact

Marcus Grant,
Editor in chief

Hannah Arnett,
Senior editor

www.tandfonline.com/journals/rcah20

Cities & Health

The international journal *Cities & Health* provides an innovative platform supporting the curation and communication of research for policy and practice. The journal's core focus is city planning, design and spatial governance for population health, planetary health and healthy equity.

The journal acts to support networks and communities with similar aims. It's committed to developing a shared evidence base, encouraging better cross-disciplinary understanding and supporting critical transdisciplinary practices.

The journal publishes papers and commentaries from researchers, practitioners and policymakers working to build a new wisdom for supporting healthier cities.



Media Partner

Contact

Mark Eltringham,
Publisher; Workplace Insight,
IN magazine, Works magazine;
European director; Work&Place
journal, UK

[workplaceinsight.net/
in-magazine/](http://workplaceinsight.net/in-magazine/)

Insight Publishing

Insight Publishing is one of the world's leading platforms for workplace news, commentary and features. It publishes podcasts, reports, daily updates and now *IN*, *Works* and *Sustainability Works* magazines. Later this year, it will launch *SENSE: The Journal of Acoustic and Sensory Design*.

Workplace Insight is one of the UK's most widely read publications dedicated to the design and management of workplaces, offering a definitive source of daily ideas, comment, news and information. Launched in 2013, it publishes a weekly newsletter and has a readership of up to 8000 unique users a day, including workplace professionals, suppliers, purchasing, HR, IT and facilities managers, and specifiers, including fit-out firms, architects and designers.

IN Magazine was launched in 2020 to offer a new way of talking about the physical office and the digital and cultural aspects of work. Aimed at occupiers and managers, it is published every two months and has around 90,000 readers per issue. In Spring 2022, *Works Magazine* was launched aimed at Europe's workplace interiors sector. It quickly established itself as one of the continent's essential reads for everybody interested in office design. *Sustainability Works* was launched in 2026 to focus on one of the most talked about and misunderstood issues about the built environment.

Insight Publishing is led by Mark Eltringham, a professional with over 30 years' specialist experience working as an editor, writer and commentator. Mark is a fellow of the Royal Society of the Arts and is the European director of *Work&Place Journal*. Insight Publishing employs an experienced and knowledgeable team of industry experts, journalists and professionals to offer you the most independent reporting of issues relating to workplace design, culture and management, property, cities and technology.

THERME Manchester

Social Value Partner

Contact

Rob Creber,
Head of social value and
partnerships

www.thermemanchester.co.uk

Therme Manchester

Therme Group is pioneering the future of wellbeing by blending ancient thermal bathing traditions with cutting-edge technology, awe-inspiring architecture, and sustainable design to create one-of-a-kind wellbeing resorts. These facilities reconnect people with nature, themselves, and each other.

Set to welcome 1.7 million guests in its first year, Therme Manchester will be the Group's first UK site, featuring a year-round indoor climate of 33°C, made possible by a sustainable glass design.

Our spacious resort blends the ancient tradition of healing thermal waters with multi-sensory sauna rituals, steam rooms, water slides, a wave pool, and affordable luxury across spa therapies, health and fitness experiences.

The resort is located on an 11.5-hectare-plus site south of the Bridgewater Canal in the western quadrant known as TraffordCity. This area has been developed to become central to the retail and leisure offer of the region, with the Trafford Centre acting as a key attractor. This major indoor shopping destination is visited by more than 30 million people per year.

Environmental consciousness is at the heart of Therme Group – we are actively creating a sustainable future for wellbeing. Therme Manchester will integrate plants, trees and water experiences across our resort on an unprecedented scale, bringing the benefits of nature to an urban setting.

Our social value purpose, made in and for Manchester; is to create transformative urban wellbeing for all, by developing skills, generating jobs, and providing opportunities that positively impact individual, community and environmental wellbeing.

Therme Manchester will respond to a demand for shared community spaces, serving as a new type of social hub for the North West of England. From waterslides and a wave pool, to concerts and exercise classes, Therme Manchester will support community wellbeing through relaxation, recreation and fun.



LDN Collective

LDN Collective is a network of more than 50 built environment experts & creatives working to improve people's lives and the planet's prospects. Bringing together independent specialists, SMEs & micro businesses, we create tailored teams around each project, combining senior expertise with the agility & personal commitment of smaller businesses. Working with private, public & non-profit organisations, we turn shared ambitions into reality and help make tomorrow's city, today.

Urban Transformation Partner

Contact

Max Farrell,
Founder and CEO

www.ldn-collective.com

**Contact**

Nick Reddrop,
Strategic director

www.gmmoving.co.uk

Greater Manchester Moving

Greater Manchester Moving is a leading Greater Manchester charity changing lives and supporting health creation through movement, physical activity, and sport. We lead, support and connect people and partners to develop and deliver on the whole-system vision and approach to GM Moving in Action.

Our shared mission is to enable active lives for all. We engage and influence the system at all administrative and geographical levels, and we work with partners across a range of connected priorities, including place partnerships; mental, physical and population health; built environment; people, families and communities; sports organisations and national bodies; and active travel.

We are one of 42 Active Partnerships: a network of system partners working with Sport England to support the local implementation of the Uniting the Movement Strategy.

**Contact**

Sem Lee,
Founder, Director

healthinplanning.wordpress.com

Health and Wellbeing in Planning (HiP) Network

Our mission is to foster a collaborative transdisciplinary community of practice that advances the integration of health and wellbeing into the planning system through shared knowledge and capacity building. We connect practitioners, researchers, policymakers and community partners across disciplines to create healthier, more equitable places for all communities.

We have also set up a community of practice for the Network, the aims of which are: 1) Building community and capacity – to cultivate a supportive, diverse network of practitioners and strengthen individual and organisational capabilities to deliver health-promoting environments; 2) Share knowledge and drive innovation – to foster continuous learning, evidence sharing, and innovative approaches across the health and planning interface; and 3) Enable systems change – to support the embedding of health as central to planning processes, policies and partnerships at all levels.

**Contact**

Jade Lewis
Chair

www.linkedin.com/in/jadelewis1/

Healthy Homes + Buildings Group

The Healthy Homes + Buildings Group (HH+BG) is a membership body dedicated to improving health and wellbeing through healthier homes and buildings across the UK. The Group represents the industry voice, bringing together experts from construction, energy, healthcare, academia, charities and government to collaborate, share best practice and drive positive change.

HH+BG builds strong relationships with government departments, agencies, local and combined authorities and other key decision-makers, with a particular focus on influencing policy at an early stage. Through its Champion network, policy workshops, meetings and industry events, the Group provides a forum for constructive engagement and enables members to contribute their expertise to emerging policy discussions. The Group takes an industry-led but health-focused and technology-agnostic approach, prioritising improved health outcomes rather than the interests of individual organisations.



Contact

Giselle Sebag,
Executive director

isuh.org

International Society for Urban Health

The International Society for Urban Health (ISUH) is the only global nonprofit dedicated to advancing healthier, more equitable cities. Through its annual International Conference on Urban Health and year-round initiatives, ISUH brings together leaders from public health, design, planning, policy, and community sectors to translate evidence into action.

With a global reach and a commitment to local impact, ISUH partners with organisations worldwide to tackle climate resilience, social determinants of health, and inclusive urban development – helping cities design environments where all people can thrive.



Contact

Carlota Sáenz de Tejada,
Staff scientist

isglobal.org

ISGlobal – Barcelona Institute for Global Health

ISGlobal is a consolidated hub of excellence in research on climate, environment and health. The Climate, Air Pollution, Nature and Urban Health research programme and the Urban Health Impact Group aim to strengthen the evidence base on the health effects of climate change and urban exposures, and assess the health co-benefits of climate action.

Our research focuses on exposures such as air pollution, temperature, green spaces and noise, their impacts on outcomes including premature mortality, cardiovascular and respiratory health, and cognitive function, and how these exposures and impacts are unequally distributed across populations. This work is complemented by computational modelling of global climate variations and tipping points and their impacts on health. We generate societal impact through knowledge translation and collaboration across sectors, with the ultimate objective of supporting healthier and more equitable urban living, and anticipating and reducing the health impacts of climate change.



Contact

Dr Saira Ali,
President

landscapeinstitute.org

Landscape Institute

The Landscape Institute (LI) is the chartered body for the landscape profession and is the professional home for all landscape practitioners, including landscape architects, landscape and parks managers, landscape planners, and urban designers.

The LI is an educational charity that promotes the art and science of landscape practice. Its aim, through the work of its members, is to protect, conserve and enhance the natural and built environment for the public benefit.

**Contacts**

Rosalie Callway / Gemma Hyde,
Projects and policy managers

tcpa.org.uk

Town and Country Planning Association

The TCPA's vision is for homes, places and communities in which everyone can thrive. Our mission is to challenge, inspire and support people to create healthy, sustainable and resilient places that are fair for everyone.

Our strategic priorities are to: work to secure a good home for everyone in inclusive, resilient and prosperous communities, which support people to live healthier lives; empower people to have real influence over decisions about their environments and to secure social justice within and between communities; and to support new and transform existing places to be adaptable to current and future challenges, including the climate crisis.

**Contact**

Yonette F. Thomas,
Founder and president

urbanhealth360.org

Urban Health 360

We are a team of multidisciplinary thinkers, passionate about the health of urban populations around the world. Our number-one objective at UrbanHealth360 is helping urban poor communities engage in organised efforts and activities that will improve individual, familial, and the collective community's health. By helping urban poor communities zero-in on the health-related issues impacting them as individuals and families, we expect to have a positive effect on all sectors. We believe that poor urban communities are strengthened when their members are healthier and when they have the necessary information, tools and support to change their own lives.

**Contact**

Jeremy Myerson,
Chair

worktechacademy.com

WORKTECH Academy

WORKTECH Academy is the leading global research platform and member network exploring how we'll work tomorrow. We look at innovation in the world of work and workplace through five key streams: people, place, technology, design and culture. We engage with our network of over 14,000 individual subscribers and more than 90 corporate, design and technology organisations around the world to deliver content on the latest trends, research and best practice in work and workplace. In a rapidly changing world, where investment decisions require hard evidence, WORKTECH Academy provides the practical tools that shape the future of work.

**Contact**

Kris Mackay,
Place director

360degreesociety.org

360 Degree Society

The 360 Degree Society is a social enterprise with a simple mission: put people at the heart of placemaking. Born from the work of Well North Enterprises and Prospect Business Consulting, we're building a movement of changemakers across the UK who want to create healthier, fairer and more connected communities.

Our team brings decades of experience from landmark projects, including the Bromley by Bow Centre, the Queen Elizabeth Olympic Park and the Well North programme. Today, we work with public and private partners to unlock potential in people and places – helping leaders, businesses and communities tackle complex challenges together.



Contact

Jaime Bishop,
Chair

www.architectsforhealth.com

Architects for Health

For over 30 years, Architects for Health has been a forum for sharing best practice, knowledge, innovation and thought leadership in the healthcare built environment. With more than 750 members from over 500 organisations, our membership reflects the growing range of skills and expertise necessary to design healthcare spaces fit for the future.

We welcome NHS members for free, collaborate with academic partners such as the Bartlett Real Estate Institute, and work with universities across the UK and internationally, encouraging talented architects to work in a sector where their skills can deliver tangible social value. As partners to SALLUS Global Knowledge Exchange, we support an academic and practitioner programme at the annual European Healthcare Design Congress and celebrate successful healthcare design in our communities and on our high streets at the Healthy City Design Congress.

THE ACADEMY OF URBANISM

Contact

Harry Knibb,
Director

Christine Smallwood,
Managing director

theaou.org

The Academy of Urbanism

The Academy is an active, not-for-profit, politically independent membership organisation founded to expand our collective understanding of placemaking and to share best practice. We bring together the current and next generation of leaders, thinkers, and practitioners spanning the disciplines and sectors that contribute to great places.

Through our events, activities and programmes, we draw out and disseminate examples and lessons of good urbanism. We use the evidence we gather to promote better understanding of how the development and management of the urban realm can provide a better quality of living for all.

Creating places that promote health and resilience is at the heart of our mission, and we are happy to endorse the Healthy City Design Congress.



Contact

Erin Sharp-Newton,
Director

urbanmentalhealth.com

Centre for Urban Design and Mental Health

The Centre for Urban Design and Mental Health (UD/MH) is an international think tank focused on answering one question: how can we design better mental health into our cities? Mental illness accounts for 14 per cent of the global burden of disease, and one in four people will experience mental health problems in their lifetime.

Good population mental health is essential for a thriving, resilient, sustainable city. Yet urban living is not only associated with stress and loneliness but also with substantially elevated rates of depression, anxiety and schizophrenia. Urban planners and designers are only just starting to understand the huge potential opportunities for impact and value in designing for good mental health.

UD/MH launched in 2015 in response to the need for increasing global knowledge at the nexus of urban design and mental health.

AECOM



Theme Partner



Awards Partner

Contact

Richard Mann
Head of social infrastructure

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AECOM

AECOM is a global infrastructure leader committed to delivering a better world. As a trusted professional services firm with deep technical abilities, we solve our clients' complex challenges in water, environment, energy, transportation and buildings. Our teams partner with public- and private-sector clients to create innovative, sustainable and resilient solutions throughout the project lifecycle – from advisory, planning, design and engineering to programme and construction management. We design and deliver communities that are healthier, more connected, and equipped to thrive in the long term. By combining technical expertise with progressive planning and design, we create outcomes that generate measurable social value, enhance wellbeing, and support inclusive economic growth.



Sidara Company



Theme Partner



Awards Partner

Contact

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Urban Initiatives

Urban Initiatives is a British consultancy specialising in urban design and planning, with more than 35 years' experience delivering award-winning masterplans, regeneration strategies, and policy guidance. Our work spans the full spectrum of urban development – from high-level strategic planning at city and regional scales to detailed design solutions at neighbourhood, block, street, and building levels. We collaborate closely with the Urban Intelligence Lab, our research and innovation arm, to offer a fully integrated approach that combines strategic design expertise with data-driven digital insight.

Urban Initiatives and the Urban Intelligence Lab are part of Sidara, a global collective of specialist firms operating across the built environment. Together, this collaborative network is well-equipped to tackle complex global challenges and support clients in navigating rapid change with confidence..



Theme Partner



Roundtable Partner

Contact

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Stantec

Stantec is a global leader in sustainable engineering, design, and environmental consulting. We are designers, engineers, scientists, project managers, and strategic advisors.

We are driven to think beyond what's previously been done on critical issues like climate change, digital transformation, and future-proofing our cities and infrastructure. We innovate at the intersection of community, creativity, and client relationships to advance communities everywhere, so that together we can redefine what's possible.



Theme Partner

Contact

Paul Bell,
Principal

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Ryder Architecture

We are more than an architectural practice – we're a team of teams with diverse and extensive expertise. We lead projects in our unique integrated way, delivering exceptional value and a positive impact for our clients and communities. Founded in Newcastle upon Tyne in 1953, we now have teams collaborating across the UK and internationally, with a shared commitment to our ethos of Everything architecture – to improve the quality of the world around us and, in doing so, improve people's lives.

ARUP



Contacts

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Jamie Tucker, Associate – cities, planning and design

www.arup.com

Arup

Arup is an independent firm of designers, planners, engineers, consultants and technical specialists, working across every aspect of today's built environment. Together, we help our clients solve their most complex challenges, as we strive to find a better way and shape a better world.

When you work with Arup you gain access to a unique community of practitioners and independent thinkers; we activate teams with the most relevant experience from across the world. As a purpose-driven organisation, held in trust ownership for its members, we seek out clients whose goals and values we share. This independence underlies the originality and creativity of the solutions we will develop with you.

M



Contacts

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Clare Wildfire, Global cities lead

www.mottmac.com

Mott MacDonald

Mott MacDonald is an employee-owned engineering, development and management consultancy with over 20,000 people operating in 50 countries worldwide. We plan, design, deliver and maintain transport, energy, water, buildings and other essential infrastructure that shapes everyday life. Our greatest strength lies in applying our expertise to solve complex challenges, creating lasting benefits for our clients and the communities they serve.

We prepare and deliver visions, strategies and plans that unlock the potential of places in towns and cities around the world. Our urban designers, planners, economists and technical specialists work in partnership with clients and communities to shape sustainable growth and deliver meaningful, lasting change.

STRIDE TREGLOWN



Contacts

Rob Delius, Associate director, head of sustainability, Plymouth

Tudor Jones, Associate director, urban designer, Bristol

Eli Hatleskog, Social impact researcher, London

stridetreglown.com

Stride Treglown

Stride Treglown is an employee-owned architecture and design practice, and a certified B Corp. With nine regional studios embedded across the UK, our approach is grounded by a depth of local knowledge and a real stake in the communities we serve.

We're a national network of more than 300 specialists connected by a common purpose: to design places that create lasting value and a positive impact for all.

ECF



Contacts

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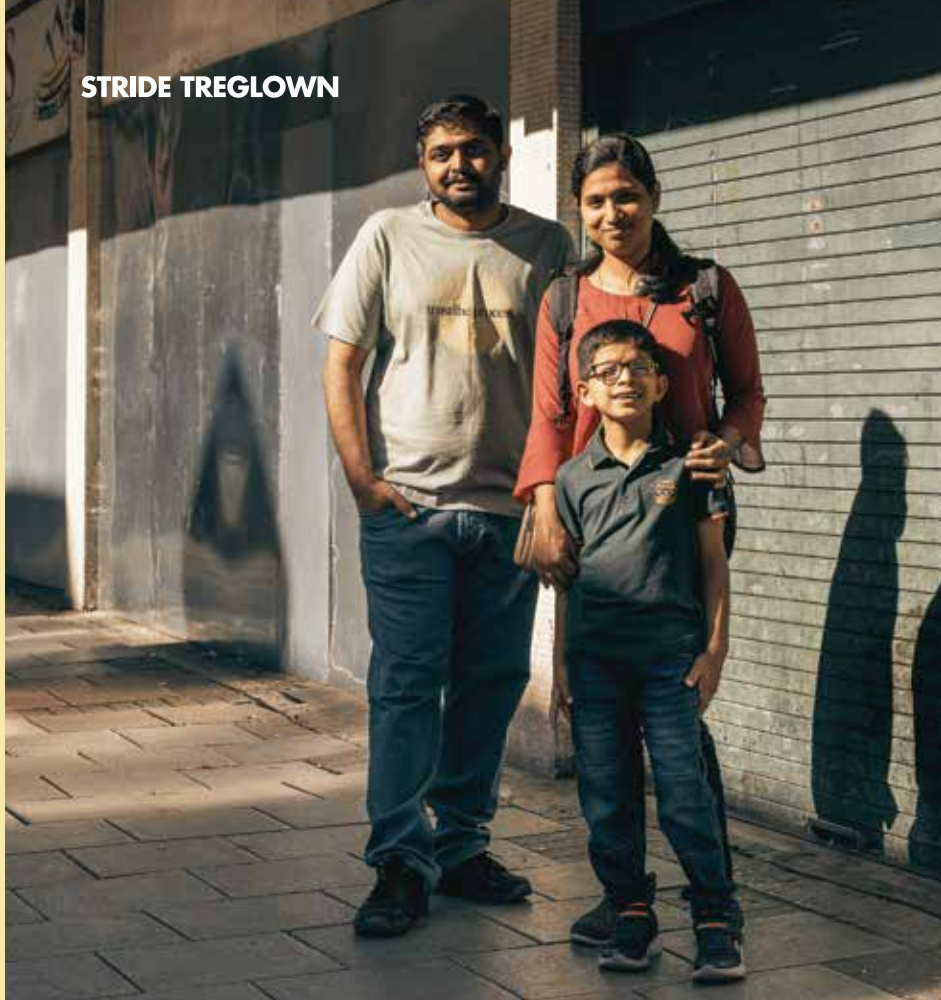
ECF

ECF unlocks and sustains complex regeneration projects across England. ECF is a long-term public-private regeneration partnership bringing together three of the UK's most trusted organisations: Homes England's National Housing Bank, L&G and Muse. Together, the partnership combines public-sector alignment, long-term investment stewardship and development delivery expertise within a single integrated structure.

Working with local authorities, ECF helps bring forward ambitious regeneration projects that create lasting social, economic and environmental value.

STRIDE TREGLOWN

Architecture. Urban Design. Landscape Architecture. Interior Design. Town Planning. Social Impact Research.



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The result was '60 Big Ideas for Newport' — a manifesto for change, made manifest by the community itself. Today, across this fiercely independent city, we're working to bring that vision to life.

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More on Newport





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Management.
Development.

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