



# Healthy City Design

LOWRY

MEDIACITY | SALFORD  
GREATER MANCHESTER



OCT  
14-15



- > RESEARCH
- > POLICY
- > INVESTMENT
- > PRACTICE

## FINAL PROGRAMME

### Transitions to health

Impact through planning, policy and investment



@HCDCongress  
#HCD2025

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Destination City Partners



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Silver Knowledge Leaders



Bronze Innovation Leaders



# Impact on Urban Health



## Introducing Impact on Urban Health

The places where we grow up, live and work impact how healthy we are. Urban areas, like our home in the London Boroughs of Lambeth and Southwark, have some of the most extreme health outcomes. Alongside their vibrancy and diversity sit stark health inequalities.

This is because poor health, poverty and racism are deeply connected.

Poverty causes bad health and bad health worsens poverty. Racism means minoritised communities are more likely to be living in poverty and have poor health as a result.

We see these connections most starkly in urban areas where poverty and affluence sit side by side. People living just streets apart can be worlds apart in their health. This is why we focus on urban health.

### What we do

We collaborate with partners and share what we learn to build health equity for people urban areas across the UK.

To increase our understanding and offer solutions with long-term potential, we focus on a specific set of urban health issues as routes into the challenge.

These are:

- 1 Children's health and food
- 2 Children's mental health
- 3 The health effects of air pollution
- 4 Financial foundations for adult health

## Retrofitting homes for better health

In the UK, too many homes are poorly insulated, ventilated and maintained. This creates the perfect conditions for damp and mould to thrive, which poses serious, and sometimes life-threatening, health risks. It affects airways and lungs, eyes and skin. Living in cold, damp conditions is also linked to poor mental health.

Retrofitting is the process of making modifications to existing buildings to improve their performance or efficiency, and in turn help to reduce damp and mould at source. Through increased insulation and better ventilation, retrofitting also creates warmer, safer homes that deliver additional health and wellbeing benefits.

We've partnered with **Repowering London** to develop new and effective ways to retrofit the homes of people living on low-incomes to a high standard.

Through our partnership, Repowering London are developing a community retrofit strategy that offers Lambeth residents retrofit advice, home visits and installation, co-delivers solutions with residents of blocks of flats and creates a framework for measuring, monitoring and evaluating community-led retrofit interventions.



## Putting health at the heart of convenience

Access to healthy food in the UK is incredibly unequal. For many people living on low incomes, often the only available option is to shop in a local convenience store. These stores often stock fewer healthier options and charge higher prices.

This is why we partnered with Rice Marketing on the **Good Food Retail** project – which works to increase the flow of healthier options in convenience stores. We're working with retailers, wholesalers, local councils and suppliers to support stores to drive change in their local areas.

After a successful pilot in Southwark, which demonstrated the sustained demand for healthier products in local shops, the Good Food Retail network is now expanding to other local authority areas around the UK.



An aerial photograph of a city, likely Newcastle, showing a river, a park with a playground and a large outdoor amphitheater, and surrounding urban buildings. The image is used as a background for the advertisement.

# Ryder

We're more than an architectural practice.

Our goal is simple – to improve the quality of  
the world around us and, in doing so,  
improve people's lives.

Everything architecture

✉ Ryder1953

📍 Ryder Architecture

[www.ryderarchitecture.com](http://www.ryderarchitecture.com)

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Newcastle London Glasgow Liverpool Manchester Bristol Hong Kong Vancouver

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**MUSE**

# True regeneration is about more than buildings.



Wapping Wharf, Bristol

We work in partnership  
to create beautiful, diverse  
and sustainable places;  
people-centred, high quality  
and built to last.

[museplaces.com](https://museplaces.com)

## Welcome to Salford – a city of growth, resilience and opportunity

As Mayor of Salford, it is my great pleasure to welcome delegates from around the world to our vibrant and forward-thinking city for the Healthy City Design 2025 International Congress. We are honoured to host this year's Congress at Lowry, a cultural landmark that reflects our city's creative spirit and dedication to public engagement.

Salford is a city with a proud industrial heritage, but today it stands as a beacon of regeneration, innovation, and inclusive growth with our visitor economy contributing over £1.3 billion annually. From the historic heart of the city to the cutting-edge creative, digital, and tech sectors at MediaCityUK, Salford is constantly evolving.

The theme of this year's event, 'Transitions to Health: Impact through Planning, Policy and Investment', resonates deeply with our own journey, driven by a commitment to creating a fairer, greener, healthier and more inclusive city for all. We have championed community-led health initiatives, prioritised the supply of decent and genuinely affordable housing in the city, embraced bold urban planning and invested in green infrastructure that put people at the heart of decision-making.

Over the past five years, we've led Greater Manchester in GVA and employment growth. But Salford's story is not just one of success, it's also one of resilience. We remain the 18th most deprived local authority in England, and in some areas, deprivation is worsening. High unemployment, low incomes, and persistent economic inequality continue to challenge us. These realities remind us that growth must be inclusive and sustainable.

That's why our regeneration, housing and health efforts are so vital. From the £2.5 billion Crescent Innovation District to the transformative developments at MediaCity, Salford Central, and Greengate, we're building not just infrastructure but opportunity. Our strategic partnerships with GMCA, Homes England, the University of Salford, Muse, and Peel are helping us align investment with community needs.

Housing remains a critical issue. While we've delivered more than 25,000 homes since 2014, social housing demand is exceeding availability, so as a council, we acted and set up our own self-build programme through Derive.

I believe Salford is well positioned to lead the way. Our Design Review Forum is setting new standards for quality and sustainability. Our regeneration pipeline aims to deliver 67,000 homes over the next 20 years. And the people of Salford – diverse, determined, and deeply engaged – are our greatest asset.

As you explore Salford during the Congress, I invite you to see both our progress and our potential. Together, we can shape cities that are healthier, fairer and more inclusive.



**Paul Dennett**  
Salford City Mayor

### Dear delegates,

As policymakers, practitioners and investors explore fresh ways to create healthier cities and communities that promote inclusive economic growth and social development, there are reasons to be optimistic in 2025.

Around the world, new agendas are emerging with a renewed focus on the wider determinants of health that are embedded in our urban plans, communities, major infrastructure and the built environment. This perspective is vital to embracing a whole-system approach to urban health and health inequalities.

In the UK, the Government has announced a ten-year plan to “fix the NHS”, centred on three important transitions: moving health services from hospital to the community; shifting systems from analogue to digital; and refocusing from treating sickness to health prevention. All three play directly into the wider healthy city agenda, which advocates for compact neighbourhoods with care services closer to home, smart city integration, and the design of the urban realm as an enabler of healthier lives and choices. Key to creating healthier cities for all is finding solutions to a housing crisis, globally and in the UK, marked by a severe shortage of affordable and adequate homes. Planning reforms, local government reorganisation and devolution offer hope in the UK, so long as health, community building, and sustainable development are not swept to one side in the ‘rush to build’.

### Investing in health to drive growth

As countries strive for growth, placing health at the front and centre of social and economic policy and investment is increasingly at the heart of national and municipal government strategies, in recognition that rising economic inactivity, lower productivity, and less innovation and creativity are being driven by declining population health and widening health inequalities. And it's why the theme of this year's 9th Healthy City Design 2025 International Congress and Awards, hosted for the first time in Salford, Greater Manchester, is 'Transitions to health: Impact through planning, policy and investment'. How can these transitions be achieved in cities through investment, research, development, planning, design and delivery?

There is great significance in Salford as a place that can share many recent stories about urban regeneration and redevelopment. The Congress venue at Lowry itself is a potent symbol: a derelict dockland site transformed into a vibrant art centre that has contributed to the wellbeing of the community for 25 years. And the journey Greater Manchester has been on towards more local, community-based control over health has significant lessons for impact investment, development and participatory design.

As cities in the UK and around the world invest more powers in city and regional mayors, their role in addressing the wider determinants of health and reducing health inequalities to help attract investment and underpin economic growth prosperity locally can give control back to local communities.

After last year's successful launch, the HCD Awards programme returns (p55-57), with shortlisted projects in seven categories presented to the judges live in webinars and in-person, before the winners are announced during the Award ceremony, from 17.00 on Wednesday in the Quays Theatre. Abstracts for all sessions can be found at [www.healthycitydesign.global/programme/programme-agenda](http://www.healthycitydesign.global/programme/programme-agenda) and on the virtual event platform (p18). Other features include the Video+Poster Gallery (pp43-45), the Culture + Connection Evening Reception (p51), at the Imperial War Museum North on Tuesday 14 October, and two walking tours (pp52-53).

We hope you all enjoy a wonderful Congress!



**Professor Jeremy Myerson**

Co-founder, Healthy City Design;  
chairman, WORKTECH Academy;  
professor emeritus, Royal College of Art, UK



**Marc Sansom MBA**

Co-founder, Healthy City Design;  
Managing director, SALUS Global  
Knowledge Exchange, UK



**Dear delegates,**

It is a real pleasure to welcome you to this year's Healthy City Design Congress in Greater Manchester.

Every year, this gathering brings together people who share a commitment to reimagining our urban environments as places that nurture health and wellbeing. The range of expertise at the Congress is extraordinary – from health professionals and urban planners to community leaders and policymakers.

Together, we're exploring how to design urban environments that not only support life but help everyone thrive.

At Impact on Urban Health, we focus on reducing the inequalities that affect people's health in cities. Too often, neighbours living side by side have very different health outcomes – shaped by the air they breathe, the homes they live in, and the opportunities available to their children.

These differences are not inevitable. They're the result of the choices made about how our cities are designed and governed.

We believe that voices from communities most affected by poor health must be central to decisions about the future of our cities. Lasting change will only come when we design with, rather than for, the people who live in urban neighbourhoods.

That is why we are proud to serve as the Congress' Community + Impact Partner:

It feels particularly fitting to be in Greater Manchester this year. This city and its boroughs have a long tradition of bold social innovation – from the earliest public health reforms to today's experiments in devolved health and care.

Salford, in particular, shows how creativity, culture, and community leadership can transform urban spaces and open up new opportunities.

As we spend the next few days learning from one another, I encourage you to share your experiences generously, challenge ideas openly, and take away lessons that can be applied in your own work. Please do come and talk to me or any member of the Impact on Urban Health team – we are eager to learn from you and explore how we can act together for healthier cities everywhere.



**Peter Babudu**  
Executive director,  
Impact on Urban Health, UK

# THERME Manchester

# Be Well. Have Fun.



## Our mission to deliver social value

Therme Group is a global wellbeing leader, driven by an inclusive vision of 'Wellbeing for All'. Therme Manchester aims to become a beacon of wellbeing and part of the city-region's social infrastructure.

We are committed to supporting the following social value outcomes through the Manchester development:

- **Creating skills and generating new jobs:** Creating new career and training opportunities, local supply chains, and becoming a net economic contributors.
- **Creating a healthy city:** Driving positive public mental and physical health outcomes as a trusted partner of the public sector and a key part of Manchester.
- **Creating urban wellbeing:** Introducing facilities and activities that support equitable access to healthy living, and individual, community and environmental wellbeing.
- **Creating a wellbeing culture:** Improving awareness and understanding of healthy behaviours that support individual, community and environmental wellbeing.
- **Creating community participation:** Ensuring local communities are actively involved in, and impact on, the design and operation of Therme Manchester.
- **Creating access and inclusion:** Mitigating physical, cultural, and financial barriers to accessing Therme Manchester.

**Dear delegates,**

A warm welcome to all those attending the Congress over the next two days and, in particular, our community representatives. We very much look forward to the engagement and discussions with delegates about the opportunities for working together to create healthy cities.

Therme Group is a global wellbeing leader; driven by an inclusive vision of 'Wellbeing for All', and our Therme Manchester resort aims to become a beacon of wellbeing and an integral part of the city region's social infrastructure.

We believe there are abundant opportunities to create human cities, with the wellbeing of the individual connected to that of the wider community. We envisage unifying spaces where people from every part of society can gather together in environments that are safe, natural and accessible.

Over the course of human history, only a tiny proportion of people have ever lived in cities. Human beings have evolved over millennia in response to the natural environment, to seasonal and circadian rhythms. Yet today, over half of the world's human population lives in the man-made environment of cities.

We can certainly be optimistic about the future of cities, but it is clearer than ever that they will have to adapt to shed some of the aspects of city living that are unhealthy or unsustainable for individuals, society, and the environment.

Cities continue to attract ever more people for good reason. Urban life has always offered freedom and connection; and cities are places where individual self-expression is often newly, and thrillingly, possible. By bringing together people from disparate backgrounds and with different ideas, cities foster exploration, creativity, invention and innovation.

Cities are also multifaceted, highly complex, and adaptive systems – and the question of what makes people thrive in urban settings is always evolving. Many of the things we care about most are our relationships with other people and with the natural world, expressed through love, dignity, pride, and respect. So we need empathy as well as systems. We need to discover what is human in cities. We need to appreciate how cities can sit alongside, respond to, and belong in the natural world – and work from there.

We believe that we have an important part to play in helping advance human wellbeing in cities of the future. That means starting with communities, which in practice means looking not only for innovations but also at what has sustained and nurtured people for millennia: 'We are ancient creatures living in modern times'.

We're delighted to invite delegates, and particularly our community representatives to meet us and learn more about Therme Manchester's inclusive approach during a lunchtime reception in the Quay's bar from 13.00-13.30 on Tuesday, and to hear a presentation on our new wellbeing resort in Trafford in Session 25 in the Compass Room, from 14.00-15.30 on Wednesday.



**Rob Creber**

Head of social value and partnerships,  
Therme UK

# Salford's transformation: From 'dirty old town' to a thriving, modern city

Salford's regeneration story is one of significant transformation, moving from a post-industrial decline to a thriving city with a focus on economic growth, new homes, and cultural vibrancy.

This regeneration, particularly in areas like Salford Quays and Salford Central, is driven by a strong vision and partnership working, aiming to create a fairer, greener, healthier and more inclusive city for all.

Salford is experiencing significant economic growth, with the local economy projected to grow by over 46 per cent, supported by a bold new vision to deliver 40,000 new homes and 40,000 new jobs by 2040 in the city's four strategic growth locations: Salford City Centre; The Quays and MediaCity; Greater Manchester Western Gateway; and Salford's towns. The city is also investing in transport infrastructure to improve connectivity and support sustainable growth, including plans for a new development zone along the Manchester Ship Canal.

The development of MediaCity as an international hub for technology, innovation and creativity has also been central to the Salford regeneration story. It's home to major broadcasters like the BBC and ITV, alongside smaller creative and tech businesses, as well as Lowry and the Imperial War Museum North.



## About the venue:

### Lowry, MediaCity, Salford Quays

Named after early 20th-century painter L.S. Lowry, known for his paintings of industrial scenes in North West England, Lowry is one of Britain's 12 landmark projects for the Millennium.

Opened in 2000, the theatre and arts complex was the flagship project of Salford City Council's regeneration plan in 1988 for the transformation of the derelict Salford docks as a leisure, cultural and tourism area.

Costing £106m, Lowry, which was designed by Michael Wilford, is built on a triangular site at the end of Pier 8 and has a triangular plan. A promenade encircling the building provides views of the Manchester Ship Canal, MediaCity and the Salford Quays developments. The complex is close to the Imperial War Museum North and the Old Trafford football stadium, and is served by the MediaCityUK stop on the Metrolink tram network.

## ■ Lower Ground

- **Quay's Theatre (Stalls)**  
Keynotes, Streams 1 and 6,  
HCD2025 Awards Ceremony

## ■ Level 1 (Ground floor)

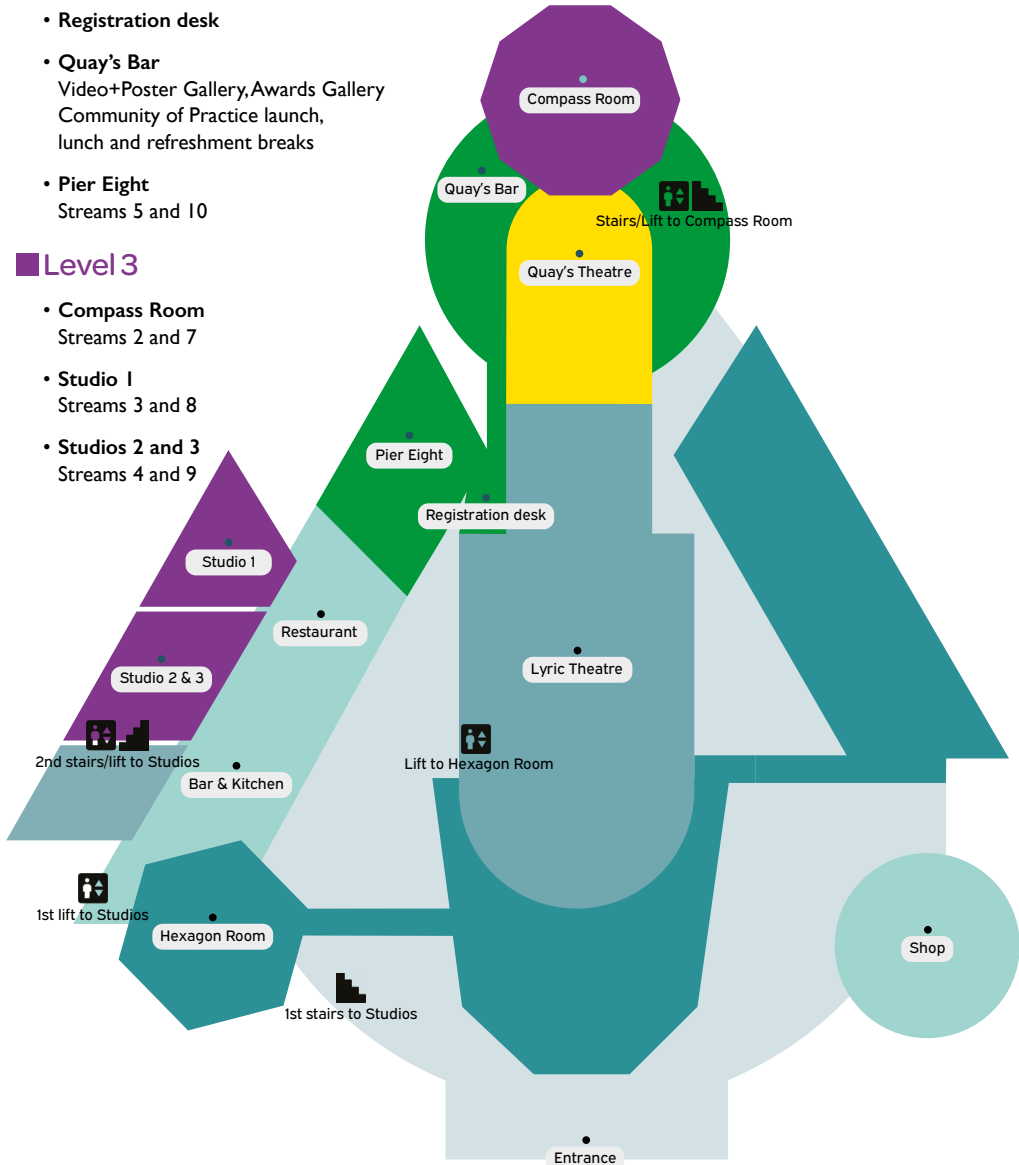
- **Registration desk**
- **Quay's Bar**  
Video+Poster Gallery, Awards Gallery  
Community of Practice launch,  
lunch and refreshment breaks
- **Pier Eight**  
Streams 5 and 10

## ■ Level 3

- **Compass Room**  
Streams 2 and 7
- **Studio 1**  
Streams 3 and 8
- **Studios 2 and 3**  
Streams 4 and 9

## ■ Other

- **Hexagon Room (Level 3)**  
Roundtables – *invite only*  
HCD2025 Awards Live Judging –  
*private sessions, shortlisted projects only*





## The Programme Committee

The Congress is organised by SALUS Global Knowledge Exchange and the Helen Hamlyn Centre for Design, Royal College of Art in collaboration with Salford City Council, MediaCity, Impact on Urban Health, *Cities & Health* journal, and our international programme committee. From shaping the Congress themes, to evaluating submission abstracts, to chairing sessions, their knowledge, time and effort are a huge part of the success of the Congress, and we thank them for their contributions.



**Yonette F. Thomas PhD**

Founder and president,  
UrbanHealth360, USA



**Caglar Koksall PhD**

Lecturer in Urban Planning,  
University of Manchester, UK



**Elsbeth Anwar MD**

Associate director of public health  
(wider determinants),  
Liverpool City Council, UK



**Lourdes Madigasekera-Elliott**

Public health strategic lead:  
Creating Healthy Places,  
Public Health East Sussex, UK



**Giselle Sebag MPH, LEED AP,  
Fitwel Ambassador**

Executive director,  
International Society for Urban Health, USA



**Helen Pineo PhD**

Urban planner and research associate  
professor, Department of Urban Design and  
Planning, University of Washington, USA



**Michael Wood**

Head of health economic partnerships,  
NHS Confederation, UK



**Carolyn Daher MPH**

Co-ordinator, Urban Planning,  
Environment and Health Initiative,  
Barcelona Institute for Global Health, Spain



**Jose Siri PhD, MPH**

Epidemiologist, global, urban  
and planetary health specialist; consultant,  
World Health Organization;  
The World Bank, USA



**Rhiannon Corcoran PhD**

Professor of Psychology and Public  
Mental Health, University of Liverpool;  
Fellow, Centre for Urban Design  
and Mental Health, UK



**Blake Jackson AIA, LEED Fellow,  
WELL Faculty, CPHC**

Director; sustainability,  
NORR, USA



**Mark Drane PhD**

Director, Urban Habitats; Research advisor,  
SALUS Global Knowledge Exchange, UK



**Caroline Paradise PhD**

Technical director; head of research  
and innovation, infrastructure,  
AtkinsRéalis, UK



**Rosalie Callway PhD**

Projects and policy manager,  
Town and Country Planning Association  
(TCPA), UK

**Matt Towner**

Director of programmes,  
Impact on Urban Health, UK

**Clare Wildfire**

Global practice lead of cities,  
Mott MacDonald, UK

**Marcus Grant**

Editor-in-chief,  
Cities & Health, UK

**Shira de Bourbon Parme DPhil, MSc**

Urban wellbeing and innovation lead,  
Ramboll, UK

**Magali Thompson**

Project lead for placemaking,  
Great Ormond Street Hospital  
for Children NHS Foundation Trust, UK

**Harry Knibb MRTPI**

Development director, Oxford Properties;  
director, Academy of Urbanism, UK

**Jeri Brittin PhD**

Director of research,  
HDR, USA

## Local Organising Committee

**Gillian McLauchlan**

Interim director of public  
health and wellbeing,  
Salford City Council, UK

**Jim Chapman**

Independent design consultant; Visiting  
professor of architecture, Manchester  
School of Architecture, UK

**Sarah Ashurst MBA**

Head of partnerships and investment,  
Salford City Council, UK

**Caroline Aikman**

Director of marketing and place,  
MediaCity, UK

## Advisory Group

### Lord Nigel Crisp

Independent crossbench member, House of Lords UK

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### Michael Chang PhD candidate

Programme manager – planning and health, Office for Health Improvement and Disparities, Department of Health and Social Care, UK

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### Esme Banks Marr

Strategy director, BVN Architecture, UK

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### Matt Ashton MPH, MBA

Director of public health, Liverpool City Council, UK

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### Mark Hall

Senior programme manager, Place-based impact investing, Impact Investing Institute, UK

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### Audrey de Nazelle PhD

Senior lecturer, Centre for Environmental Policy, Imperial College London, UK

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### Lord Andrew Mawson

Chair, 360 Degress Society, UK

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### Daniel Black

Programme director, TRUUD, UK

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### Deb Upadhyaya PhD, MBA

Client director North of England, Infrastructure (Buildings and Places), AtkinsRéalis, UK

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### Graham Marshall

Director, Prosocial Place, UK

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### Sunand Prasad OBE

Principal, Perkins&Will, UK

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### Beatrice Fraenkel

Design regeneration and health consultant, Trustee, Design Council, UK

### Max Farrell

Founder, LDN Collective, UK

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### Antonia Cotton

Independent consultant – strategy, partnerships, facilitation and coaching, UK

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### Paul Bell

Partner, Ryder Architecture, UK

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### Yonette Thomas PhD

Founder and president, UrbanHealth360, USA

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### Julia Thrift

Director of healthy placemaking, Town and Country Planning Association, UK

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### Sophia Schuff

Director of philanthropic partnerships and urban health, Gehl Urban Design Studio, Denmark

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### Mark Robinson

Head of regeneration, NewRiver Group, UK

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### Chris Liddle

Director, HLM Group, UK

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### Chris Brown

Founder, Climatise; Founding director, London Doughnut Economy Coalition CIC, UK

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### Ben Cave

Director, Ben Cave Associates, UK

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### Matthew Morgan

Co-founder; director, Quality of Life Foundation, UK

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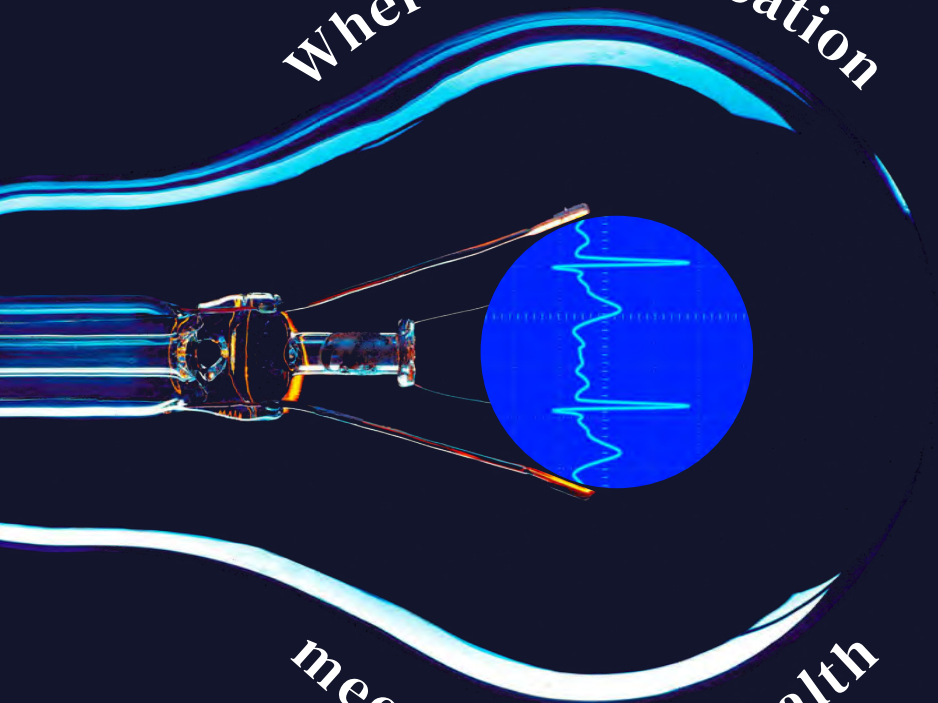
### Jon Bright

Former director, Department of Communities and Local Government, UK

# Archus

We enable whole system transformation through place-based partnerships, creating better healthcare for future generations.

Where health creation



meets creative health

# HCD LIVE ON

Use the HCD2025 app to enhance your event experience: prepare your agenda; connect with colleagues and friends – old and new; explore the Video + Poster Gallery; and catch up on recorded talks and sessions. The app will help you discover, connect and engage with attendees at the Congress.

## Download the app

The event mobile application is available on both the Google and Apple App Stores. To download it, search for **HCD2025** on your app store or scan the QR code. Once downloaded, you'll need to sign into the app using the email address you used when registering for the Congress.



## Functions and features

- **Watch LIVE sessions** – Through the app, you will be able to watch LIVE sessions and catch up with talks and sessions you may have missed under the 'Agenda' tab.
- **Sponsors and partners** – Under the 'Expo' tab, you can visit sponsors' and event partners' stands to learn more about their design services and/or research work, view their videos, download brochures and, if you're interested, share your contact details, or set up in-person and virtual chats and meetings.
- **Video + Poster Gallery** – Visit the Video + Poster Gallery, also under the 'Expo' tab, to learn more about the showcased design and research projects, watch short video presentations, download the posters, and read the abstracts.
- **People** – Engage with other attendees under the 'People' tab. Filter attendees by specific job roles, sectors and more. From here, you can set up a meeting with other delegates – click on their profile, choose a date and time, and add a personalised message. You can also chat with other attendees by clicking 'CHAT' on their profile.
- **Schedule** – Create your own personalised schedule based on your interests and meetings, and view this in your own personalised agenda at the top of the app.
- **Discussion** – Join in with fellow attendees in a discussion forum and share your thoughts on the Congress streams and topics beyond the event.
- Share your involvement with the Congress on social media by using the hashtag #HCD2025 and tagging us on X with the handle @HCDCongress.





# The unseen value of qualitative intelligence

In our fast-paced, data-driven world, most organisations are swimming in a sea of information. Yet, despite the abundance of data, we're consistently failing to harness one of our most valuable assets: qualitative insights. These crucial observations – the strategic thoughts, compelling quotes, and key research highlights – are often lost in a tangled web of emails, documents, and scattered notes. They become fragmented, poorly referenced, and ultimately forgotten, costing organisations billions of dollars in lost knowledge and wasted time.

With misinformation and disinformation now a top global risk, the challenge isn't just about finding information; it's about finding trustworthy information. Traditional media is declining, and AI is advancing at a breathtaking pace, but even the most sophisticated AI tools are prone to inaccuracy. A recent study of common AI search engines found that they produced incorrect answers to over 60 per cent of queries, often fabricating links and providing confidently wrong information. In this landscape, your credibility is paramount.

## Introducing Your Library of Timeless Insights

Occasio is the solution. It's not just another knowledge management tool; it's a dedicated platform for capturing, organising, and sharing the distinctive, human-generated insights that fuel innovation and strategy.

Inspired by the simplicity of a tool like Pinterest and the rigour of academic referencing, Occasio helps you build a searchable, shareable library of business-critical knowledge. Our intuitive, AI-powered platform lets you effortlessly capture insights from any source – conferences, meetings, reports, or web content – and log them as visual cards. Each entry is tagged, referenced, and stored in a personal or shared library, ensuring every idea maintains its source transparency.



Whether you're a team lead looking to crowdsource strategic ideas or a marketer needing to recycle a powerful client testimonial, Occasio makes it easy to find the right words at the right time.

## Occasio at HCD 2025

Occasio is proud to be the official knowledge exchange partner at HCD2025. We invite attendees to use our platform to capture, share, and explore the key takeaways from the talks, panels, papers, and posters. Log your key learnings, strategic observations, and compelling quotes directly into Occasio. You can also browse the collective library to discover what resonated with other attendees. This is your chance to build a lasting, collaborative knowledge asset from the Congress and ensure the insights you gain are not just heard but remembered and reused.



Our AI capabilities go beyond simple search. The system links related insights, reveals emerging patterns, and extracts briefing-ready summaries, saving hours of time. When you're preparing a presentation, a sales pitch, or a policy paper, you can pull curated sets of insights that are not only accurate and relevant but also ready to deploy.

In a world flooded by fast and inaccurate information, Occasio helps you focus on quality. It empowers you and your team to turn fragmented thoughts into a powerful, collective knowledge asset. By recapturing and reusing the insights you've worked hard to create, you can improve decision-making, enhance your storytelling, and fortify your brand credibility.

Ready to unlock the power of your organisation's collective intelligence?

# Shaping the Future of UK & International Healthcare Architecture

LLEWELYN  
DAVIES

Developing healthcare facilities that sit within a whole-health solution, from public health, acute hospitals and wellness villages.

To continue the conversation contact:

**Robert Etchell**

[r.etchell@ldavies.com](mailto:r.etchell@ldavies.com)

[www.ldavies.com](http://www.ldavies.com)



Jersey NHF Acute Hospital



Hospital for Ellinikon - Athens, Greece



# Session abstracts

This year, you will find all the session abstracts, as well as those for the Video+Poster Gallery and the lunchtime workshops online.

You can access these in two ways:

- > Firstly, through the HCD event platform at [events.hubilo.com/HCD2025](https://events.hubilo.com/HCD2025) and on the mobile app, which you can download by scanning the QR code on page 18. On the agenda page, find the session you're interested in and click Join session. You will then find all abstracts and supporting information for that session.
- > Secondly, you can access these via the HCD website: [www.healthycitydesign.global/programme](https://www.healthycitydesign.global/programme) or by scanning this QR code.

These pages also provide full details of our speakers and presenters, so you can learn about their expertise, professional background and credentials.

With diverse and transdisciplinary speakers from research, practice and policy backgrounds, joining in dialogues with investors and community leaders and voices, this year's Congress aims to get to the heart of the challenges facing communities and cities in the UK and around the world.



08.00 Registration opens

## Keynote plenary

Supported by **Session 1, Opening plenary:**  
**Community-led regeneration: Salford's next century****Chair: Stephen Gleave**, Salford Design Review Forum; University of Liverpool;  
University of Salford, UK

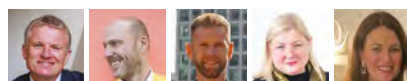
08.45

**Opening remarks****HCD2025 programme chair: Jeremy Myerson**, The Helen Hamlyn Centre for  
Design, Royal College of Art; WORKTECH Academy, UK

09.00

**Welcome address**

09.10

**Panel: Stephen Young**, Salford City Council, UK**Martyn Evans**, Landsec, UK**Phil Marsden**, Muse, UK**Julie Charge**, University of Salford, UK**Patti Holmes**, Empower, UK

Salford is a city transformed – once known as a “Dirty Old Town,” now a beacon of innovation, creativity, and community-led regeneration. The opening keynote brings together leaders from across public, private, and cultural sectors to explore how Salford’s approach to placemaking, stewardship, and legacy-building is shaping one of the UK’s fastest-growing cities with health, wellbeing and sustainable development at its core. We’ll reflect on the city’s journey – from industrial powerhouse to global media hub – and look ahead to the next century of growth.

10.15–  
10.45**Video+Poster Gallery, coffee and networking****Session 2****From aspiration to designation: Comparing Marmot City approaches****Chair: Professor Matt Ashton**, Liverpool City Council, UK

10.45

**Panel: Alice Wiseman**, Gateshead and Newcastle, UK**Tim Fielding**, Leeds City Council, UK**Lucy Vanes**, Manchester City Council, UK

This session will explore, through comparative analysis, the strategies cities have employed as Marmot Cities, including community engagement, policy innovation and cross-sector collaboration to improve health outcomes and reduce inequalities. It will also explore the specific challenges faced by cities and how they have shaped their Marmot City approach..

12.30–  
14.00**Video+Poster Gallery, workshop, lunch and networking**13.00–  
13.30

**Creating social value in Salford and Trafford**  
**Therme Manchester welcomes community representatives**  
Quay's bar | For details, view page 11

Organised by  
**THERME**Manchester



### Session 3

## Live Well – Greater Manchester’s Movement for community-led health and wellbeing

Chair: **Gillian McLauchlan**, Salford City Council, UK

14.00 **Panel:** **Warren Heppolette**, NHS Greater Manchester Integrated Care; **Alison Page**, I0GM; Salford CVS; **Alison Jones**, CommUNITY little Hulton; **Jennifer-Anne Smith**, Salford Loaves and fishes; **Catherine Connors**, Salford City Council Welfare Rights & Debt Advice

Through initiatives like GM Live Well, public services and communities are working together to create economic growth, social connection, and improved health. This panel explores how the city region is supporting a community-led approach to living well.

15.30–  
16.00 **Video+Poster Gallery, coffee and networking**



### Session 4

## Healthy cities in a changing climate: An integrated approach for local action

Curated by 



Co-chairs: **Yonette Thomas**, Urban Health 360, USA;  
**Rabia Qusien**, LSE & Urban Health 360, USA

16.00–  
17.15 **Panel:** **Matt Towner**, Impact on Urban Health, UK; **Christine Greenhalgh**, **Greg Williams**, University of Manchester, UK; **Wangu Mwangi**, International Institute for Sustainable Development & Ambition Loop, Kenya; **Mercy Sepadi**, Tshwane University of Technology, South Africa

This panel highlights the opportunities for sustainable community-centred solutions and policies.

## Keynote plenary



### Session 5, Closing plenary, day one:

## Roadkill: Unveiling the true cost of our toxic relationship with cars

Chair: **Chris Liddle**, HLM Architects, UK

17.25



**Professor Henrietta L Moore**, director, UCL Institute for Global Prosperity, UK

This keynote explores how our entrenchment in car-centric urban design and economic models has led to significant harm to health, and identifies practical next steps in working towards post-car futures.

17.50–  
18.00 **Closing remarks**

**Jeremy Myerson**, The Helen Hamlyn Centre for Design, RCA; WORKTECH Academy, UK

18.00–  
19.00 **Salford Quays Walking tour**

For more information, view page 52-53

19.00–  
22.00 **Culture + Connection evening reception**

For more information, view page 51



Stream 2 begins at 10.45 in the Compass Room, after the day's opening plenary session (08.45-10.15).



## Session 6

### The hopeful city – a living manifesto for an ecology of care

Chair: Ab Rogers, Ab Rogers Design, UK

10.45

**Panel:** Lulu Urquhart, Adam Hunt, landscapers, Urquhart & Hunt Landscape Design, UK  
 Ash Ranpura, neurologist, DRU+, UK  
 Tom Lloyd, furniture designer, Pearson Lloyd, UK  
 Rowan Gabrielle, writer and historian, UK  
 Melda Bur, design consultant, Melda Bur, UK  
 Christophe Egret, architect and urbanist, UK  
 Ilona Sagar, artist, UK

A collective intelligence of diverse minds, including artists, designers, landscape gardeners, neurologists, architects, and curators, is charged with devising a series of single ideas that together can synthesise a living manifesto for the creation of a more caring city.

Considering the issues of our urban communities from a multitude of perspectives, this challenge asks participants to address how we can expand the civic nature of our cities, making our shared built environment more generous, protective, active and inclusive.

The panel's ideas and design proposals will look at how to combat loneliness, poverty, obesity, and isolation, exploring ways to empower citizens to positively change their behaviours, to generate community cohesion and interaction, and to encourage different forms of connection within our public realm.

They will consider ways to dissolve boundaries, to better share our space with non-humans, allowing them to enrich our environment, or look at provocations like communal ovens, gardens and generous spaces with open programmes that can spark imagination and creativity, inviting people to stop, make, move, perform, relax, talk and touch.

Following the presentations, the panel will participate in a wider discussion addressing topics related to the role of art, design, food, psychology, philosophy, economy and commerce, history, biodiversity, biophilia and biomimicry in creating a balanced ecology of care within the urban public realm, and the importance of community spirit, investment, and connection in addressing health concerns in our cities.

12.30–  
14.00

**Video+Poster Gallery, workshop, lunch and networking**



## Session 7

### Joyful placemaking: The role of joy, creativity and play in health creation

Chair: Joe Sarling, Greater Manchester Moving, UK

Curated by Greater Manchester  
Moving 

14.00

**Panel:** Sarah Castle, IF\_DO, UK

Ben Jewell, Wigan Council, UK

Dave Bell, Natural England, UK

This panel discussion explores how spaces infused with joy, creativity, and play can enhance community health and wellbeing.

Moving beyond traditional approaches to health, this discussion explores the power of our neighbourhoods – inviting connection, imagination, and delight in our public spaces to foster belonging and support mental, physical, and social health. We will explore how simple invitations to see our neighbourhoods as places of play can change how we feel about our places in the short term, as well as creating evidence for longer-term actions and interventions to shape our neighbourhoods.

By bringing together voices from across sectors and roles, the panel will discuss their perspectives and actions to create joy in our neighbourhoods.

15.30–  
16.00

**Video+Poster Gallery, coffee and networking**



## Session 8

### The art of wellbeing: Creative and media interventions for healthy cities

Chair: Darren Grice, Salford City Council, UK

16.00

**Panel:** Josie Cahill, BBC Salford, UK

Jennifer Riding, Lowry, UK

Sally Gilford, Salford City Council, UK

Caroline Alexander, Salford Community Leisure, UK

As cities grapple with rising mental health challenges and social fragmentation, the intersection of creativity, culture and media emerges as a powerful force for healing and connection. This panel explores how artistic expression and public art, cultural programming, media storytelling, and creative placemaking can transform urban environments into spaces of wellbeing and belonging that foster social cohesion and mental health.

From murals that spark dialogue to festivals that celebrate diversity, and from community media projects to immersive digital experiences, creative and media interventions are reshaping how we think about public health in the city. Panellists will share innovative case studies and research that highlight the role of creative placemaking, public art, and cultural narratives in fostering mental wellness, social cohesion, and inclusive urban development.

Stream 2 will be brought to a close at 17.15, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.25-18.00).

Stream 3 begins at 10.45 in Studio 1, after the day's opening plenary session (08.45-10.15).



## Session 9

### From hospital to community

Chair: Matthew Blair, BVN, UK

10.45	<b>Delivering the three shifts – a call for a systems approach to public-sector collaboration</b> Sophie Hockin, NHS North East London, UK
11.05	<b>Health as a city's competitive advantage</b> Katie Mulkowsky, Future Places Studio, UK
11.25	<b>The co-location of healthcare and leisure as part of a whole-system approach to physical activity promotion</b> Natalie Grinvalds, AWRC, UK
11.45	<b>Connection is key to a healthy city</b> Nicola Spiby-Roberts, Salford CVS, UK
12.05	<b>Panel discussion</b>
12.30– 14.00	<b>Video+Poster Gallery, workshop, lunch and networking</b>



## Session 10

### Healthcare in the city

Chair: Mark Robinson, NewRiver Group, UK

- 
- 14.00 **From shop to eye clinic: A vision for high street healthcare**  
Hun Pu, Medical Architecture, UK
- 
- 14.20 **Health on the high street – healthier citizens, happier staff, cleaner air, thriving communities**  
Mark Walker, Stantec, UK
- 
- 14.40 **A cross-sectional study of the users of a city centre cardiovascular disease screening clinic**  
Matthew Cooper, Newcastle NIHR Patient Safety Research Collaboration, UK
- 
- 15.00 **Panel discussion**
- 
- 15.30–16.00 **Video+Poster Gallery, coffee and networking**



## Session 11

### Place-based health ecosystems

Chair: Jaime Bishop, Fleet Architects; Architects for Health, UK

- 
- 16.00 **Healthcare-led urban regeneration in Northern Ireland – the King's Hall campus redevelopment**  
Matthew Hird, TODD Architects, UK
- 
- 16.20 **HLM Place: Supporting health, social care and wellbeing through estate transformation in Sheffield**  
Karan Bakre, HLM, UK
- 
- 16.40–17.00 **Panel discussion**

Stream 3 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.25-18.00).

Stream 4 begins at 10.45 in Studio 2 & 3, after the day's opening plenary session (08.45-10.15).



## Session 12 Sustainable and inclusive mobility

Chair: Clare Wildfire, Mott MacDonald, UK

10.45	<b>From planning to activation: A whole-system approach to delivering inclusive mobility hubs</b> Lidia Derossi, Lucy Sykes, AECOM, UK
11.05	<b>PikTOC: Prioritising transit-led regeneration for healthier, more equitable urban futures in Greater Manchester</b> Danny Crump, Layer.studio, UK Shira de Bourbon Parme, Ramboll, UK Ricardo Gomez, Hatch, UK
11.25	<b>Transport-oriented healthcare development (TOHD) – an alternative model to healthcare provision in urban areas</b> William Butcher, BDP, UK
11.45	<b>London's Ultra Low-Emission Zone and active travel to school: A qualitative study exploring the experiences of children, families and teachers</b> Olivia Alliot, University of Cambridge, UK
12.05	<b>Panel discussion</b>
12.30–14.00	<b>Video+Poster Gallery, workshop, lunch and networking</b>





### Session 13

#### Workplace design

Chair: Jeremy Myerson, The Helen Hamlyn Centre for Design, Royal College of Art;  
WORKTECH Academy, UK

- |       |                                                                                                             |
|-------|-------------------------------------------------------------------------------------------------------------|
| 14.00 | <b>From ground to sky – One Undershaft in Destination City</b><br>Robert Kennett, Eric Parry Architects, UK |
| 14.20 | <b>Sustainable and modern working at Eden</b><br>Phil Marsden, Muse, UK                                     |
| 14.40 | <b>The role of interior fit-outs in the push for net-zero carbon</b><br>Blake Jackson, NORR, USA            |
| 15.00 | <b>Panel discussion</b>                                                                                     |

15.30–  
16.00 Video+Poster Gallery, coffee and networking



### Session 14

#### Active travel and accessible neighbourhoods

Chair: Nicola Kane, Steer, UK

- |                 |                                                                                                                                                                      |
|-----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 16.00           | <b>Designing inclusive and accessible neighbourhoods: Healthier streets project in Leeds</b><br>Maddie Harkness, AECOM, UK<br>Kasia Speakman, Leeds City Council, UK |
| 16.20           | <b>Building cycling cultures with communities – supporting health, equity, and social cohesion from the ground up</b><br>Maud Vries, BYCS, Netherlands               |
| 16.40           | <b>The out-of-the-car-experience: The enjoyment of cargo-bike use</b><br>Sigrid Elisabeth Glomdal, Daniel Piatkowski, OsloMet, Norway                                |
| 17.00–<br>17.15 | <b>Panel discussion</b>                                                                                                                                              |

Stream 4 will be brought to a close at 17.15, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.25-18.00).

Stream 5 begins at 10.45 in Pier Eight, after the day's opening plenary session (08.45-10.15).



## Session 15

### Mapping and modelling planetary health

Chair: Mark Drane, Urban Habitats; SALUS, UK

- |             |                                                                                                                                                                                |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10.45       | <b>Mapping climate risk to build healthier, more resilient cities: A case study from Greater Manchester</b><br>Ffion Carney, AtkinsRéalis, UK<br>Zak Baillie, AtkinsRéalis, UK |
| 11.05       | <b>Modelling public health benefits of greenspace planning in an environmentally overburdened neighbourhood</b><br>Garrett Sansom, Lindsay Sansom, Texas A&M University, USA   |
| 11.25       | <b>Mapping health-related environmental exposures for planning and monitoring</b><br>Östen Axelsson, Stockholm Health Care Services, Region Stockholm, Sweden                  |
| 11.45       | <b>Designing resilient, health-promoting cities through a 'One Health' lens</b><br>Celen Pasalar, North Carolina State University, USA                                         |
| 12.05       | <b>Panel discussion</b>                                                                                                                                                        |
| 12.30–14.00 | <b>Video+Poster Gallery, workshop, lunch and networking</b>                                                                                                                    |



## Session 16

### Regenerative and ecological design in the community

Chair: Shira de Bourban Parme, Ramboll, UK

- 
- 14.00     **Planetary health – regenerative design and circular economy principles**  
David Cheshire, AECOM, UK
- 
- 14.20     **Circular educational infrastructure: How can we create healthy school buildings on a degraded planet?**  
Coen van den Wijngaart, Anculus, Netherlands
- 
- 14.40     **Hafod Farm – a pilot Homestead project reimagining therapeutic environments for psychosis through nature, arts and community-based care**  
Heather Macey, Makower Architects, UK  
Andrew Howe, South London and Maudsley NHS Foundation Trust, UK
- 

15.00     **Panel discussion**

15.30–16.00     **Video+Poster Gallery, coffee and networking**



## Session 17


### Nature-based solutions to promote health

Chair: Hannah Arnett, Cities&Health, UK

- 
- 16.00     **Advancing community responses to loneliness and mental health through nature and social connection in cities. The RECETAS project explained**  
Mat Jones, UWE Bristol, UK  
Carolyn Daher, ISGlobal, Spain
- 
- 16.20     **The impact of green and blue spaces on neonatal health in Wales (2008–2019): A retrospective longitudinal study**  
Rukun K.S. Khalaf, GroundsWell Consortium; University of Liverpool, UK
- 
- 16.40–17.00     **Panel discussion**

Stream 5 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.25-18.00).

08.00 Registration opens

**Keynote plenary**Supported by **Session 18, Opening plenary:  
Housing, health and happiness:  
Greater Manchester's bold approach to the housing crisis**

Chair: Sarah Castle, IF\_DO, UK

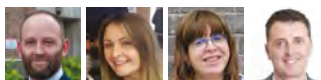
08.45

**Welcome and introduction**HCD2025 programme chair: **Jeremy Myerson**, The Helen Hamlyn Centre for Design, Royal College of Art; WORKTECH Academy, UK

09.00

**Welcome address****Paul Dennett**, City Mayor of Salford; Deputy Mayor of Greater Manchester, UK

09.15



**Panel:** **Paul Dennett**, City Mayor of Salford; Deputy Mayor of Greater Manchester, UK  
**Helen Simpson**, GMCA Health and Social Care Partnership, UK  
**Kate Simpson**, Services director, Social Adventures, UK  
**Simon Hourihan**, Project director, Muse, UK

Greater Manchester believes a stable home is the foundation for a thriving life. This session will explore how GMCA is innovating to lead the way with groundbreaking pilots and bold solutions, proving that good health, education and jobs all start with secure housing.

10.15–  
10.45**Video+Poster Gallery, coffee and networking****Session 19  
Health in all Policies: Driving health improvement, equity and  
economic development**Chair: **Beatrice Fraenkel**, Design regeneration and health consultant, UK

10.45

**Panel:** **Nicola Butterworth**, **Nuala Gallagher**, **Sam Campbell**, **Elspeth Anwar**, Liverpool City Council, UK; **Dagmara Wojciechowicz**, Merseyside Polonia; Liverpool City Council, UK

This session will focus on how Liverpool is improving health using a 'health in all policies' approach through equity and economic development. The panel will discuss the integrated approach the city is taking to improving health and health equity as a foundation for economic and social development, updating on the past 12 months of delivery. The panel will showcase a major regeneration programme in the north of the city, including 10,000 new homes, major improvements to public transport and active travel, and the creation of job opportunities.

12.30–  
14.00**Video+Poster Gallery, workshop, lunch and networking**13.00–  
13.30

**Community of Practice launch**  
**Embedding health in local authority decision-making**  
 Quay's bar | For details, view page 65 and the mini-guide

Organised by 



## Session 20

### MediaCity: Designing tomorrow's creative and healthy communities

Chair: Andy Miah, University of Salford, UK

14.00 Panel: Stephen Young, Salford City Council, UK

Nigel Moore, Fuzzy Duck, UK

Kate Hadfield, Carbon Creative, UK

Sam Ingleson, University of Salford, UK

Jonathan Harley, Dock10, UK

MediaCity is one of the UK's most successful urban regeneration projects and the leading creative cluster in the North West of England. As a dynamic place that blends tech, culture and future media alongside its diverse community, it isn't just a hub for creativity – it's shaping the future of health, wellbeing and sustainable living.

Hear how MediaCity, set to double in size, continues to actively integrate culture, innovation, and health and wellbeing into its urban design, and how the creative industries are a driver for strengthening community engagement.

15.30–  
16.00 Video+Poster Gallery, coffee and networking



## Session 21

### Connected futures: Regenerating Trafford and Salford together

Chair: Simon Bedford, Bedford Advisory, UK

16.00– Panel: Collette Roche, Manchester United, UK

17.00 Richard Roe, Trafford Council, UK

John Searle, Salford City Council, UK

Stephen Wild, Peel Land, UK

This session explores how ambitious development plans centred around Old Trafford Regeneration are unlocking wider opportunities across Trafford and Salford, driving investment, infrastructure, and inclusive growth. With collaboration between local authorities, major institutions, and private partners, discover how these connected futures are being shaped to benefit communities and the economy across Greater Manchester.

## Healthy City Design International Awards



### Session 22

#### Awards Ceremony

17.10 Healthy City Design International Awards 2025

Presented by: Jeremy Myerson, The Helen Hamlyn Centre for Design, Royal College of Art; WORKTECH Academy, UK

17.40–  
17.45 Closing remarks



### Session 23

#### Beyond bricks and mortar: Housing injustice and systemic solutions in the private rented sector

Chair: Naz Biggs, Impact on Urban Health, UK

08.45

**Panel:** Joey Carr, Safer Renting, UK; Al McClenahan, Justice for Tenants, UK  
Ben Yarrow, Marks out of Tenancy, UK; Sandra Axell, Kineara, UK  
Stacey Edgar, Southwark Law Centre, UK

The private rented sector (PRS) is often overlooked in urban health design, yet it's where some of the most severe and preventable health inequalities are rooted. Poor housing conditions, insecurity, unaffordable rents, and the erosion of tenant power generate lasting physical and mental health harms, disproportionately affecting Black and minoritised communities.

This workshop seeks to expose the hidden health crisis in the PRS and invite participants to co-create systemic solutions that place tenant health, justice and dignity at the centre of urban health efforts. It will open with short, sharp provocations from a range of organisations working on housing justice. We will explore how failures in enforcement, legal protection, housing supply, tenant support, and accountability undermine health and wellbeing. Participants will then work collaboratively through systems mapping exercises to trace root causes and power dynamics, followed by a co-design sprint to prototype bold new interventions.

10.15–  
10.45

Video+Poster Gallery, workshop, lunch and networking



### Session 24

#### Housing standards and regulation

Chair: Sunand Prasad, Perkins&Will, UK

10.45

**Quality versus quantity? Investigating the health impacts of deregulation in housing delivery in England**

Rosalie Callaway, Julia Thrift, Town and Country Planning Association, UK

10.55

**Trapped in transition: Lived health experiences of temporary or emergency housing under England's permitted development rights**

Mina Sufineyestani, University College London, UK

11.05

**Design codes for health and wellbeing**

Katja Stille, Tibbalds, UK; Matthew Morgan, Quality of Life Foundation, UK

11.25

**Healthy and inclusive places: Key findings from the collaborative process of developing future design guidance for Homes England**

Adam Park, Helen Berg, BDP, UK

11.45

**The policy and practice of designing healthy equitable apartment buildings**

Sarah Foster, RMIT University, Australia

12.05

**Panel discussion**

12.30–  
14.00

Video+Poster Gallery, workshop, lunch and networking





## Session 25

### Inclusive neighbourhood parks and resorts

Chair: Max Farrell, LDN Collective, UK

14.00	<b>Stockton Urban Park, waterfront and healthy streets</b> Nichola Speight, Andrew Fong, Ryder Architecture, UK Iain Robinson, Stockton-on-Tees Borough Council, UK
14.20	<b>Mayfield Park, Manchester – urban park of the future</b> Sam Jarrett, Landsec, UK
14.40	<b>Therme Manchester: Creating transformative social infrastructure and urban wellbeing for all</b> Rob Creber, Therme Group, UK
15.00	<b>Panel discussion</b>
15.30– 16.00	<b>Video+Poster Gallery, coffee and networking</b>



## Session 26

### Alternative housing models: Community land trusts

Chair: Ben Cave, BCA, UK

16.00	<b>Community land trusts: An alternative community-led affordable housing model</b> Oliver Bulleid, London Community Land Trust, UK
16.20	<b>Community-led housing for all: Addressing barriers for Black and other minority communities in community-led housing and community land trusts</b> Claude Hendrickson, Leeds Community Homes, UK
16.40– 17.00	<b>Panel discussion</b>

Stream 7 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.10-17.45).



## Session 27

### Planning digital cities

Chair: Caroline Paradise, Atkins, UK

10.45	<b>Beautiful infrastructure: Designing integrated systems for healthy cities</b> Elad Eisenstein, AECOM, UK
11.05	<b>AI-driven urban futures: Leveraging data for healthier city design</b> Abigail Oppong, Yonette Thomas, UrbanHealth360, USA
11.25	<b>Digital placemaking for healthier cities: Reimagining place through technology, spatial practice and co-design</b> Jo Morrison, Calvium, UK
11.45	<b>Gamifying the future of public space: Co-designing parks with communities using Open Space Sandbox</b> Hayley Oleksiak, Open Space Sandbox, USA
12.05	<b>Panel discussion</b>
12.30– 14.00	<b>Video+Poster Gallery, workshop, lunch and networking</b>



## Session 28

### Policy and practice: Health impact assessments

Chair: Julia Thrift, Town and Country Planning Association, UK

- 
- 14.00     **Using health impact assessment for planning policy in Wales**  
Cheryl Williams, Catrin Lyddon, Public Health Wales, UK
- 
- 14.20     **Prioritising wellbeing in compact urban design: Ireland's first health impact assessment on a statutory development plan**  
Karen O'Mahony, Cork City Council, Ireland
- 
- 14.40     **Building a sustainable and connected community: A partnership approach in Bolton**  
Paul Whittingham, Lynn Donkin, Bolton Council, UK
- 
- 15.00     **Panel discussion**
- 
- 15.30–  
16.00     **Video+Poster Gallery, coffee and networking**



## Session 29

### Impact investment for healthier lives

Chair: Esme Banks Marr, BVN, UK

- 
- 16.00     **Growing community wealth – economies for healthier lives**  
Chris Dabbs, Oria McCann, Unlimited Potential, UK
- 
- 16.20     **Shifting the power: A community-led model to address health inequities in Brixton and Peckham**  
Jerryanne Hagan-Tetteh, Kenny Imafidon, ClearView Research, UK
- 
- 16.40–  
17.00     **Panel discussion**

Stream 8 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.10-17.45).



### Session 30

## Co-producing a different future: Why interactions are crucial for large-scale change

Chair: Sasha Karakusevic, NHS Horizons, UK

08.45 **Panel: Marc Harris, Zoë Stockton, NHS Horizons, UK**

The session will explore how organisations across England are working together to address physical inactivity.

In 2018, the World Health Organization launched the Global Action Plan on Physical Activity (GAPPA), aiming to achieve a 15-per-cent relative reduction in the global prevalence of physical inactivity by 2030. GAPPA provided 20 actionable recommendations to help countries increase levels of physical activity by addressing the cultural, environmental, and individual determinants of inactivity. However, a status report published in 2022 found that progress has been slow and unequal, and the Covid-19 pandemic has further limited progress.

There is a need for a much more joined-up, networked and collaborative approach to spread and scale successful programmes, policies and ways of working.

In this session, attendees will discuss a case study and a new model of large-scale change that has been developed to guide the approach in England.

10.15–10.45 **Video+Poster Gallery, workshop, lunch and networking**



### Session 31

## Neighbourhood design for ageing

Chair: Paul Bell, Ryder, UK

10.45 **Exploring the architectures of health: Locating Equity in Ageing Positively (LEAP)**  
Stefan White, Manchester Metropolitan University, UK

11.05 **Enhancing walkability and wayfinding for individuals with dementia in urban environments**  
Kavya P Krishnan, Mobility Mojo, UK

11.25 **Creating age-friendly homes: Research, policy and practice**  
Nigel Saunders, Pozzoni Architecture, UK  
Mark Hammond, Manchester Metropolitan University; Manchester School of Architecture, UK  
Kelly-Marie Rogers, Greater Manchester Moving, UK

11.45 **How can we improve our local neighbourhood environments to enhance older adult social connectedness?**  
Hannah Grove, University of Oxford, UK  
Georgina Everett, Re-engage, UK

12.05 **Panel discussion**

12.30–14.00 **Video+Poster Gallery, workshop, lunch and networking**



## Session 32

### Place-based design for mental health

Chair: Charlotte Burrows, Design in Mental Health, UK

- 
- 14.00 **Impact of urban regeneration on population mental health: A longitudinal study in England**  
Caglar Koksall, University of Manchester, UK
- 
- 14.20 **Place-based determinants of youth mental health in a nationally representative Australian sample**  
Camilla Sedgwick, University of Sydney, Australia
- 
- 14.40 **Rx for social connection – learnings from The Bentway**  
Julia Day, Gehl, USA
- 
- 15.00 **Panel discussion**
- 
- 15.30–16.00 **Video+Poster Gallery, coffee and networking**



## Session 33

### Culture, museums and community

Chair: Jim Chapman, Manchester School of Architecture, UK

- 
- 16.00 **House of Memories: Creating resilient neighbourhoods through culture**  
Dawn Carroll, National Museums Liverpool, UK
- 
- 16.20 **Addressing inequalities through local authority museums in Greater Manchester**  
Toni Sant, Enrique Tabone, University of Salford, UK
- 
- 16.40–17.00 **Panel discussion**

Stream 9 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.10-17.45).



### Session 34

#### Shifting power through participatory micro-financing: A case study from Lambeth and Southwark

Chair: Rasha Rashid, The Social Innovation Partnership, UK

08.45 Air pollution disproportionately harms communities already facing structural inequalities – yet these same groups are least heard in environmental decision-making.

This session presents a case study from Lambeth and Southwark, where The Social Innovation Partnership (TSIP), in collaboration with Impact on Urban Health, piloted a new approach to environmental and racial justice. Amplifying Voices: Cultivating Grassroots Action tested a participatory micro-granting model that shifts decision-making power to local residents. The aim was to resource community-led air pollution solutions, challenge hierarchical funding models, and support people who are already shaping healthier neighbourhoods.

With £80,000 allocated to the community, a panel of local campaigners and residents was recruited and trained to co-design the fund's criteria, assess applications, and allocate grants. Sixteen projects were funded, ranging from creative campaigns to housing justice advocacy. Workshop participants will explore how to democratise funding processes and embed community values, reflect on uncovering and supporting “hidden activism”, learn how to embed care and sustainability in the movement, and examine power shifts in practice and strategies to avoid replicating hierarchies.

10.15–  
10.45 Video+Poster Gallery, workshop, lunch and networking



### Session 35

#### Community participation and inclusion

Chair: Lourdes Madigasekera-Elliott, East Sussex County Council, UK

10.45 **Creative health: Transforming place-based wellbeing. A case study evaluation of the Healthy Happy Places programme**

Sem Lee, Ouri Labs, UK

Rachel Turnbull, Healthy Happy Places, UK

Mark Drane, Urban Habitats; SALUS Global Knowledge Exchange, UK

11.05 **Enhancing wellbeing through evidence: Insights from the Ebbsfleet Garden City Annual Resident Satisfaction Survey**

Mary Rouse, Ebbsfleet Development Corporation, UK

11.25 **Research as a tool for change: Participatory community research and the Nag's Head healthy homes campaign**

Hil Aked, Medact, UK

11.45 **Protect Our Places coalition: Linking local struggles to facilitate more just London-wide urban planning**

Sarah Goldzweig, Latin Elephant, UK

12.05 **Panel discussion**

12.30–  
14.00 Video+Poster Gallery, workshop, lunch and networking





## Session 36

### Air quality, equity and health

Chair: Yonette Thomas, Urban Health 360, USA

- 
- 14.00 **Air is kin: Lived experience as a health metric in the advocacy for clean air**  
Araceli Camargo, The Centric Lab, UK
- 
- 14.20 **From data to dialogue: AWAIR's co-designed approach displaying air quality information for public health**  
Andrew Grieve, Kayla Schulte, Imperial College London, UK  
Katie Pitts, Onpurpose, UK
- 
- 14.40 **Live + Breathe: Amplifying community voices for clean air, joyful neighbourhoods, and healthier futures**  
Jayda David, Ssega Kiwanuka, Live + Breathe, UK
- 

## 15.00 Panel discussion

15.30–16.00 Video+Poster Gallery, coffee and networking



## Session 37

### Community-led regeneration

Chair: Sem Lee, Ouri Labs, UK

- 
- 16.00 **Creating Peckham Palms: An alternative development model for gentrifying neighbourhoods**  
Paul Smyth, Cyndi Anafo, Peckham Palms, UK
- 
- 16.20 **Backin' Birkenhead: A case study description of community-led regeneration in the 'trailblazer neighbourhood' of Central Birkenhead**  
Graham Marshall, Prosocial Place; Backin' Birkenhead Town Team, UK  
Rebecca Crook, University of Liverpool, UK  
Rhianon Corcoran, Prosocial Place; University of Liverpool, UK
- 

## 16.40–17.00 Panel discussion

Stream 10 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.10-17.45).



# Delivering places for communities to thrive

**At AECOM, we believe healthier lives begin  
with the places we shape.**

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**Healthier communities, by design**

# Video+Poster Gallery

The Video+Poster Gallery offers a chance to learn about many inspiring research and design projects, enriching the oral sessions.

View the Posters in the Quays Bar at the Venue. To view the videos, and their abstracts, visit the **Video+Poster Gallery** by scanning the QR code to the right to download the mobile app.



**P01** A whole-building approach to building conversion projects  
Blake Jackson, NORR, USA  
Tobias Fellows, NORR, Canada

**P02** From Zimbabwe to Salford: Adapting the friendship bench for enhanced student mental wellbeing in a digital age  
Keith Silika, Salford University, UK

**P03** Climate urbanism and low-carbon gentrification in the urban Anthropocene: A case study of Holt Town, Manchester  
Eleanor Albin-Clark, University of Oxford, UK

**P04** Participatory action research on connecting processes, collaboration, and knowledge for a healthier living environment for residents in Nijmegen, Netherlands  
Kristine Mourits, Carola Groenen, Kevin Raaphorst, Radboud University, Netherlands

**P05** The Black Systemic Safety Fund  
Michael Hamilton, The Ubele Initiative, UK; Tamanda Walker, Roots & Rigour CIC, UK

**P06** Digital placemaking for healthier cities: Reimagining place through technology, spatial practice and co-design  
Jo Morrison, Calvium, UK

**P07** Neighbourhoods, growing up and mental health: Evidence from a longitudinal study  
James O'Connell, Health Service Executive, Ireland



**P08** Strengthening health and planning integration through co-design. A case study of a collaborative workshop held with the Essex Planning Officers' Association, NHS ICB Estates and Public Health  
Sem Lee, OURI Labs, UK  
Matthew Morgan, Quality of Life Foundation, UK  
Amber Nyoni, Adrian Coggins, Essex County Council, UK

**P09** Urban Health Index: Unlocking local insights to tackle health inequalities  
Michael Rigby, Impact on Urban Health, UK

**P10** **The Living Story: A regenerative theory of place for scalable, equitable and nature-integrated communities**  
 Jamie Miller, B+H, Canada

**P11** **Make My City Thrive: An impact assessment framework for measuring the wellbeing benefits of urban greening**  
 Grant Waters, Tranquil City, UK  
 Eleanor Ratcliffe, University of Surrey, UK

**P12** **The impact of neighbourhood green spaces on alleviating urban loneliness**  
 Sophia Rostaminia Nia, Hakimeh Shams, Buali Sina University, Iran

**P13** **Spatial accessibility of multi-campus hospitals: A case study of Tianjin, China**  
 Yilin Song, Aize Han, Tianjin University, China

**P14** **From SimCity hospital to real-world care: Reimagining simulation for inclusive healthcare environments using utility AI**  
 Annamae Muldowney, Technological University Dublin, Ireland



**P15** **Urban parks as mental health sanctuaries: Insights from a mixed-methods study in Islamabad**  
 Hadiya J. Khuwaja, National University of Sciences and Technology, Pakistan  
 Abdul Waheed, National University of Sciences and Technology, Pakistan  
 Swaleha J. Khuwaja, King's College London, UK

**P16** **Therapeutic hospital gardens – guidelines to transition to healthy spaces**  
 Katharina Nieberler-Walker, Griffith University, Australia

**P17** **Design for wellbeing: How we design for and measure wellbeing in the built environments**  
 Georgina Blix, Blix Architecture, Australia

**P18** **Co-creating urban food futures through grassroots community engagement**  
 Andrew Jenkins, University of Salford, UK

**P19** **Bumping places: How to help a city thrive through facilitating connection**  
 Maya Ljubojevic, University of Strathclyde, UK

**P20** **From microbiome to mental health: Integrating ecourbanism, salutogenic design, and ecosystem services for resilient cities**  
 Luke Engleback, Studio Engleback, UK  
 Alessio Russo, Queensland University of Technology, Australia

- P21** Homestead Hafod Farm: A therapeutic model for community-based supported housing for those with a diagnosis of psychosis  
**Heather Macey, Makower Architects, UK**
- P22** Past models, future cities: Reimagining post-industrial urban quarters for healthy ageing  
**Marta Czachorowska, m.plus.design, Poland**  
**Katarzyna Lewoc, Anna Watkowska, OKAM, Poland**



- P23** The feminiNEI: A case study analysis of gender inclusivity in Newcastle's planning policy and practice  
**Alanis Burgess, P+HS Architects, UK**  
**Jiayi Jin, Northumbria University, UK**
- P24** Evidence-based and engagement-led asset optimisation strategies for healthy, connected communities  
**Chandkiran Nath, AECOM, UK**
- P25** The first causal impact evaluation of a child-friendly cities initiative: The Tirana school streets study  
**Simon Battisti, Qendra Marredhenie, Albania**
- P26** Making connection visible: A theory of change approach to wellbeing in urban development  
**Mary Rouse, Ebbsfleet Development Corporation, UK**  
**Peter Mandeno, Better Connected, New Zealand**  
**Weston Baxter, Imperial College London, UK**
- P27** Designing the invisible: How built environment strategy shapes community health and policy outcomes  
**Barbara Benesh, B. Grace Design, USA**
- P28** Haven  
**Stephen Parker, Adam Ferrari, Wendy Wu, Jon Sell, Jacquelyn Nemitz, Amy Seek, Illyana Bass, Stantec, USA**
- P29** Harti Hauora Tamariki: Delivering holistic care to improve child wellbeing through cross-sector action in Aotearoa New Zealand  
**Amy Jones, Nina Scott, Te Whatu Ora Health NZ, New Zealand**  
**Polly Atatoa Carr, University of Waikato, New Zealand**
- P30** Impacts of a co-designed sustainable park on physical activity and other wellbeing behaviours in a deprived UK urban area: A seven-year mixed-methods natural experimental study  
**Jack Benton, Jamie Anderson, Junyan Ye, Ellie Barker, Vanessa Macintyre, James Rothwell, Jack Wilkinson, Matthew Dennis, David French, University of Manchester, UK**

## Health creation by design: A catalyst for system change to deliver neighbourhood health ecosystems *(invite only)*

Tuesday 14 October

13.00–14.30

Room: Hexagon Room

Supported by

**Archus**

**Chair:** Sasha Karakusevic, Project director, NHS Horizons, UK

**Panel:** Beatrice Fraenkel, Non-executive director, Stockport NHS FT; director, Design in Mental Health Network, UK

**Paul Lynch**, Director of Strategy and Planning, NHS Greater Manchester, UK

**Shane Dineen**, Commercial executive, Archus, UK

**Dr Natalie Grinvalds**, Advanced Wellbeing Research Centre, Sheffield Hallam University, UK

**Prof Matt Ashton**, Director of public health, Liverpool City Council, UK

**Stephen Lenehan**, Associate director, Archus, UK

**Elspeth Anwar**, Associate of public health, Liverpool City Council, UK

**Simone Arratoonian**, Health and wellbeing programme manager (Healthy Places), North West Region, Office for Health Improvement and Disparities, Department of Health and Social Care, UK

In this roundtable, system leaders, innovators, and strategic partners explore how neighbourhood health can be embedded as a whole-system approach to health creation – integrating arts-based, VCSE-led, community, leisure, housing, healthcare, and wellbeing organisations. Themes that will be addressed include:

- > **Reframing the NHS as a neighbourhood health service:** How can care be shifted closer to home through community infrastructure and local agency?
- > **Defining the ecosystem of health creation:** What does a whole-system approach look like across housing, education, healthcare, VCSE, arts, leisure and planning?
- > **Digital infrastructure and intelligence:** What role can AI, data modelling, and real-time dashboards play in enabling neighbourhood health?
- > **Learning from leading regions:** Which cities and systems are advancing neighbourhood health, and what can we learn from them? What can we learn from how the mayoral regions are using their devolved powers to embed 'health in all policies'?
- > **Tackling health inequalities:** How can neighbourhood health models reduce disparities for the underserved in our communities – in life expectancy, healthy life expectancy, social determinants of health, and mental health?
- > **Creative health as a catalyst:** How can arts and culture drive engagement, wellbeing, and system transformation?
- > **Generating social value and embedding sustainable development:** How neighbourhood-focused care fosters community empowerment and resilience, and improves social, economic and environmental wellbeing.

## Creating healthy waterfront places *(invite only)*

Wednesday 15 October

10.30–12.00

Eden Building, Salford Central

**Chair:** Max Farrell, Founder, LDN Collective; advisor, Healthy City Design, UK

**Panel:** Kurt Partington, Head of development, Salford City Council, UK

Matthew Morgan, Director, Quality of Life Foundation, UK

Daniel Bridge, Royal Docks programme director, Greater London Authority, UK

Chris Scott, Development director, Muse Developments, UK

Richard Land, Development director, Nordic Urban, UK

Hugo Nowell, Director, Urban Initiatives, UK

Following the tour, we are convening an expert roundtable of 12 local authority, academic, public health, developer, and built environment professionals to reflect on lessons from Salford Central and similar waterfront regeneration projects. Using Salford Central as the anchor case, we'll hear comparative insights from projects at London's Royal Docks, and in other UK and international cities.

The event will be held at Muse which sits adjacent to the Eden Building, one of the UK's most sustainable workplaces, designed to be net zero in operation. Eden features Europe's largest living wall with 350,000 plants, an all-electric system, photovoltaic panels, rainwater harvesting, and high-performance design targeting BREEAM Outstanding and NABERS. Its facilities support active travel, wellbeing and climate resilience, making it an ideal setting for this discussion. The roundtable will explore:

- > How waterfront redevelopment can deliver healthy, inclusive, climate-resilient public realms;
- > The importance of a successful mix of uses and tenures in regeneration projects, including affordable housing, build-to-rent, civic and community spaces, education, heritage, hotels, leisure, mixed-use developments, offices, and public spaces;
- > The role of sustainable buildings and green infrastructure in reducing environmental and health burdens;
- > Strategies for integrating arts, culture, community engagement, and heritage to achieve long-term social and economic value.





# **Buildings that embrace the city. Places that connect with people.**

Designing buildings and spaces that interact harmoniously with the city and create social connections within their communities.

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## Shaping the Good City: Waterfront regeneration, town centres and urban densification *(invite only)*

Wednesday 15 October

13.00–14.30

Room: Hexagon Room

Supported by

**BDP.**

**Chair: Mark Braund**, Architect director, co-head of UK Housing, BDP, UK

Cities have the potential to be good for health, wellbeing, culture and the environment – but too often, regeneration falls short. As urban cores evolve in response to climate pressures, housing need, and changing patterns of work and leisure, how can we densify and diversify while still building real places that support health and equity?

This roundtable will convene 10-12 participants to explore the intersections between three critical dynamics:

- > the regeneration of waterfronts as shared civic assets and economic drivers;
- > the reinvention of town centres as anchors of social life, culture and care;
- > the opportunities and risks of urban densification in delivering affordable homes and liveable neighbourhoods.

Guided by short provocations and discussion, the group will co-develop principles for a “Good City” approach – one that balances density with wellbeing, economic growth with social value, and iconic regeneration projects with community benefit.

### Key questions:

- > How can densification strengthen health, equity and community rather than undermine them?
- > What governance and investment models ensure that waterfronts and town centres become resilient, connected hubs in the compact city?

Provocation angles for speakers

### 1. Waterfronts as civic commons, not development leftovers

- > How do we reclaim waterfronts as public spaces that shape identity, culture and wellbeing, rather than purely as sites for speculative housing and commercial real estate?
- > Example lens: the “social contract” principle – regeneration must deliver green space, cultural life and access for local people, not just private profit.

### 2. Town centres as anchors of the “Good City”


- > In the age of online retail and fragmented communities, how can town centres reinvent themselves as places of gathering, culture, and care?
- > Example lens: “building real places” – without centres, new housing developments risk being soulless estates. What governance and design models can ensure active, inclusive town cores?

### 3. Densification done well (and badly)

- > Intensification can deliver sustainable housing and better services – or it can produce overcrowded, unhealthy and inequitable neighbourhoods.
- > Example lens: brownfield first, confident bites – what’s the difference between car-dependent sprawl and compact, connected living that strengthens social and environmental resilience?

### 4. Who captures the value? Governance, equity and trust

- > Urban regeneration generates massive land value uplift. Who benefits – investors, or the communities who live there?
- > Example lens: land value capture and “master developer” approaches – can we reframe regeneration as a shared investment in health, equity and climate resilience?



Creating places  
that are **healthier**,  
**safe** and **more**  
**sustainable** where  
people can thrive.



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places for all.

We create places welcoming to all with easy access to quality green public-realm spaces. Places where people can lead safe and healthy lives: accessible, affordable and liveable. Buildings and spaces that are adaptable and diverse to meet the broadest set of cultural needs.

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# Culture + Connection Reception

Tuesday 14 October, 19.00–22.00 | The Imperial War Museum North

Arts, culture, connection and nutritious food in the immersive spaces of the Imperial War Museum North provide the backdrop for the evening networking reception, with three cultural performances from local and national community artists of different genres.

Designed by world-leading architect Daniel Libeskind, and opened in 2002, IWM North is one of five branches of the Imperial War Museums. With a modern immersive exhibition style, IWM North is distinct from other branches, aiming to present itself as a social history museum rather than a traditional military history museum, creating a fitting and stimulating environment for the evening reception.

Occupying a site overlooking the Manchester Ship Canal in Trafford Park, an area that was heavily bombed during World War II, the museum's design – an aluminium-clad structure with jutting angles – reflects both the fragmented nature of conflict and its impact on individuals and society.



Attendees will hear keynote addresses from Stephen Young, chief executive of Salford City Council, and Peter Babudu, executive director of Impact on Urban Health, Healthy City Design's Community + Impact Partner.

The evening will then unfold with vibrant performances, including steel pan music by Zolatec, spoken word poetry from Jayda David, Live + Breathe, and a performance piece by Lula Braimbridge Rogers. Guests will enjoy a selection of canapés and nutritious bowl food throughout the event.

## BeMore Breakfast. Networking Social

Wednesday 15 October, 08.00–08.45 | Quays Bar

### Connection creates change

Hosted by 360 Degree Society, this informal breakfast meet-up, linked to the Congress theme, is a chance to pause, connect, reflect and spark ideas together before the day's programme begins. After checking in at the Congress registration desk, walk around the Lowry's Quay Bar overlooking Salford Quays and past the poster gallery to join us for an inspiring conversation, great company, breakfast pastries, coffee, and space to explore ideas and expectations for the day ahead.

Organised by



# Exploring the city

Delegates can choose from several tours and experiences to explore this year's host city. Basic details are provided below, with further information available at [www.healthycitydesign.global](http://www.healthycitydesign.global)

## Invisible Cities

Experience a memorable walking tour, hosted by a local guide who has been affected by homelessness and who lives and breathes their city.

The tour provides an opportunity to experience Manchester beyond the postcard, and hear about the gritty stories that truly define a city.

Tours are organised by multi award-winning social enterprise Invisible Cities, which trains people who have experienced homelessness to become walking tour guides of their own city. Learn more on page 65.

Tickets cost £25+VAT to support Invisible Cities – please email [info@salus.global](mailto:info@salus.global) to join.

### > Tour 1: Marvellous Manchester Memories: Andy's History of Pubs

Date: Monday 13 October    Time: 17.30–19.00    Meeting Point: Lowry main entrance

Organised by



## 360 Degree Society

Take a moment away inbetween the conference and the evening reception to explore the streets, stories and social spaces of Salford Quays.

Led by the 360 Degree Society team, this guided walk invites you to experience the city's landscape through a different lens – uncovering the people, histories and ideas transforming local places into healthier, more connected communities. The walk will start at Lowry and end at the Imperial War Museum North, making it convenient for delegates to join the evening reception.

This tour is free to attend – please contact the registration desk at the Congress to join.

### > Tour 2: Stories of the Quays: Places shape people, and people shape places

Date: Tuesday 14 October    Time: 18.00–19.00    Meeting Point: Lowry main entrance

Organised by



## Salford Sunrise 5km Run

Lace up and join 360 Degree Society for an early morning 5km run around Salford Quays. A chance to clear your head, stretch your legs and take in the waterfront views before the day begins. This is a relaxed, social run – no clocks, no pressure – just good company, fresh air and space to reflect as we move together.

### > Salford Sunrise 5km Run: Movement makes us think differently (free to all delegates)

Date: Wednesday 15 October    Time: 06.45–07.30    Meeting Point: Lowry main entrance



## Salford Central tour

Join us for a guided tour of Salford Central, a landmark mixed-use regeneration led by the ECF (English Cities Fund) a joint venture between Homes England, L&G and Muse, in partnership with Salford City Council.

Once a 50-acre under-utilised area neighbouring the River Irwell and Spinningfields, the scheme has been transformed into a thriving, sustainable new urban district. You'll see more than 1000 mixed-tenure homes, alongside 770,000 sq ft of workspace, shops, community and civic uses, educational facilities, heritage assets, hotels, leisure and cultural destinations. We'll explore how new pedestrian routes, improved infrastructure, and bridge connections have been designed to knit together formerly fragmented parts of the city. The tour will highlight how walkability, cycling provision, green public realm, arts, and cultural activity are helping to create a vibrant place that improves health and wellbeing, builds community, and supports long-term prosperity.

**This tour is free to attend.**

### > Tour 3: Salford Central

Date: Tuesday 15 October      Time: 09.00–10.00

Meeting Point: Lowry main entrance at 08.15 for transfer to Salford Central





## Recognising excellence in the design and planning of healthy and sustainable cities and communities

The Healthy City Design Awards recognise innovation and excellence in conceptualising, planning, designing and delivering places and infrastructure in the urban built environment that create human health and wellbeing, and embed the principles of planetary health and sustainable development.

The suite of eight awards is structured to encourage submissions in categories that span the micro, meso and macro levels of city design and planning. These encompass design for healthy homes and workplaces, neighbourhoods, placemaking, transport and mobility, social infrastructure, city-wide developments and, finally, the contribution of the research community to advancing knowledge in this field.

The awards aim to celebrate projects, schemes and research that offer novel and well-considered means to positively impact on the physical and mental health and wellbeing of urban populations, through improvements to environmental factors; opportunities for physical activity; cleaner air; greater community agency and participation; climate resilience; diversity, equity and inclusion; and an improved quality of life for citizens of all ages.

On pp56-57 are the shortlisted entries in each category. The awards will be presented during the final session of the Congress and streamed online.







## A Tribute to Professor Rachel Cooper

It is with great sadness that we acknowledge the death of Distinguished Professor Rachel Cooper from cancer at the age of 71 and pay tribute to her enormous contribution to bringing design, urban planning and public health into closer alignment.

With her passing, the global healthy city design community has lost one of its most powerful advocates and most influential research leaders. Rachel Cooper was a founding member in 2017 of the programme committee for the first Healthy City Design Congress, and she played a major role over the next eight years in helping to create the conditions for our annual conference to flourish.

In 2024, in recognition of her brilliant stewardship and incisive knowledge, she was given the award of Healthy City Design Champion. To honour her legacy, this will be renamed the Rachel Cooper Design Champion Award from 2025 onwards.

Originally trained as a graphic designer, Lady Cooper went on to become one of the first women in the UK to complete a PhD in design. Her journey from design practice to research and policy really took off in 1990 when she joined Salford University and received a chair in design management. In 2006, she moved to Lancaster University to lead a powerhouse new research centre, Imagination Lancaster, a base from which she was able to exert an extraordinary influence right across the landscape of design research, nationally and internationally.



Her output was prolific with a steady stream of publications, supervisions, awards and official roles, including President of the Design Research Society. Peter Lloyd, chair of the Design Research Society, paid this tribute: *“Rachel was utterly unique and irreplaceable. Her strategic thinking, her strong, committed leadership, and her incredible work ethic helped to shape so much of what we call design research today.”*

I enjoyed a close working relationship with Rachel Cooper at the Royal College of Art, where she was a trusted adviser to the Helen Hamlyn Centre for Design, co-organiser of this Congress, and to the RCA more generally. Her breadth of thinking encompassed cities, communities and the built environment, making important links between planning, policy and health outcomes. Rachel was a fantastic mentor, a generous colleague and a real friend to so many researchers and designers in the field. The heartfelt tributes paid on her death from those who came into her orbit bear testament to the scale of her achievements.



### Professor Jeremy Myerson

Co-founder, Healthy City Design;  
chairman, WORKTECH Academy;  
professor emeritus, Royal College of Art, UK



## Shortlist and Awards poster gallery

### Healthy homes and neighbourhoods

- A01 Citizens House**, Commissioned by London Community Land Trust; Designed by Archio (*image top-left p54*)
- A02 The Finley Street Cottages**, Designed by Kronberg Urbanists + Architects (*image 1*)
- A03 Future Phases of Eddington, North West Cambridge**, Commissioned by University of Cambridge Estates Division; Designed by Hawkins\Brown
- A04 Healthy Thermascapes: Landscape Design for Extreme Heat Adaptation**, Designed and developed by Texas A&M University

### Healthy transport and mobility

- A05 Bradford City Centre Walking and Cycling Improvements**, Designed by Planning, Transportation & Highways Service, City of Bradford Metropolitan District Council (*image 2*)
- A06 Care in Transit: Designing for Passengers, Transport Operations and Homeless Support** Commissioned by Transport for NSW; Designed by Latrobe University; Developed by Inclusive Design (*image 3*)



(Images 1-3)

### Healthy placemaking for community impact

- A07 Queensland Gardens**, Commissioned by Southside Housing Association; Designed by RaeburnFarquharBowen Landscape Architects (*image top-right p54*)
- A08 Shadsworth Park and Youth Hub**, Commissioned by Newground Together; Designed by MCAU (*image 4*)
- A09 The Super Slow Way Linear Park**, Commissioned by Super Slow Way; Designed by BDP

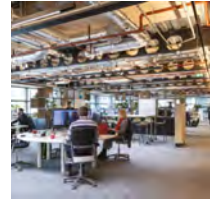
### Healthy social infrastructure

Supported by **THERME** Manchester

- A10 The Homestead Community Network**, Designed by Makower Architects (*image 5*)
- A11 St Mary's School Catholic Voluntary Academy**, Commissioned by the Department of Education; Designed by Hawkins\Brown (*image 6*)



(Images 4-6)



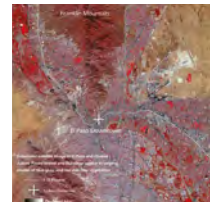
(Images 7-9)

### Healthy workplaces

- A12 **Lenovo Farnborough**, Commissioned by Lenovo; Designed by Area (*image 7*)
- A13 **Project Emerald GSK HQ**, Commissioned by GSK; Designed by PENSON (*image 8*)
- A14 **Arup's Birmingham Office at One Centenary Way**, Commissioned by Arup; Designed by HOK; Delivered by Overbury (*image 9*)

### Regenerative design for the public realm

- A15 **Woodside Making Places**, Commissioned by Queen Cross Housing Association; Designed by RaeburnFarquharBowen Landscape Architects (*image 10*)
- A16 **Santa Brígida Town Square**, Commissioned by Instituto20grados; Designed by LPA Studio (*image 11*)
- A17 **Designing Heat-Healthy Cities: Landscape Strategies to Mitigate Extreme Heat in El Paso**, Designed and developed by Texas A&M University (*image 12*)



(Images 10-12)

### Design research for healthy cities

- A18 **Co-mapping future scenarios and uncertainties amid climate crisis: A collective study of coastal towns and the Port of Tyne**, Authored by Jiayi Jin, Northumbria University, Richard Laing, Northumbria University, Mingyu Zhu, University of Glasgow
- A19 **Healthy Cities: A visual conceptual framework for moving knowledge into urban planning practice**, Authored by Anna Gabriela Hoverter Callejas, Internacional de Catalunya, Pere Vall Casas, Internacional de Catalunya, Giselle Sebag, International Society for Urban Health
- A20 **A healthy placemaking approach for London Bridge: The role of Business Improvement Districts in promoting health and wellbeing**, Authored by Rob Anderson and Daniel Reast, Centre for London; Funded by Team London Bridge



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## SALUS Global Knowledge Exchange

SALUS is an entrepreneurial global media, research, publishing, events and training organisation with a vision to improve human and planetary health through the global exchange of knowledge.

Our mission is to create, share and disseminate knowledge about the relationship between human health and the natural, built and social environments. We view the two great challenges of our age – the need to create and improve human health at the same time as protecting the health of the planet in a changing climate – as inextricably linked. We execute our mission through an integrated mix of knowledge-based activities including:

**Healthy City Design International Congress:** Launched in 2017, the Congress brings together leading researchers, practitioners, investors, city leaders, community activists and policy thinkers from across the fields of urban planning, public health, housing, real estate, transport, education, healthcare and sustainable development. Following six years in London, the Congress now moves between different UK cities every two years, partnering with the host city. In 2023 and 2024, it was held in Liverpool at the Royal College of Physicians' northern home, The Spine. For the first time in 2025, it will be moving to The Lowry in MediaCity, Salford, Greater Manchester, scheduled for 14–15 October.

**European Healthcare Design Congress:** Launched in 2015, the Congress brings together 1,000+ interdisciplinary researchers and practitioners, in person and virtually, from the fields of health system and service design, technology and infrastructure. The Congress is widely recognised as a global industry leader.

**Future Health 2050 International Symposiums:** Our programme of one-day international symposiums provide a deep dive into a range of specialist themes. Previous symposiums have included: Cancer Care Design International; Sustainable Healthcare Design; and Health Policy, Planning and Investment.

**EHD and HCD LIVE:** Making the virtual experience richer and more entertaining, EHD and HCD LIVE enable talks and content from our events and webinars to be live streamed and made available on demand for audiences to access anywhere around the world, making knowledge on designing for human and planetary health more accessible.

**The SALUS journal and online community:** A resource providing a digital platform for publishing, mapping and archiving research, policy and practice in the field of designing for human and planetary health. In eight years, SALUS has published more than 7,500 articles and abridged research papers, and 4,000 hours of video talks and posters.

**Research advisory:** In collaboration with its global network of researchers, practitioners and policy thinkers, SALUS's independent research advisory supports city planning authorities and national and local health systems to develop their future thinking and strategy at the intersection of design and planning for health, wellbeing and sustainable development.



#### Contact

Dr Chris McGinley,  
Senior research fellow, age and  
diversity research leader

[www.hhcd.rca.uk](http://www.hhcd.rca.uk)

#### The Helen Hamlyn Centre for Design, Royal College of Art

The Helen Hamlyn Centre for Design in London is the Royal College of Art's largest and longest-running centre for design research.

We are an international leader in people-centred and inclusive design – the process of designing products, services and systems for ease of use by the maximum number of people.

Founded in 1991 and endowed by the Helen Hamlyn Trust, our purpose is to conduct design research and projects with industry that will contribute to improving people's lives.

Our interdisciplinary approach is based around a series of interlocking research activities related to design for ageing, health, work, mobility and cities.

We've developed empathic and innovative research methods, working in partnership with a wide range of business, industry, government, academic and third-sector partners.

Our expertise in healthcare has also extended from design policy and information to the development of systems, services and products. Our projects include a total redesign of the interior space of the emergency ambulance.

### Salford City Council

#### Contact

Sarah Ashurst,  
Head of partnerships and  
investment

[www.salford.gov.uk](http://www.salford.gov.uk)

### Salford City Council

Salford City Council is the local authority for the City of Salford, a metropolitan borough with city status in Greater Manchester. As a metropolitan borough council, it provides the majority of local government services in the city.

The council has been a member of the Greater Manchester Combined Authority since 2011, which has been led by the directly elected Mayor of Greater Manchester since 2017. The combined authority provides strategic leadership and co-ordination for certain functions across Greater Manchester; notably transport and town planning, but Salford City Council continues to be responsible for most local government functions.

From recognition by the property industry as City of the Year and planting more than 2000 trees, to improving school attendance and building more than 2500 new homes, the council is focused on improving the city for all those who live and work in it.

Salford City Council's vision is to create a fairer, greener, healthier and more inclusive city for all. To achieve this, the council set out seven interconnected priorities as the focus for its work from 2024 to 2028. These are:

- > good growth;
- > a good home for all;
- > tackling poverty and inequality;
- > creating places where people want to live;
- > a child-friendly city;
- > responding to climate change; and
- > healthy lives and quality of care for all.



#### Contact

Caroline Aikman,  
Director of marketing and place

[www.mediacityuk.co.uk](http://www.mediacityuk.co.uk)

### MediaCity

MediaCity X The Quays is a waterside destination located two miles outside of Manchester city centre. It brings together national powerhouses including BBC, ITV and University of Salford alongside world-class cultural institutions such as Lowry arts centre.

MediaCity X The Quays is excited to be the destination for the 9th Healthy City Design 2025 International Congress, with its history of delivering thriving partnerships blending public and private sectors and providing an enhanced delegate experience within a highly innovative campus.

## Impact on Urban Health

### Community + Impact Partner

#### Contact

Sham Rajyaguru,  
Communications manager

[www.urbanhealth.org.uk](http://www.urbanhealth.org.uk)

### Impact on Urban Health

Impact on Urban Health works to make urban areas healthier places for everyone that lives in them.

We do this by focusing on a few complex health issues that disproportionately impact people living in cities – children's health and food, the financial foundations for adult health, the health effects of air pollution, and children's mental health.

Our programmes are long-term and formed of partnerships at local, borough, national and international scales. Using our funding and expertise, we back home-grown initiatives, evidence-based approaches from around the world, and exciting, brand-new ideas.

As a funder, we concentrate our efforts where evidence shows we will have the greatest impact and then layer up multiple initiatives that approach the issue from different angles.

Part of Guy's & St Thomas' Foundation, we work in the London boroughs of Lambeth and Southwark and share insights from our work to improve health in London and other urban places.

## Cities HEALTH

### Journal Partner

#### Contact

Marcus Grant,  
Editor in chief

Hannah Arnett,  
Senior editor

[www.tandfonline.com/journals/rcah20](http://www.tandfonline.com/journals/rcah20)

### Cities & Health

The international journal *Cities & Health* provides an innovative platform supporting the curation and communication of research for policy and practice. The journal's core focus is city planning, design and spatial governance for population health, planetary health and healthy equity.

The journal acts to support networks and communities with similar aims. It's committed to developing a shared evidence base, encouraging better cross-disciplinary understanding and supporting critical transdisciplinary practices.

The journal publishes papers and commentaries from researchers, practitioners and policymakers working to build a new wisdom for supporting healthier cities.



# Therme Manchester

# Be Well. Have Fun.



## Therme Manchester's role in creating healthy cities

Wellbeing for all: Therme Group is a global wellbeing leader, driven by an inclusive vision of 'Wellbeing for All'. Therme Manchester aims to become a beacon of wellbeing and part of the city-region's social infrastructure. Therme Manchester will welcome over 2 million guests annually who can enjoy a year-round 33°C climate with warm lagoons and botanical gardens supported by advanced sustainable design. Blending ancient thermal traditions with modern experiences, it offers; saunas, steam rooms, water slides, wave pools, healthy food, art, alongside affordable luxury spa, health, and fitness therapies.

### Responding to local needs

- Our social value purpose, made in and for Manchester, is to create transformative urban wellbeing for all by developing skills, generating jobs, and providing opportunities that positively impact individual, community and environmental wellbeing
- Therme Manchester responds to a demand for shared community spaces, serving as a new form of social wellbeing infrastructure, as essential to any city as facilities such as theatres, museums, libraries, sports complexes, and parks.

### A sustainable future for wellbeing

- Therme Manchester is the UK's first large-scale spa facility to be constructed according to the prestigious LEED Platinum certification
- We are committed to sustainability with a pathway to net zero carbon operations, achieving 92% water, recycling and using renewable energy sources such as solar panels and ground-source heat pumps.

## THERME Manchester

### Social Value Partner

#### Contact

Rob Creber,  
Head of social value and  
partnerships

[www.thermemanchester.co.uk](http://www.thermemanchester.co.uk)

### Therme Manchester

Therme Group is pioneering the future of wellbeing by blending ancient thermal bathing traditions with cutting-edge technology, awe-inspiring architecture, and sustainable design to create one-of-a-kind wellbeing resorts. These facilities reconnect people with nature, themselves, and each other.

Set to welcome 1.7 million guests in its first year, Therme Manchester will be the Group's first UK site, featuring a year-round indoor climate of 33°C, made possible by a sustainable glass design.

Our spacious resort blends the ancient tradition of healing thermal waters with multi-sensory sauna rituals, steam rooms, water slides, a wave pool, and affordable luxury across spa therapies, health and fitness experiences.

The resort is located on an 11.5-hectare-plus site south of the Bridgewater Canal in the western quadrant known as TraffordCity. This area has been developed to become central to the retail and leisure offer of the region, with the Trafford Centre acting as a key attractor. This major indoor shopping destination is visited by more than 30 million people per year.

Environmental consciousness is at the heart of Therme Group – we are actively creating a sustainable future for wellbeing. Therme Manchester will integrate plants, trees and water experiences across our resort on an unprecedented scale, bringing the benefits of nature to an urban setting.

Our social value purpose, made in and for Manchester; is to create transformative urban wellbeing for all, by developing skills, generating jobs, and providing opportunities that positively impact individual, community and environmental wellbeing.

Therme Manchester will respond to a demand for shared community spaces, serving as a new type of social hub for the North West of England. From waterslides and a wave pool, to concerts and exercise classes, Therme Manchester will support community wellbeing through relaxation, recreation and fun.



### Contact

Jaime Bishop,  
Chair

[www.architectsforhealth.com](http://www.architectsforhealth.com)

## Architects for Health

For over 30 years, Architects for Health has been a forum for sharing best practice, knowledge, innovation and thought leadership in the healthcare built environment. With more than 750 members from over 500 organisations, our membership reflects the growing range of skills and expertise necessary to design healthcare spaces fit for the future. We welcome NHS members for free, collaborate with academic partners such as the Bartlett Real Estate Institute, and work with universities across the UK and internationally, encouraging talented architects to work in a sector where their skills can deliver tangible social value. As partners to SALUS Global Knowledge Exchange, we support an academic and practitioner programme at the annual European Healthcare Design Congress and celebrate successful healthcare design in our communities and on our highstreets at the Healthy City Design Congress.

## THE ACADEMY OF URBANISM

### Contact

Harry Knibb,  
Director

Christine Smallwood,  
Managing director

[theaou.org](http://theaou.org)

## The Academy of Urbanism

The Academy is an active, not-for-profit, politically independent membership organisation founded to expand our collective understanding of placemaking and share best practice. We bring together current and next generations of leaders, thinkers and practitioners spanning the disciplines and sectors that contribute to great places. Through our events, activities and programmes, we draw out and disseminate examples and lessons of good urbanism. We use the evidence we gather to promote better understanding of how the development and management of the urban realm can provide a better quality of living for all.



### Contact

Monika Czechowska-Rawson,  
Partnerships events

[cp.catapult.org.uk](http://cp.catapult.org.uk)

## Connected Places Catapult

The Connected Places Catapult is the UK's innovation accelerator for cities, transport and built environment. We help grow the UK economy by driving the commercialisation of emerging innovations and new technologies in transport and the built environment in our towns and cities. We run technology demonstrators and SME accelerators to scale new solutions that drive growth, spread prosperity, and eliminate carbon..



### Contact

Joe Sarling,  
Strategic director

[www.gmmoving.co.uk](http://www.gmmoving.co.uk)

## Greater Manchester Moving

Greater Manchester Moving is a leading Greater Manchester charity changing lives and supporting health creation through movement, physical activity, and sport. We lead, support and connect people and partners to develop and deliver on the whole-system vision and approach to GM Moving in Action. Our shared mission is to enable active lives for all.

We engage and influence the system at all administrative and geographical levels, and we work with partners across a range of connected priorities, including place partnerships; mental, physical and population health; built environment; people, families and communities; sports organisations and national bodies; and active travel..

**Contact**

Sem Lee,  
Network engagement lead

[healthinplanning.wordpress.com](http://healthinplanning.wordpress.com)

## Health and Wellbeing in Planning Network

Our mission is to foster a collaborative transdisciplinary community of practice that advances the integration of health and wellbeing into the planning system through shared knowledge and capacity building. We connect practitioners, researchers, policymakers and community partners across disciplines to create healthier, more equitable places for all communities. We have also set up a Community of Practice for this Network:

The Community of Practice aims include:

- 1) Building community and capacity: To cultivate a supportive, diverse network of practitioners and strengthen individual and organisational capabilities to deliver health-promoting environments.
- 2) Sharing knowledge and driving innovation: To foster continuous learning, evidence sharing, and innovative approaches across the health and planning interface.
- 3) Enabling systems change: To support the embedding of health as central to planning processes, policies and partnerships at all levels.

**Contact**

Andy Cameron-Smith,  
Communications director

[www.healthyhomeshub.uk](http://www.healthyhomeshub.uk)

## Healthy Homes Hub

At Healthy Homes Hub, we believe every home should be a healthy one, because the place you live should never make you ill.

We bring together housing providers, policymakers, contractors, academics, and health professionals with a single aim: to put health at the heart of housing. By connecting these voices, we turn challenges into practical solutions and ensure healthier homes aren't just an aspiration...they are a reality.

The Hub is more than a network. It's a space where knowledge is shared, innovation is tested, and collaboration drives real change. Whether it's tackling damp and mould, setting the bar for retrofit, improving air quality, or shaping future policy and finance models, we help housing providers take action that makes homes safer, warmer, and better for the people who live in them.

We are a membership body driving collaboration for healthier living environments, a knowledge resource giving providers the insight they need to deliver healthy homes, and a strong voice and platform articulating the value of good health in the home – and why it matters for residents, landlords, and communities alike.

### INTERNATIONAL SOCIETY FOR URBAN HEALTH

#### Contact

Giselle Sebag,  
Executive director

[www.isuh.org](http://www.isuh.org)

### International Society for Urban Health

The International Society for Urban Health (ISUH) is the only global non-profit dedicated to advancing healthier, more equitable cities. Through its annual International Conference on Urban Health and year-round initiatives, the ISUH brings together leaders from public health, design, planning, policy, and community sectors to translate evidence into action.

With a global reach and a commitment to local impact, the ISUH partners with organisations worldwide to tackle climate resilience, social determinants of health, and inclusive urban development – helping cities design environments where all people can thrive.

### INVISIBLE CITIES

#### Contact

Zakia Moulaoui,  
Founder and CEO

[www.invisible-cities.org](http://www.invisible-cities.org)

### Invisible Cities

Invisible Cities is a multi award-winning social enterprise that trains people who have experienced homelessness to become walking tour guides of their own city. It runs walking tours of six locations, including Manchester. Awarded Best Community Tour in the world by Lonely Planet in 2021, it runs training programmes on transferable skills, such as public speaking, customer service, and storytelling, and employs people directly to deliver walking tours.

### ISGlobal Barcelona Institute for Global Health

#### Contact

Carolyn Daher,  
Co-ordinator, Urban Planning,  
Environment and Health Initiative

[www.isglobal.org](http://www.isglobal.org)

### Barcelona Institute for Global Health – ISGlobal

ISGlobal is a consolidated hub of excellence in research. The Climate, Air Pollution, Nature and Urban Health research programme and the Urban Planning, Environment and Health Initiative aim to strengthen the evidence base in the field of the health effects of climate change and urban exposures, and assess the health co-benefits of climate action.

The focus is on exposures such as air pollution, temperature, green spaces, and noise, and in outcomes such as premature mortality, cardiovascular and respiratory health, and cognitive function. This research is complemented by computational modelling of global climate variations and tipping points, and their impact on health.

We generate impact in society through knowledge translation activities and collaborations across different sectors. The end goal is to support healthy (urban) living, and forecast and reduce the health impacts of climate change.

### LDN COLLECTIVE

#### Contact

Max Farrell,  
Founder and CEO

[www.ldn-collective.com](http://www.ldn-collective.com)

### LDN Collective

LDN Collective is a network of 50 built environment experts and creatives working to improve people's lives and the planet's prospects.

As self-employed entrepreneurs, we can tailor-make teams without the overheads – convening and disbanding for place-based projects like a film's cast and crew. Whether you are private, public or non-profit, we can turn your vision into a reality and make tomorrow's city today.

**Contact**

Camilla Siggaard Andersen  
Founder

[www.occasio.cc](http://www.occasio.cc)

**Occasio**

Research estimates Fortune 500 companies lose at least \$30 billion annually by failing to share knowledge, and waste 2.4 billion hours just searching for information. We may be more informed than ever, but the struggle to find the right words at the right time persists.

Occasio is your library of trustworthy, timeless insights. Our online platform helps people and organisations effectively capture, recycle, and share key points from anywhere and anytime, all in one place. Use it to crowdsource insights, recycle key points, and uncover different perspectives. You'll always maintain source transparency, giving your original ideas maximum credibility.

Please get in touch to inquire about enterprise plans and tailored support for your knowledge-sharing needs.

**Contact**

Daniel Black,  
Research director

[truud.ac.uk](http://truud.ac.uk)

**TRUUD**

TRUUD (Tackling Root Causes Upstream of Unhealthy Urban Development) is a research programme helping to change the way urban areas are planned and developed to improve health and reduce health inequalities.

Led from the University of Bristol, with five other universities, TRUUD brings together experts from academia, industry and government to create new tools and processes for healthier cities. The programme counts the cost of poor health, works with communities to communicate the issues they face, and maps out the decision-making process in creating urban environments.

TRUUD has seven main areas of intervention that seek to: change corporate mindsets; provide new valuation mechanisms for real estate investors and national government; support local government in impact assessment and key indicators; and develop new ways of empowering local communities. The consortium includes the Universities of Bath, Bristol, Reading, Manchester, Stirling, and the University of the West of England.

**Contact**

Julia Thrift,  
Director of healthier placemaking

[www.tcpa.org.uk](http://www.tcpa.org.uk)

**Town and Country Planning Association**

The Town and Country Planning Association's (TCPA) vision is for homes, places and communities in which everyone can thrive. Our mission is to challenge, inspire and support people to create healthy, sustainable and resilient places that are fair for everyone.

Our strategic priorities are to:

- >work to secure a good home for everyone in inclusive, resilient and prosperous communities, which support people to live healthier lives;
- >empower people to have real influence over decisions about their environments, and to secure social justice within and between communities; and
- >support new places and transform existing places to be adaptable to current and future challenges, including the climate crisis.



**Contact**  
Erin Sharp-Newton,  
Director

[www.urbandesignmentalhealth.com](http://www.urbandesignmentalhealth.com)

### Centre for Urban Design and Mental Health

Launched in 2015, the Centre for Urban Design and Mental Health (UD/MH) is an international think tank focused on answering one question: how can we design better mental health into our cities? Urban planners and designers are only just starting to understand the huge potential opportunities for impact and value in designing for good mental health.

With fellows and associates around the world, UD/MH brings together diverse evidence, promotes strategic research, catalyses conversations, and develops practical guidelines to inspire and empower policymakers, planners and designers to systematically integrate public mental health into their work.



**Contact**  
Yonette F. Thomas,  
Founder and president

[urbanhealth360.org](http://urbanhealth360.org)

### Urban Health 360

We are a team of multidisciplinary thinkers, passionate about the health of urban populations around the world. Our number-one objective is helping urban poor communities engage in organised efforts and activities that will improve individual, familial, and the collective community's health.

By helping urban poor communities zero-in on the health-related issues impacting them as individuals and families, we expect to have a positive effect on all sectors. We believe that poor urban communities are strengthened when their members are healthier and when they have the necessary information, tools and support to change their own lives.



**Contact**  
Jeremy Myerson,  
Chairman

[www.worktechacademy.com](http://www.worktechacademy.com)

### WORKTECH Academy

WORKTECH Academy is the leading global research platform and member network exploring how we'll work tomorrow. We look at innovation in the world of work and workplace through five key streams: people, place, technology, design, and culture.

We engage with our network of over 14,000 individual subscribers and more than 90 corporate, design and technology organisations to deliver content on the latest trends, research and best practice in work and workplace.



**Contact**  
Kris Mackay,  
Chief social impact officer

[www.360degreesociety.org](http://www.360degreesociety.org)

### 360 Degree Society

The 360 Degree Society is a social enterprise with a mission to put people at the heart of placemaking. Born from the work of Well North Enterprises and Prospect Business Consulting, we're building a movement of changemakers who want to create healthier, fairer and more connected communities.

Our team brings decades of experience from landmark projects like the Bromley by Bow Centre, the Queen Elizabeth Olympic Park and the Well North programme. Today, we work with public and private partners to unlock potential in people and places – helping leaders, businesses and communities tackle complex challenges together. We believe placemaking works best when it's entrepreneurial, collaborative and co-designed with local people.

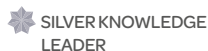


# AECOM

## Contact

Richard Mann,  
Healthcare and science leader/  
Director

[aecom.com](http://aecom.com)



## AECOM

AECOM is a global infrastructure leader, committed to delivering a better world. As a trusted professional services firm powered by deep technical abilities, we solve our clients' complex challenges in water, environment, energy, transportation and buildings. Our teams partner with public- and private-sector clients to create innovative, sustainable and resilient solutions throughout the project lifecycle – from advisory, planning, design and engineering to programme and construction management.

We design and deliver communities that are healthier, more connected, and equipped to thrive in the long term. Our teams are engaged across the full urban ecosystem, from transport and energy systems to social infrastructure, public spaces, and healthcare facilities. By combining technical expertise with progressive planning and design, we create outcomes that generate measurable social value, enhance wellbeing, and support inclusive economic growth.

# Archus

## Contact

Shane Dineen,  
Commercial executive

[archus.uk.com](http://archus.uk.com)



## Archus

Archus is a specialist consultancy dedicated to transforming healthcare by improving access, managing change, and strengthening assurance and governance across healthcare environments. As an integrator, we connect creative health into a broader health creation ecosystem, embedding equity, data and infrastructure into the heart of neighbourhoods.

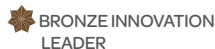
We serve a wider social purpose: enabling transformation across health and care systems through integrated, data-driven and co-designed solutions. Our work is grounded in partnership, driven by impact, and shaped by the belief that better outcomes for everyone are only possible when we work together.

# BDP.

## Contact

Ged Couser,  
Principal

[www.bdp.com/uk](http://www.bdp.com/uk)



## BDP

BDP is a leading, global, multidisciplinary design practice united by a shared purpose: to design a world that's built for good. For more than 60 years, we've been solving problems, creating innovative spaces, and pushing the boundaries of what's possible. We're pioneers in the world of design, and our legacy is built on the meaningful, people-centred places we've brought to life.

We're a diverse, international practice of architects, engineers, designers, and urbanists. We work closely with our clients, users and communities to craft spaces for living, working, learning and enjoying life. With studios spanning the UK, Ireland, Europe, Asia, and North America, our reach is as broad as our expertise. And since joining forces with Japan's Nippon Koei in 2016, our ability to deliver integrated, impactful design has only grown stronger.

Our work is rooted in creativity, quality, and collaboration. We believe that great design removes barriers and opens new possibilities, all while meeting the demands of a constantly evolving world. Whether we're designing homes, workplaces, or public spaces, we always put people at the heart of our thinking, ensuring that the environments we create are not just functional but also inclusive, beautiful, and socially and environmentally responsible.

# BVN

## Contact

Matthew Blair,  
Principal

[www.bvn.com.au](http://www.bvn.com.au)



**SILVER KNOWLEDGE  
LEADER**

## BVN

BVN is a global architectural practice with a 100-year legacy and studios in London, Sydney, Brisbane, and New York. We're dedicated to shaping environments that enhance human health and wellbeing, with a strong focus on innovation, sustainability and adaptability. Our expertise spans workplace, civic, education, residential, healthcare, and urban design – allowing us to create places that seamlessly integrate wellness into everyday life.

As long-standing leaders in healthcare design, we've delivered some of Australia's most advanced hospitals and health precincts. Now, as we expand our presence in the UK and Ireland, we're also deepening our engagement in healthy city design – applying our knowledge of people-centred environments to shape more resilient, inclusive, and thriving urban spaces.

Our approach goes beyond individual buildings; we design environments that support whole-life health. From hospitals and workplaces to schools, universities, public spaces, and entire precincts, we aim to create places where people and communities can live well at every stage of life.

We believe the built environment plays a critical role in shaping healthier futures. By applying our global insights to local challenges, we design spaces and contribute to cities that ensure a healthier, more resilient world for all.

BVN UK strategy director Esme Banks Marr proudly sits as a member of the Healthy City Design advisory group.



## Contact

Simon Chenery,  
Director

[www.hlmarchitects.com](http://www.hlmarchitects.com)



**SILVER KNOWLEDGE  
LEADER**

## HLM Architects

HLM is a leading design practice with six studios in the UK and Dublin. We're architecture, landscape and interior specialists with deep sector insight. We design places of education that inspire, healthcare environments that nurture, homes that are part of thriving communities, and infrastructure that is sustainable in every sense. It's this sense of social purpose that drives us on and is at the heart of everything we do.

We recognise the importance of design quality, sustainability, and innovation in the creation of truly healthy cities. Our services cover architecture, interior architecture, landscape architecture, masterplanning and environmental sustainability.

We've a proven track record and expertise in the design and scale of projects, from masterplanning and urban design to workplace consultancy, and acute and primary healthcare. This cross-sector, cross-disciplinary approach and expertise within our business allows us to provide robust, trusted advice across the board.

Our approach encourages clients to look beyond the present and develop future planning that fosters inherent value within their organisations and communities. We are passionate about ensuring that projects of all shapes and sizes consider their whole-life impact – environmentally, socially and economically.

## LLEWELYN DAVIES

### Contact

Robert Etchell,  
Director

[www.ldavies.com](http://www.ldavies.com)



SILVER KNOWLEDGE  
LEADER

### Llewelyn Davies

The original partnership of Llewelyn-Davies Weeks was founded in 1960 by (Lord) Richard Llewelyn-Davies and John Weeks, both innovators in the design of flexible, highly serviced environments.

Llewelyn Davies has since pioneered new thinking in the planning and design of health and science buildings, delivering more than 250 hospital projects in 80+ countries, by employing an adaptive, intelligent approach to create high-value solutions for complex building types.

At the same time, Llewelyn Davies is established as one of the UK's leading masterplanners. From Milton Keynes to the urban renaissance agenda of the 21st century, through policy guidelines and development strategies, the company has influenced the UK Government's vision for planning and design. The international export of this knowledge has led to commissions for Llewelyn Davies in six continents.

These combined specialist skills of hospital design and masterplanning provide a cogent force for reinvention and renewal, as recently demonstrated in the successful planning approval of the 70,000 sqm Our Hospital project in Jersey.

## MUSE

### Contact

Chris Scott,  
Development director

[www.museplaces.com](http://www.museplaces.com)



BRONZE INNOVATION  
LEADER

### Muse

We are placemakers. For over 40 years, we've been shaping sustainable, inclusive communities across the UK. At Muse, we believe regeneration is about more than buildings; it's about people, partnerships, and long-term impact. From Bristol to Salford, Bradford to Wolverhampton, our work transforms overlooked spaces into vibrant, mixed-use neighbourhoods that thrive.

We're proud to lead the way in environmental and social innovation, from delivering Europe's largest living wall to creating the North West's biggest collection of Passivhaus-certified homes. Our commitment to ESG runs deep, and our partnerships with local authorities, Homes England, and Legal & General enable us to deliver places that matter.

Through initiatives like the Muse Academy, we're opening doors for young people and building a more inclusive future for the built environment. Every project we deliver is rooted in purpose, designed to leave a lasting legacy.

## Ryder

### Contact

Paul Bell,  
Partner

[www.ryderarchitecture.com](http://www.ryderarchitecture.com)



SILVER KNOWLEDGE  
LEADER

### Ryder Architecture

We are more than an architectural practice – we're a team of teams with diverse and extensive expertise. We lead projects in our unique integrated way, delivering exceptional value and a positive impact for our clients and communities.

Founded in Newcastle upon Tyne in 1953, we now have teams collaborating across the UK and internationally, with a shared commitment to our ethos of 'Everything architecture' – to improve the quality of the world around us and, in doing so, improve people's lives.

# BVN

Collective creativity to design  
a better future.



Architecture  
Interior Architecture  
Urban Design  
Strategy



LONDON

|

SYDNEY

|

NEW YORK

|

BRISBANE