



# Healthy City Design

OCT  
14-15

## PRELIMINARY PROGRAMME

> RESEARCH  
> POLICY  
> INVESTMENT  
> PRACTICE



LOWRY

MEDIACITY | SALFORD  
GREATER MANCHESTER



**Transitions to health**  
Impact through planning,  
policy and investment

Early-bird deadline: 10 Sept  
Register today at:  
[www.healthycitydesign.global](http://www.healthycitydesign.global)

Organised by



Destination City Partners



Community + Impact Partner



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Silver Knowledge Leaders



## Provisional timetable

### July 2025

Launch of Awards Call for Entries  
Launch of the Preliminary Programme

### 4 September 2025

Deadline for HCD2025 Awards entries

### 10 September 2025

Deadline for early-bird, speaker registration  
and manuscripts

### 13 October 2025

17.30-19.00: Invisible Cities walking tour

### 14 October 2025

08.00-18.00: HCD2025 Congress & Exhibition  
18.00-19.00: Salford Quays walking tour  
19.00-22.00: Culture + Connection Reception

### 15 October 2025

08.00-17.00: HCD2025 Congress & Exhibition  
17.00-18.00: HCD2025 Awards ceremony

### 16 October 2025

09.00-12.30: Invisible Cities walking tours

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# Transitions to health

## Impact through planning, policy and investment

As policymakers, practitioners and investors explore fresh ways to create healthier cities and communities that promote inclusive economic growth and social development, there are reasons to be optimistic in 2025

Around the world, new agendas are emerging with a renewed focus on the wider determinants of health that are embedded in our urban plans, communities, major infrastructure and the built environment. This perspective is vital to embracing a whole-system approach to urban health and health inequalities.

In the UK, the new Government has announced a ten-year plan to “fix the NHS”, centred on three important transitions: moving health services from hospital to the community; shifting systems from analogue to digital; and refocusing from treating sickness to health prevention.

All three play directly into the wider healthy city agenda, which advocates for compact neighbourhoods with care services closer to home, smart city integration, and the design of the urban realm as an enabler of healthier lives and choices.

A report by the NHS Confederation, *‘The State of Integration at Place’* (2024)<sup>1</sup>, underscores the importance of place in “tackling inequalities, delivering more proactive, preventative care, delivering a ‘community first’ health service, and contributing to social and economic development”.

The UK’s *Chief Medical Officer’s annual report on health in cities*<sup>2</sup> for 2024 also identifies physical activity through walking and cycling, access to healthy food, and the outdoor leisure environment as key determinants of urban health. As Prof Chris Whitty observes: “The health of our cities is very important for the health of the nation.”

Key to the challenge of creating healthier cities for all is finding solutions to a housing crisis, globally and in the UK, marked

by a severe shortage of affordable and adequate homes, as rising costs outpace incomes, leading to homelessness and substandard living conditions. Planning reforms, local government reorganisation and devolution offer hope in the UK, so long as health, community building, and sustainable development are not swept to one side in the ‘rush to build’.

### Investing in health to drive growth

As countries strive for growth, placing health at the front and centre of social and economic policy and investment is increasingly at the heart of national and municipal government strategies, in recognition that rising economic inactivity, lower productivity, and less innovation and creativity are being driven by declining population health and widening health inequalities.

Clearly, there is now growing momentum behind driving the transitions towards a healthier city that are community-based, digital and preventive. The new mood in the UK is mirrored internationally. How can these transitions be achieved in cities through investment, research, development, planning, design and delivery; and what can those cities learn from each other?

There is great significance in Salford, as the destination for this year’s Congress, as a place that can share many recent stories about urban regeneration and redevelopment. The Congress venue at the Lowry itself is a potent symbol: a derelict dockland site transformed into a vibrant art centre that has contributed to the wellbeing of the community for 25 years.

Salford sits within the framework of Greater Manchester, which, as a recent King’s Fund report<sup>3</sup> points out, has been a ‘poster child’ for devolution in England. The journey Greater

Manchester has been on towards more local, community-based control over health has significant lessons for impact investment, development and participatory design.

### Empowering mayors to promote health

As cities in the UK and around the world invest more powers in city and regional mayors, their role in addressing the wider determinants of health and reducing health inequalities to help attract investment and underpin economic growth prosperity locally, can give control back to local communities.

We look forward to welcoming you to this year's 9th Healthy City Design 2025 International Congress, Exhibition and Awards, hosted for the first time in Salford, Greater Manchester. Register today and join us for ten streams, featuring more than 150 talks, workshops, panels and Video+Poster presentations of the latest research evidence, best practice project case exemplars, new policy ideas, and innovative investment strategies in the way we plan and design our cities and communities to be fairer, healthier and more sustainable.

1. The State of Integration at Place. NHS Confederation, 27 November 2024.

2. Chief Medical Officer's annual report: health in cities. December 2024

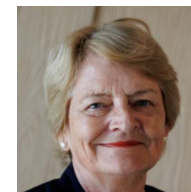
3. Population health in Greater Manchester: The journey so far. The King's Fund, October 2024.

## Keynote and featured speakers



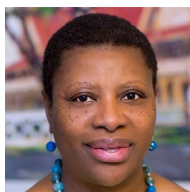
### Paul Dennett

City Mayor of Salford;  
Deputy Mayor of Greater Manchester,  
UK



### Professor Henrietta L. Moore

Founder and director,  
Institute for Global Prosperity;  
Chair in Culture Philosophy and Design,  
University College London, UK



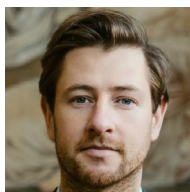
### Dr Yonette Thomas

Founder and president,  
Urban Health 360, USA



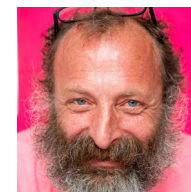
### Professor Matt Ashton

Director of public health,  
Liverpool City Council, UK



### Arthur Kay

Director,  
Innovo, UK



### Ab Rogers

Creative director,  
Ab Rogers Design, UK



### Professor Jeremy Myerson

Co-founder, Healthy City Design;  
director, WORKTECH Academy;  
professor emeritus, Royal College of Art, UK



### Marc Sansom MBA

Co-founder, Healthy City Design;  
Managing director, SALUS Global  
Knowledge Exchange, UK





## About the venue:

### Lowry

Named after the early 20th-century painter, L.S. Lowry, known for his paintings of industrial scenes in North West England, Lowry is one of Britain's 12 landmark projects for the Millennium and is commonly regarded as a triumph of civic will and enterprise.

Opened on 28 April 2000, the theatre and gallery complex in Salford Quays, Greater Manchester, was the flagship project of Salford City Council's regeneration plan in 1988 for the redevelopment of the derelict Salford docks as a leisure, cultural and tourism area.

Costing £106 million, Lowry, which was designed by Michael Wilford, is built on a triangular site at the end of Pier 8 and has a triangular plan. A promenade encircling the building provides views of the Manchester Ship Canal, MediaCity and the Salford Quays developments. The complex is close to the Imperial War Museum North and the Old Trafford football stadium, and it's served by the MediaCityUK stop on the Metrolink tram network. In 2010 and 2011, it was Greater Manchester's most visited tourist attraction.

The regeneration of Salford Quays with Michael Wilford's Lowry as its centrepiece has led to references in the media to the "Bilbao effect"—the phenomenon where the creation of a new, architecturally striking cultural amenity, such as Frank Gehry's Guggenheim Museum in Bilbao, brings economic improvement to areas of urban decay.



## About the city:

### Salford's transformation: from 'dirty old town' to a thriving, modern city

Salford's regeneration story is one of significant transformation, moving from a post-industrial decline to a thriving city with a focus on economic growth, new homes, and cultural vibrancy.

The city has experienced rapid development, particularly in areas like Salford Quays and Salford Central, attracting investment and new residents. This regeneration is driven by a strong vision and partnership working, aiming to create a fairer, greener, healthier and more inclusive city for all.

Salford is experiencing significant economic growth, with the local economy projected to grow by over 46 per cent, supported by a bold new vision to deliver 40,000 new homes and 40,000 new jobs by 2040 within the city's four strategic growth locations: Salford City Centre; The Quays and MediaCity; Greater Manchester Western Gateway; and Salford's towns. The city is also investing in transport infrastructure to improve connectivity and support sustainable growth, including plans for a new development zone along the Manchester Ship Canal.

At the heart of the approach to Salford's regeneration is the city's approach to public-private partnership and community engagement, engaging with local residents and businesses to ensure the city develops in a way that meets

the needs of its community, and supports its health and wellbeing.

Together with Manchester, Salford is also part of the Central Growth Cluster driving the next phase of city centre growth in the cities as part of a 10-year plan to boost the Greater Manchester economy and create tens of thousands of new homes and jobs. Greater Manchester Mayor Andy Burnham has said the initiative would "deliver transformative regeneration across our city-region".

The development of MediaCity as an international hub for technology, innovation and creativity has been central to the Salford regeneration story. Home to major broadcasters like the BBC and ITV, alongside numerous smaller creative and tech businesses, MediaCity also features a mix of attractions, including the venue for Healthy City Design at the Lowry, and the venue for the evening reception at the Imperial War Museum North.

Set to double in size in the next decade in a £1 billion expansion and proposals to develop over 3,200 new homes and 800,000 sq. ft. of commercial floorspace, MediaCity is driving forward Greater Manchester's Industrial Strategy as one of the city region's main economic drivers generating £1.4 billion per year.



## Recognising excellence in the design and planning of healthy and sustainable cities and communities

The Healthy City Design Awards recognise innovation and excellence in conceptualising, planning, designing and delivering places and infrastructure in the urban built environment that create human health and wellbeing, and embed the principles of planetary health and sustainable development.

The suite of eight awards is structured to encourage submissions in categories that span the micro, meso and macro levels of city design and planning. The awards aim to celebrate projects, schemes and research that offer novel and well-considered means to positively impact on the physical and mental health and wellbeing of urban populations, through improvements to environmental factors, opportunities for physical activity, cleaner air, greater community agency and participation, climate resilience, diversity, equity and inclusion, and an improved quality of life for citizens of all ages.



The entry deadline for award submissions is 4 September. For more information on how to submit, visit [www.healthycitydesign.global](http://www.healthycitydesign.global)

### LIVE Judging

Following the entry deadline in September, all submissions will be evaluated by an independent panel of three judges on each of the eight categories. A shortlist in each category will then be announced with the shortlisted projects invited to present live to the judges during the Healthy City Design 2025 Congress in October.

All shortlisted projects will be awarded a high commendation award, with the overall category winner revealed at an illustrious ceremony during the final session of the Congress. More information on the live judging programme agenda for the eight categories, will be available after the shortlist is announced in September.

Submit your entries by 4 Sept at  
[www.healthycitydesign.global](http://www.healthycitydesign.global)

## Awards categories and judges

### Healthy homes and neighbourhoods

Lead judge: Sunand Prasad OBE, PPRIBA,  
Principal, Perkins&Will, UK

### Healthy workplaces

Lead judge: Jeremy Myerson, The Helen Hamlyn Centre for Design, Royal College of Art; director, Worktech Academy, UK

### Healthy transport and mobility

Lead judge: Camilla Siggaard Andersen,  
Founder, Occasio Insights, UK

### Regenerative design for the public realm

Lead judge: Sue Morgan, Advisor, SALUS, UK

### Healthy social infrastructure

Lead judge: Beatrice Fraenkel, Design regeneration and health consultant, Trustee, Design Council, UK

### Healthy city planning and design

Lead judge: Max Farrell, Founder, LDN Collective, UK

### Healthy placemaking for community impact

Lead judge: Lourdes Madigasekera-Elliott, Public health strategic lead: Creating Healthy Places, East Sussex CC, UK

### Design research for healthy cities

Lead judge: Dr Mark Drane,  
Director, Urban Habitats; research associate, SALUS, UK



# Social and cultural programme

## Culture + Connection Evening Reception

**Date:** Tuesday 14 October **Time:** 19.00–22.00  
**Venue:** Imperial War Museum North  
**Ticket price:** £95 + VAT

A centrepiece of the congress every year, the Culture + Connection Evening Networking Reception will be held at the Imperial War Museum North in the Metropolitan Borough of Trafford, a short walk from the Lowry.

Join new and old friends and colleagues from the congress for an evening of networking, nutritious bowl food, drinks and cultural performances from local and national artists of different genres within the exciting exhibition spaces of the Imperial War Museum North (IWM North).



Opened in 2002, IWM North is one of five branches of the Imperial War Museums, and is dedicated to exploring the impact of modern conflicts on people and society. With a modern immersive exhibition style, IWM North is distinct from other branches, aiming to present itself as a social history museum rather than a traditional military history museum, creating a fitting and stimulating environment for the evening reception.

Occupying a site overlooking the Manchester Ship Canal in Trafford Park, an area that was heavily bombed during World War II, the museum was designed to attract a more diverse audience, focusing on the social impact of war rather than military history.



The building itself is a striking example of Deconstructivist architecture. Designed by world leading architect, Daniel Libeskind, its aluminium-clad structure with jutting angles has become a recognisable part of the Manchester skyline. The museum's design reflects both the fragmented nature of conflict and its impact on individuals and society.

IWM North's main exhibition space, where the reception will be held, features a timeline of global conflict, from the First World War to the present day, with a particular focus on the experiences of individuals. It uses personal stories, objects, and audiovisual presentations to explore themes such as the changing role of women in society, the legacy of conflict, and the physical experience of war. The museum also features the "Big Picture," a 360-degree cinematic experience that uses images and oral accounts to create an immersive environment.



## BeMore Breakfast. Networking Social

Supported by  
 360 degree  
society

**Date:** Wednesday 15 October  
**Venue:** Quays Bar

**Time:** 08.00–08.45

### Connection creates change

Change doesn't just happen in conference rooms – it's in the informal conversations that take place inbetween. Start your congress day with friends and colleagues who care about creating healthier, fairer and more sustainable places and communities. Hosted by 360 Degree Society, this informal breakfast meet-up is a chance to pause, connect, reflect and spark ideas together before the day's programme begins.

After checking in at the congress registration desk, walk around the Lowry's Quays bar to join us for an inspiring conversation, great company, breakfast pastries, coffee and space to explore ideas and expectations for the day ahead.



## Salford Sunrise 5km Run

**Date:** Tues 14 and Weds 15 Oct **Time:** 06.45–07.30  
**Venue:** Lowry **Register:** Email [info@salus.global](mailto:info@salus.global)

### Movement makes us think differently

Lace up and join 360 Degree Society for an early morning 5km run around Salford Quays. A chance to clear your head, stretch your legs and take in the waterfront views before the day begins. This is a relaxed, social run – no clocks, no pressure – just good company, fresh air and space as we move together.

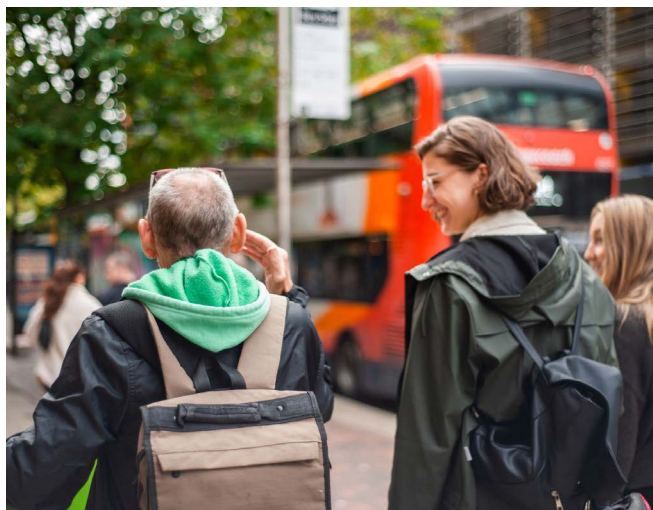
# Walking tours

Experience three unique and memorable walking tours, hosted by local guides who have been affected by homelessness, and who live and breathe their cities.

Organised by Invisible Cities, a social enterprise, the three tours provide an opportunity to experience Manchester beyond the postcard, and hear about the gritty stories that truly define a city. All of the tour guides choose their topics, themes and stories based on their own experiences.

Tickets cost £25.00+VAT each to support Invisible Cities.

Invisible Cities is a multi award-winning social enterprise that trains people who have experienced homelessness to become walking tour guides of their own city. It runs walking tours of six locations, including Manchester. Awarded Best Community Tour in the world by Lonely Planet in 2021, it runs training programmes on transferrable skills, such as public speaking, customer service or storytelling, and employ people directly to deliver walking tours. For more information visit: [www.invisible-cities.org](http://www.invisible-cities.org)



## Tour 1: Marvellous Manchester Memories: Andy's History of Pubs

**Date:** Monday 13 October **Time:** 17.30-19.00

### Meeting Point:

In the 1980s, Andy and his pals fell in love with Manchester's bustling nightlife and rock music scene. Today, he leads you on a guided tour of Manchester, taking the very same route of his nights out in the 1980s, but this time reflecting on how the venues have played a significant role in shaping Manchester's history.

## Tour 2: Wonderwalk Through Manchester with Nic

**Date:** Thursday 16 October **Time:** 09.00-10.30

### Meeting Point:

This tour maps the city's illustrious history of music and art, focusing on the venues and musicians which have helped to shape Manchester's music scene. 'Wonderwalk' will be led by Nic, a friendly and entertaining tour guide, who wants you to fall in love with the music of Manchester. You'll be taken on a journey through the Rave Revolution, sparked by the Hacienda, to the presence of reggae at Thirsty Scholar, and not forgetting the classical opera scene at the Royal Northern College of Music and Bridgewater Hall.

## Tour 3: We Built This City From Depression

**Date:** Thursday 16 October **Time:** 11.00-12.30

### Meeting Point:

This tour transports you back to a time where Manchester looked very different. We Built This City From Depression uncovers the tombstones that the Northern city's roots have grown over. With each step that Stephen takes, the city's past starts to live and breathe again, unveiling the cobbled streets and working people that made Manchester what it is today. From the Great Depression, to the artistic work of Lowry. From the industrial revolution, to the IRA bombing that led to the regeneration of the city, this tour captures the hurdles Manchester has overcome.

## Salford Quays walk



### Tour 4: Stories of the Quays: Places shape people, and people shape places

**Date:** Tuesday 14 October **Time:** 18.00-19.00

**Meeting Point:** Lowry

**Return Point:** Imperial War Museum North

Take a moment away inbetween the conference and the evening reception to explore the streets, stories and social spaces of Salford Quays.

Led by the 360 Degree Society team, this guided walk invites you to experience the city's landscape through a different lens – uncovering the people, histories and ideas transforming local places into healthier, more connected communities. A space to walk, talk and reflect together.

The walk will start at the Lowry and end at the Imperial War Museum North, making it convenient for delegates to join the Culture + Connection reception.

This tour is free to attend.

To register email [info@salus.global](mailto:info@salus.global)





# Programme Committee



**Yonette Thomas PhD**

Founder and president,  
UrbanHealth360, USA



**Lourdes Madigasekera-Elliott**

Public health strategic lead: Creating Healthy Places,  
Public Health East Sussex, UK



**Matt Towner**

Director of programmes,  
Impact on Urban Health, UK



**Rhiannon Corcoran PhD**

Professor of Psychology and Public Mental Health,  
University of Liverpool; fellow, Centre for Urban  
Design and Mental Health, UK



**Giselle Sebag MPH, LEED AP, Fitwel  
Ambassador**

Executive director,  
International Society for Urban Health, USA



**Helen Pineo PhD**

Urban planner and research associate professor,  
Department of Urban Design and Planning,  
University of Washington, USA



**Jeri Brittin PhD**

Director of research,  
HDR, USA



**Elsbeth Anwar MD**

Associate director of public health (wider  
determinants), Liverpool City Council, UK



**Michael Wood**

Head of health economic partnerships,  
NHS Confederation, UK



**Carolyn Daher MPH**

Co-ordinator, Urban Planning,  
Environment and Health Initiative,  
Barcelona Institute for Global Health, Spain



**Shira de Bourbon Parme DPhil, MSc**

Urban wellbeing and innovation lead,  
Ramboll, UK



**Blake Jackson AIA, LEED Fellow,  
WELL Faculty, CPHC**

Director, sustainability, NORR, USA



**Caroline Paradise PhD**

Technical director, head of research and innovation,  
infrastructure, AtkinsRéalis, UK



**Harry Knibb MRTPI**

Development director, Oxford Properties;  
director, Academy of Urbanism, UK



**Caglar Koksall PhD**

Lecturer in Urban Planning,  
University of Manchester, UK



**Clare Wildfire**

Global practice lead of cities,  
Mott MacDonald, UK



**Marcus Grant**

Editor-in-chief,  
Cities & Health, UK



**Mark Drane PhD**

Director, Urban Habitats; research advisor,  
SALUS Global Knowledge Exchange, UK



**Magali Thompson**

Project lead for placemaking, Great Ormond Street  
Hospital for Children NHS Foundation Trust, UK



**Rosalie Callway PhD**

Projects and policy manager,  
Town and Country Planning Association (TCPA), UK



**Jose Siri PhD, MPH**

Epidemiologist, global, urban and planetary health  
specialist; consultant, World Health Organization;  
The World Bank, USA



## Local organising committee



**Gillian McLauchlan**

Interim director of public health and wellbeing,  
Salford City Council, UK



**Jim Chapman**

Independent design consultant; Visiting professor of  
architecture, Manchester School of Architecture, UK



**Sarah Ashurst MBA**

Head of partnerships and investment,  
Salford City Council, UK



**Caroline Aikman**

Director of marketing and place,  
MediaCity, UK

## Advisory group

**Lord Nigel Crisp**

Independent crossbench member, House of Lords UK

**Antonia Orr**

Partnerships manager, Impact on Urban Health, UK

**Matt Ashton MPH, MBA**

Director of public health, Liverpool City Council, UK

**Julia Thrift**

Director of healthy placemaking, Town and Country Planning Association, UK

**Lord Andrew Mawson**

Chair, 360 Degress Society, UK

**Daniel Black MSc**

Programme director, TRUUD, UK

**Yonette Thomas PhD**

Founder and president, UrbanHealth360, USA

**Sunand Prasad OBE**

Principal, Perkins&Will, UK

**Beatrice Fraenkel**

Design regeneration and health consultant, Trustee, Design Council, UK

**Max Farrell**

Founder, LDN Collective, UK

**Esme Banks Marr**

Strategy director, BVN Architecture, UK

**Chris Brown**

Founder, Climatise; Founding director, London Doughnut Economy Coalition CIC, UK

**Audrey de Nazelle PhD**

Senior lecturer, Centre for Environmental Policy, Imperial College London, UK

**Mark Robinson**

Head of regeneration, New River Group, UK

**Chris Liddle**

Director, HLM Group, UK

**Graham Marshall**

Director, Prosocial Place, UK

**Matthew Morgan**

Co-founder, director, Quality of Life Foundation, UK

**Jon Bright**

Former director, Department of communities and local government, UK



**Michael Chang PhD candidate**

Programme manager – planning and health, Office for Health Improvement and  
Disparities, Department of Health and Social Care, UK

**Paul Bell**

Partner, Ryder Architecture, UK

**Mark Hall**

Senior programme manager, Place-based impact investing, Impact Investing Institute, UK

**Sophia Schuff**

Director of philanthropic partnerships and urban health, Gehl Urban Design Studio,  
Denmark

**Deb Upadhyaya PhD, MBA**

Client director North of England, Infrastructure (Buildings and Places), AtkinsRéalis, UK

**Ben Cave**

Director, Ben Cave Associates, UK

08.00 Registration opens

## Keynote plenary



Session 1

**Opening plenary: Community-led regeneration: Salford's next century**

**Chair: Jeremy Myerson**, The Helen Hamlyn Centre for Design, Royal College of Art; WORKTECH Academy, UK

Supported by Impact  
on Urban  
Health

08.45 Opening remarks

08.50 Welcome address

### 09.00 Panel discussion

Salford is a city transformed – once known as a “Dirty Old Town,” now a beacon of innovation, creativity, and community-led regeneration. The opening keynote plenary brings together leaders from across public, private, and cultural sectors to explore how Salford's bold approach to placemaking, stewardship, and legacy-building is shaping one of the UK's fastest-growing cities with health, wellbeing and sustainable development at its core.

We'll reflect on the city's remarkable journey – from industrial powerhouse to global media hub – and look ahead to the next century of growth. How do we prioritise investment in health-creating development that is inclusive, sustainable and rooted in Salford's community identity, underpinning economic growth and opportunity for all? What does long-term stewardship look like in practice? And how do we leave a legacy that will support future generations to thrive and prosper?

10.15–10.45 **Video+Poster Gallery, coffee and networking**



Session 2

**From aspiration to designation: Comparing Marmot City approaches**

**Chair: Professor Matt Ashton**, Liverpool City Council, UK

10.45

**Panel: Alice Wiseman**, Gateshead and Newcastle, UK

**Tim Fielding**, Leeds City Council, UK

What does it take to become a Marmot City – and what does it mean in practice? This session will explore, through comparative analysis, the strategies cities have employed as Marmot Cities, including community engagement, policy innovation and cross-sector collaboration to improve health outcomes and reduce inequalities. It will also explore the specific challenges faced by cities and how they have shaped their Marmot City approach. Attendees will gain insights into what works, what does not, and how the path to Marmot City status is as much about identity and vision as it is about checklists and metrics. There will also be an opportunity to hear about the future vision from each of the areas as Marmot Cities.

The session will feature presentations from Liverpool, Leeds, Manchester, and Leeds focusing on:

- > What being a Marmot City means in each local context.
- > The priority areas each city is focusing on.
- > Key achievements and lessons learned to date.
- > Real-world application of Marmot principles at the city level.
- > Practical examples of health equity in action.

12.30–13.45 **Video+Poster Gallery, workshop, lunch and networking**

### 12.45–13.30 Community practice launch

**Embedding health in local authority decision-making**

For the full abstract and details of the panel, please go to page 29

Organised by







#### Session 3

### Live Well – Greater Manchester's Movement for community-led health and wellbeing

**Chair: Gillian McLauchlan**, Salford City Council, UK

14.00

The neighbourhoods we live in and the communities we are a part of shape and affect our health and wellbeing. Community organisations understand local needs and are trusted by their communities but the impact they can make is often restricted by red tape and a lack of resources. Greater Manchester is showing a different way forward. Through initiatives such as GM Live Well, public services and communities are working together to create economic growth, social connection, and improved health. This panel explores how the city region is supporting a community-led approach to living well.

15.30–  
16.00

**Video+Poster Gallery,  
coffee and networking**



#### Session 4

### Healthy cities in a changing climate: An integrated approach for local action

**Co-chairs:**

**Yonette Thomas**, Urban Health 360, USA;

**Rabia Qusien**, LSE & Urban Health 360, USA



**Curated by**  
Impact  
on Urban  
Health



16.00–  
17.15

**Panel:** **Peter Babudu**, Impact on Urban Health, UK  
**Christine Greenhalgh**, University of Manchester, UK  
**Christina Kwauk**, Unbounded Associates, USA  
**Wangu Mwangi**, International Institute for Sustainable Development & Ambition Loop, Kenya  
**Mercy Sepadi**, Tshwane University of Technology, South Africa  
**Greg Williams**, University of Manchester, UK

Climate change amplifies existing inequities in cities, neighbourhoods, and communities through multiple pathways, including higher sustained temperatures, devastating floods, air pollution, and poor quality of life. The World Bank estimates that close to 135 million people worldwide could be pushed into poverty by 2030 because of climate change. Healthy cities are crucial for mitigating and adapting to climate change. Sub-national policy actions involving community-centred knowledge, awareness campaigns, and solutions are significant contributors to climate mitigation. This panel highlights the varied opportunities for sustainable community-centred solutions and policy actions. Context-specific examples of sustainable solutions that have resulted from cross-sectoral collaborations and bottom-up approaches that involve community participation will be explored to demonstrate how climate literacy can co-benefit community health outcomes and local action.

## Keynote plenary

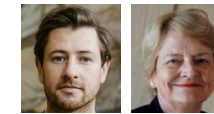


#### Session 5

### Roadkill: Unveiling the true cost of our toxic relationship with cars

**Chair: Chris Liddle**, HLM Architects, UK

17.25



**Arthur Kay**, director, Innovo; founder of Bio-bean, Skyroom, and The Key Worker Homes Fund, UK  
**Professor Henrietta L Moore**, director, UCL Institute for Global Prosperity, UK

The private car is often regarded as a symbol of modern freedom and economic opportunity. In 'Roadkill: Unveiling the true cost of our toxic relationship with cars', the authors argue that widespread car dependency has created a profound and under-acknowledged crisis, contributing to environmental degradation, economic inefficiency, and deepening social inequality. This keynote explores how our entrenchment in car-centric urban design and economic models has led to significant harm, from air pollution and urban sprawl to infrastructure inequality and community fragmentation, and identify practical next steps for academics, policymakers, and entrepreneurs working towards post-car futures.

17.50–  
18.00

#### Closing remarks

**Jeremy Myerson**, The Helen Hamlyn Centre for Design, Royal College of Art; WORKTECH Academy, UK

18.00–  
19.00

#### Salford Quays Walking tour

For more information, please see page 7

19.00–  
22.00

#### Culture + Connection Reception,

For more information, please see page 6

## Stream 2: Urban design, placemaking, public realm

14 October, Compass Room



### Session 6

#### Transforming the public realm

Chair: Ab Rogers, Ab Rogers Design, UK

10.45

Panel: Christophe Egret, Studio Egret West, UK  
Ash Ranpura, DRU+, UK

Since the pandemic, our understanding of loneliness as a public health concern has increased in prevalence. It is now understood to affect every facet of health, wellbeing and development and is as bad for people's health as smoking 15 cigarettes a day. It is of particular concern in the UK for its association with depression, increased difficulty in the activities of daily living and links to physical inactivity, to which one in six deaths in the UK is attributable.

Public realm in our cities can respond to this crisis, reimagined to provide accessible opportunities for interaction, social engagement and compassion, and offering compelling reasons to be active. A family of civic interventions designed to 'nudge and smudge', generating community cohesion and interaction, and encouraging different forms of connection, could help combat loneliness at a local level, empowering citizens to positively change their behaviours and view their neighbourhoods as portals for social encounters.

The panel will explore the role of art, design, biophilia and biomimicry in creating an ecology of care in the public realm and re-emphasise the importance of community spirit in addressing health concerns in our cities.

12.30–  
14.00

**Video+Poster Gallery, workshop,  
lunch and networking**



### Session 7

#### Joyful placemaking: The role of joy, creativity and play in health creation

Chair: Joe Sarling, Greater Manchester Moving, UK

#### Curated by

Greater Manchester  
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14.00

Panel: George Coombs, Natural England, UK  
Kelly-Marie Rodgers, Greater Manchester Moving, UK

How can spaces purposefully infused with joy, creativity, and play enhance community health and wellbeing? Moving beyond traditional approaches to health, this discussion explores the power of our neighbourhoods.

Inviting connection, imagination, and delight in our public spaces to foster belonging and support mental, physical, and social health. By bringing together voices from across sectors and roles, the panel will discuss their perspectives and actions to create joy in our neighbourhoods, with insights and inspiration for reimagining cities and neighbourhoods as vibrant, health-creating ecosystems.

15.30–  
16.00

**Video+Poster Gallery,  
coffee and networking**



### Session 8

#### The art of wellbeing: Creative and media interventions for healthy cities

Chair: Caroline Aikman, MediaCity, UK

16.00–  
17.15

As cities grapple with rising mental health challenges and social fragmentation, the intersection of creativity, culture, and media emerges as a powerful force for healing and connection. This panel explores how artistic expression and public art, cultural programming, media storytelling, and creative placemaking can transform urban environments into spaces of wellbeing and belonging that foster social cohesion and mental health.

From murals that spark dialogue to festivals that celebrate diversity, and from community media projects to immersive digital experiences, creative and media interventions are reshaping how we think about public health in the city. Panellists will share innovative case studies and research that highlight the role of creative placemaking, public art, and cultural narratives in fostering mental wellness, social cohesion, and inclusive urban development.

In this dynamic conversation with artists, urbanists, media makers, and public health leaders, we reimagine the city as a canvas for collective care and cultural vitality.

Stream 2 will be brought to a close at 17.15, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.25–18.00).





## Session 9

### From hospital to community

Chair: Matthew Blair, BVN, UK

- 10.45 **Delivering the three shifts – a call for a systems approach to public-sector collaboration**  
Sophie Hockin, NHS North East London, UK
- 11.05 **Neighbourhood mental health centres – the Barnsley Street 24/7 Pilot Tower Hamlets**  
Leah White, Sheraz Ahmad, East London NHS Foundation Trust, UK
- 11.25 **The co-location of healthcare and leisure as part of a whole-system approach to physical activity promotion**  
Natalie Grinvalds, Robert J Copeland, Katie Shearn, AWRC, UK  
Marlize DeVivo, The National Centre for Sport & Exercise Medicine, Sheffield, UK  
Beth Brown, National Centre for Sport and Exercise Medicine, UK
- 11.45 **Connection is key to a healthy city**  
Nicola Spiby-Roberts, Bruce Poole, Salford CVS, UK
- 12.05 **Panel discussion**
- 12.30–14.00 **Video+Poster Gallery, workshop, lunch and networking**



## Session 10

### Healthcare in the city

Chair: Mark Robinson, New River Group, UK

- 14.00 **Health as a city's competitive advantage**  
Katie Mullowsky, Future Places Studio, UK  
Graham Kelly, Okana, UK
- 14.20 **Health on the high street – healthier citizens, happier staff, cleaner air, thriving communities**  
Mark Walker, Stantec, UK
- 14.40 **A cross-sectional study of the users of a city centre cardiovascular disease screening clinic**  
Hamde Nazar, The University of Newcastle upon Tyne, UK  
Matthew Cooper, Angela Long, Newcastle NIHR Patient Safety Research Collaboration, UK  
Oisín Kavanagh, Newcastle University, School of Pharmacy, UK  
Eman Zeid, Newcastle Population Health Sciences Institute, UK
- 15.00 **Panel discussion**
- 15.30–16.00 **Video+Poster Gallery, coffee and networking**



## Session 11

### Place-based health ecosystems

Chair: Jaime Bishop, Fleet Architects; Architects for Health, UK

- 16.00 **Healthcare led urban regeneration in Northern Ireland – the Kings Hall campus redevelopment**  
Matthew Hird, TODD Architects, UK
- 16.20 **A healthy community for individuals with severe mental illness: Theory and evidence in practice at Quayana Clubhouse in Anchorage, AK**  
Jeri Brittin, Brian Giebink, Francescqa Jimenez, HDR, USA
- 16.40 **Hiding in plain sight: smart lighting as the missing link in delivering integrated place-based care**  
Shelley James, Age of Light Innovations, UK
- 17.00–17.15 **Panel discussion**

Stream 3 will be brought to a close at 17.15, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.25–18.00).

## Stream 4: Workplace, transport and mobility

14 October, Studio 2 & 3



### Session 12

#### Sustainable and inclusive mobility

Chair: Clare Wildfire, Mott MacDonald, UK

10.45 **From planning to activation: A whole-system approach to delivering inclusive mobility hubs**  
Lidia Derossi, Lucy Sykes, AECOM, UK

11.05 **PikTOC: Prioritising transit-led regeneration for healthier, more equitable urban futures in Greater Manchester**  
Danny Crump, Layer.studio, UK  
Sean Cleary, Ramboll, UK  
Neil Walmsley, Hatch, UK

11.25 **Transport-oriented healthcare development (TOHD) – an alternative model to healthcare provision in urban areas**  
William Butcher, BDP, UK

11.45 **London's Ultra Low-Emission Zone and active travel to school: A qualitative study exploring the experiences of children, families and teachers**  
Olivia Alliot, University of Cambridge, UK

12.05 **Panel discussion**

12.30–14.00 **Video+Poster Gallery, workshop, lunch and networking**



### Session 13

#### Workplace design

Chair: Jeremy Myerson, The Helen Hamlyn Centre for Design, Royal College of Art; WORKTECH Academy, UK

14.00 **From ground to sky – One Undershaft in Destination City**  
Eric Parry, Robert Kennett, Eric Parry Architects, UK

14.20 **Exploring perceptions of sustainability and inclusivity in new building design: The case of Salford Business School**  
Nadine Watson, Elizabeth Larner, Salford Business School, UK  
Joanne Caldwell, University of Salford, UK

14.40 **The role of interior fit-outs in the push for net-zero carbon**  
Blake Jackson, NORR, USA

15.00 **Panel discussion**

15.30–16.00 **Video+Poster Gallery, coffee and networking**



### Session 14

#### Active travel and accessible neighbourhoods

Chair: Nicola Kane, Steer, UK

16.00 **Designing inclusive and accessible neighbourhoods: Healthy streets project in Leeds**  
Maddie Harkness, AECOM, UK

16.20 **Building cycling cultures with communities, supporting health, equity, and social cohesion from the ground up**  
Maud Vries, BYCS, Netherlands

16.40 **The out-of-the-car-experience: The enjoyment of cargo-bike use**  
Sigrid Elisabeth Glomdal, Daniel Piatkowski, OsloMet, Norway

17.00–17.15 **Panel discussion**

Stream 4 will be brought to a close at 17.15, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.25–18.00).



# Stream 5: Planetary health

14 October, Pier Eight

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## Session 15

### Mapping and modelling planetary health

Chair: Harry Knibb, Oxford Properties, UK

10.45 Mapping climate risk to build healthier, more resilient cities: A case study from Greater Manchester  
Ffion Carney, AtkinsRéalis, UK

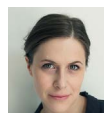
11.05 Modelling public health benefits of greenspace planning in an environmentally overburdened neighbourhood  
Garrett Sansom, Lindsay Sansom, Texas A&M University, USA

11.25 Mapping health-related environmental exposures for planning and monitoring  
Östen Axelsson, Charlotta Eriksson, Rachel Murekatete, Andrei Pyko, Antonios Georgelis, Anne-Sophie Merritt, Stockholm Health Care Services, Region Stockholm, Sweden

11.45 Designing resilient, health-promoting cities through a 'One Health' lens  
Celen Pasalar, Hamide Somuncu, North Carolina State University, USA

12.05 Panel discussion

12.30–14.00 Video+Poster Gallery, workshop, lunch and networking



## Session 16

### Regenerative design in the circular economy

Chair: Shira de Bourban Parme, Ramboll, UK

14.00 Planetary health – regenerative design and circular economy principles  
David Cheshire, AECOM, UK

14.20 The Living Story: A regenerative theory of place for scalable, equitable, and nature-integrated communities  
Jamie Miller, B+H, Canada

14.40 Circular educational infrastructure: How can we create healthy school buildings on a degraded planet?  
Coen van den Wijngaart, Anculus, Netherlands  
Stéphanie Pereboom, Technical University Eindhoven, Netherlands

15.00 Panel discussion

15.30–16.00 Video+Poster Gallery, coffee and networking



## Session 17

### Nature-based solutions to promote health

Chair: Marcus Grant, Cities&Health, UK

16.00 Advancing community responses to loneliness and mental health through nature and social connection in cities. The REECTAS project explained  
Carolyn Daher, ISGlobal, Spain

16.20 The impact of green and blue spaces on neonatal health in Wales (2008–2019): A retrospective longitudinal study  
Rukun K.S. Khalaf, GroundsWell Consortium; University of Liverpool, UK

16.40 Hafod Farm – a pilot Homestead project reimagining therapeutic environments for psychosis through nature, arts and community-based care  
Heather Macey, Makower Architects, UK

17.00–17.15 Panel discussion

Stream 5 will be brought to a close at 17.15, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.25–18.00).

# Stream 6: Investment, regeneration and equity

15 October, Quays Theatre

08.00 Registration opens

## Opening keynote



Session 18

**Opening keynote: Housing, health and happiness: Greater Manchester's bold approach to the housing crisis**

**Chair: Jeremy Myerson**, The Helen Hamlyn Centre for Design, Royal College of Art; WORKTECH Academy, UK

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on Urban  
Health

08.45 Welcome and introduction

09.00 Welcome address

Paul Dennett, City Mayor of Salford; Deputy Mayor of Greater Manchester, UK

09.15 Keynote panel

Greater Manchester believes a stable home is the foundation for a thriving life. This session will explore how GMCA is innovating to lead the way with groundbreaking pilots and bold solutions, proving that good health, education and jobs all start with secure housing.

10.15–10.45 Video+Poster Gallery, coffee and networking



Session 19

**Health in all Policies: Driving health improvement, equity and economic development**

**Chair: Beatrice Fraenkel**, Design regeneration and health consultant, UK

10.45

**Panel: Nicola Butterworth, Nuala Gallagher, Sam Campbell, Elspeth Anwar**, Liverpool City Council, UK  
**Dagmara Wojciechowicz**, Merseyside Polonia; Liverpool City Council, UK

This session will focus on work that is taking place in Liverpool to improve health using a 'health in all policies' approach with a focus on equity and economic development. Strategic leads from across Liverpool City Council, including planning, housing, city development and public health, together with a community leader, will describe and discuss the integrated approach the city is actually taking to improving health and health equity as a foundation for economic and social development.

Following last year's Congress in Liverpool, the panel will update on the past 12 months of delivery in the city, based on collaboration across all policies and decisions designed to improve the physical, mental, social and economic wellbeing of the population of Liverpool. At the heart of this is community and individual engagement and collaboration.

The panel will showcase local work underway on a major regeneration programme in the North of the city and set out its potential to transform lives. The ambitious programme includes plans for the building of around 10,000 new homes, major improvements to public transport and active travel infrastructure and the creation of job opportunities. We will set out how Liverpool as a Marmot City is deliberately driving a collective focus on ensuring we develop healthy, economically successful, and sustainable communities, including trusting and empowering local people, to turn around the fortunes of communities that have been held back for far too long.

12.30–14.00 Video+Poster Gallery, workshop, lunch and networking



#### Session 20

### Media City: The next chapter

Chair: **Andy Miah**, University of Salford, UK

14.00

MediaCity is one of the UK's most successful urban regeneration projects and the North West's leading creative cluster. As a dynamic place that blends tech, culture and future media alongside its diverse community, it isn't just a hub for creativity – it's shaping the future of health, wellbeing and sustainable living.

Set to double in size, hear how MediaCity continues to actively integrate culture, innovation, and health and wellbeing into its urban design, and how the creative industries are a driver for strengthening community engagement.

15.30–  
16.00

**Video+Poster Gallery,  
coffee and networking**

#### Session 21

### Old Trafford regeneration and beyond

16.00–  
17.00

One of the UK's most ambitious projects, hear how the regeneration of Old Trafford is set to transform the area and fuel economic and social growth across Greater Manchester with key projects both in Salford and Trafford – with a world-class football stadium at its core.

## Healthy City Design Awards



#### Session 22

### Awards ceremony

17.10

#### **Healthy City Design International Awards 2025**

**Presented by:** Jeremy Myerson, The Helen Hamlyn Centre for Design, Royal College of Art; WORKTECH Academy, UK

17.40–  
17.45

#### **Closing remarks**



# Stream 7: Homes and neighbourhoods

15 October, Compass Room



## Session 23

### Beyond bricks and mortar: Housing injustice and systemic solutions in the private rented sector

Chair: Naz Biggs, Guy's and St Thomas' Foundation, UK

08.45

The private rented sector (PRS) is often overlooked in urban health design, yet it is where some of the most severe and preventable health inequalities are rooted. Poor housing conditions, insecurity, unaffordable rents, and the erosion of tenant power generate lasting physical and mental health harms, disproportionately affecting Black and minoritised communities.

This workshop seeks to expose the hidden health crisis within the PRS and invite participants to co-create transformative, systemic solutions that place tenant health, justice and dignity at the centre of urban health efforts.

This high-energy, participatory workshop will open with short, sharp provocations from a range of organisations working on housing justice.

We will explore how failures in enforcement, legal protection, housing supply, tenant support, and accountability undermine health and wellbeing. Participants will then work collaboratively through systems mapping exercises to trace root causes and power dynamics, followed by a co-design sprint to prototype bold new interventions.

The workshop will result in a shared understanding of how legal, policy, and housing system failures undermine health; a set of co-created intervention ideas; and strengthened commitments to PRS reform. Together, we will produce a collective call to action to reshape the PRS into a driver of thriving, healthy, and equitable urban communities.

Reshaping the Private Rented Sector demands a systemic shift, not piecemeal interventions. By surfacing overlooked housing-health links and prototyping community-informed solutions, this workshop will support the transition towards healthier, fairer cities, where secure, dignified housing is recognised as a foundation of public health.

10.15–  
10.45 **Video+Poster Gallery, workshop,  
lunch and networking**



## Session 24

### Housing standards and regulation

Chair: Sunand Prasad, Perkins&Will, UK

10.45

#### Quality versus quantity? Investigating the health impacts of deregulation in housing delivery in England

Rosalie Callway, Sally Roscoe, Julia Thrift, Town and Country Planning Association, UK  
Ben Clifford, University College London, UK  
Helen Pineo, University of Washington, USA

10.55

#### Trapped in transition: Lived health experiences of temporary or emergency housing Under England's permitted development rights

Mina Sufineyestani, Ben Clifford, University College London, UK  
Helen Pineo, University of Washington, USA

11.05

#### Design codes for health and wellbeing

Katja Stille, Tibbalds, UK  
Matthew Morgan, Quality of Life Foundation, UK

11.25

#### Healthy and inclusive places: Key findings from the collaborative process of developing future design guidance for Homes England

Adam Park, Helen Berg, BDP, UK  
David Rudlin, Rudlin and Co, UK

11.45

#### The policy and practice of designing healthy equitable apartment buildings

Sarah Foster, RMIT University, Australia

12.05

#### Panel discussion

12.30–  
14.00

**Video+Poster Gallery, workshop,  
lunch and networking**



#### Session 25

### Inclusive neighbourhood parks and resorts

Chair: Max Farrell, LDN Collective, UK

14.00 **Stockton Urban Park, waterfront and healthy streets**  
Nichola Speight, Andrew Fong, Ryder Architecture, UK  
Iain Robinson, Stockton-on-Tees Borough Council, UK

14.20 **Mayfield Park, Manchester – urban park of the future**  
Sam Jarrett, Landsec, UK

14.40 **Therme Manchester: Creating transformative social infrastructure and urban wellbeing for all**  
Rob Creber, Therme Group, UK

15.00 **Panel discussion**

15.30–  
16.00 **Video+Poster Gallery,  
coffee and networking**



#### Session 26

### Alternative housing models: Community land trusts

Chair: Ben Cave, BCA, UK

16.00 **Community land trusts: An alternative community-led affordable housing model**  
Oliver Bulleid, London Community Land Trust, UK

16.20 **Community-led housing for all: Addressing barriers for Black and other minority communities in community-led housing and community land trusts**  
Claude Hendrickson, Leeds Community Homes, UK

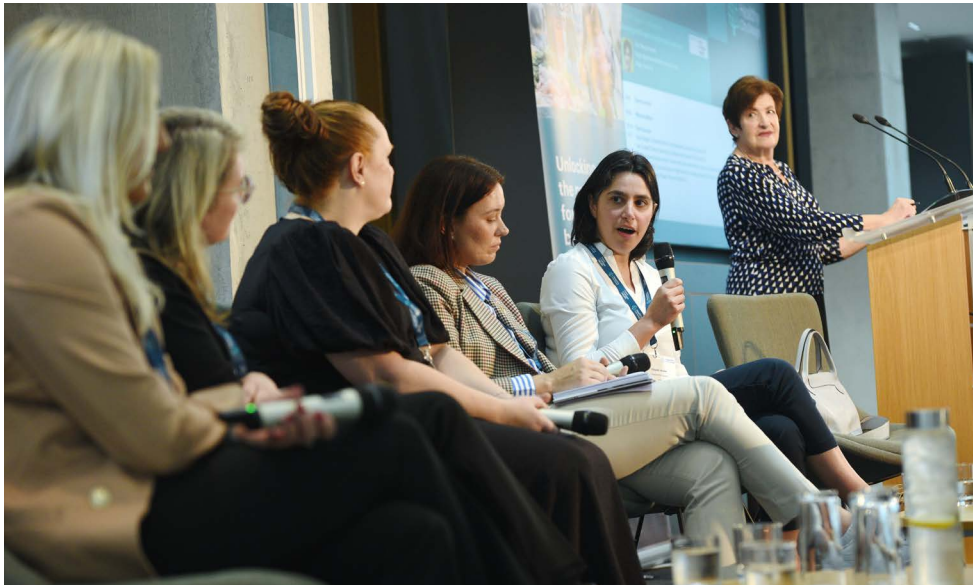
16.40–  
17.00 **Panel discussion**



Stream 7 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the Healthy City Design 2025 Awards (17.10–17.45).

## Stream 8: City planning and investment

15 October, Studio 1



Session 27

### Planning digital cities

Chair: Caroline Paradise, Atkins, UK

- 
- 10.45      **Beautiful infrastructure: Designing integrated systems for healthy cities**  
Elad Eisenstein, AECOM, UK
- 
- 11.05      **AI-driven urban futures: Leveraging data for healthier city design**  
Abigail Oppong, Yonette Thomas, UrbanHealth360, USA
- 
- 11.25      **Learning the land: Landscape information modelling for inclusive, biodiverse cities**  
Isabella Bhoan, WW+P, UK
- 
- 11.45      **Gamifying the future of public space: Co-designing parks with communities using Open Space Sandbox**  
Hayley Oleksiak, Open Space Sandbox, USA
- 
- 12.05      **Panel discussion**
- 
- 12.30–  
14.00      **Video+Poster Gallery, workshop,  
lunch and networking**





#### Session 28

### Policy and practice: Health impact assessments

Chair: Julia Thrift, TCPA, UK

14.00 Using health impact assessment for planning policy in Wales  
Cheryl Williams, Catrin Lyddon, Public Health Wales, UK

14.20 Prioritising wellbeing in compact urban design: Ireland's first health impact assessment on a statutory development plan  
Monica O'Mullane, Tara Kenny, Marie Ryan, Jeanette Fitzsimons, University College Cork, Ireland  
Karen O'Mahony, Kevin O'Connor, Cork City Council, Ireland

14.40 Building a sustainable and connected community: A partnership approach in Bolton  
Paul Whittingham, Jon Dyson, Lynn Donkin, Bolton Council, UK

15.00 Panel discussion

15.30–16.00 Video+Poster Gallery, coffee and networking



#### Session 29

### Impact investment for healthier lives

Chair: Michael Wood, NHS Confederation, UK

16.00 Growing community wealth – economies for healthier lives  
Chris Dabbs, Oria McCann, Unlimited Potential, UK

16.20 Shifting the power: A community-led model to address health inequities in Brixton and Peckham  
Jerryanne Hagan-Tetteh, Kenny Imafidon, ClearView Research, UK

16.40–17.00 Panel discussion



Stream 8 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the Healthy City Design 2025 Awards (17.10–17.45).



## Session 30

### Co-producing a different future: Why interactions are crucial for large scale change

Chair: Sasha Karakusevic, NHS Horizons, UK

#### 08.45 Panel: Marc Harris, Zoë Stockton, NHS Horizons, UK

The session will explore how organisations across England are working together to address physical inactivity.

In 2018, the World Health Organization launched the Global Action Plan on Physical Activity (GAPPA), aiming to achieve a 15-per-cent relative reduction in the global prevalence of physical inactivity by 2030. GAPPA provided 20 actionable recommendations to help countries increase levels of physical activity by addressing the cultural, environmental, and individual determinants of inactivity. However, a status report published in 2022 found that progress has been slow and unequal, and the Covid-19 pandemic has further limited progress.

Addressing levels of physical inactivity requires a different approach. There is a need for a much more joined-up, networked and collaborative approach to spread and scale successful programmes, policies and ways of working.

In this session, attendees will discuss a case study and a new model of large-scale change that has been developed to guide the approach in England. We applied large-scale change approaches, including network theories to develop a theory of change to guide our work. This has enabled us to accelerate progress by building shared purpose, trust and learning in a multi-stakeholder environment to inform and influence national policy and action.

This movement has revealed three important lessons about population-level healthcare transformation. Firstly, to achieve breakthrough, highly participatory approaches are needed, which co-design potential solutions with those who affect, and are affected by, services.

Secondly, transforming services requires action at the micro-, meso-, and macro-level with ongoing convening and connecting of stakeholders to build and maintain shared purpose and trust. Thirdly, by working together, a greater understanding of the tacit knowledge and expertise is possible that enables a proactive approach to ongoing development of the programme.

#### 10.15–10.45 Video+Poster Gallery, workshop, lunch and networking



## Session 31

### Neighbourhood design for ageing

Chair: Paul Bell, Ryder, UK

#### 10.45 Exploring the architectures of health: Locating Equity in Ageing Positively (LEAP) Stefan White, Manchester Metropolitan University, UK

#### 11.05 Enhancing walkability and wayfinding for individuals with dementia in urban environments Kavya P Krishnan, Mobility Mojo, UK Gemma Moore, University College London, UK

#### 11.25 Creating age-friendly homes: Research, policy and practice Nigel Saunders, Pozzoni Architecture, UK Mark Hammond, Manchester Metropolitan University; Manchester School of Architecture, UK Shannon Conway, Picture This, UK Kelly-Marie Rogers, Greater Manchester Moving, UK Steve Fyfe, Greater Manchester Combined Authority, UK

#### 11.45 How can we improve our local neighbourhood environments to enhance older adult social connectedness? Hannah Grove, University of Oxford, UK Georgina Everett, Jess Doyle, Re-engage, UK

#### 12.05 Panel discussion

#### 12.30–14.00 Video+Poster Gallery, workshop, lunch and networking



### Session 32

#### Place-based design for mental health

**Chair: Charlotte Burrows**, Design in Mental Health, UK

- |             |   |
|-------------|---|
| 14.00       | <b>Impact of urban regeneration on population mental health: A longitudinal study in England</b><br>Caglar Koksall, University of Manchester, UK  |
| 14.20       | <b>Place-based determinants of youth mental health in a nationally-representative Australian sample</b><br>Camilla Sedgwick, Marlee Bower, Amarina Donohoe-Bales, The University of Sydney, Australia<br>Scarlett Smout, Maree Teesson, The Matilda Centre for Research in Mental Health and Substance Use, Australia |
| 14.40       | <b>Rx for social connection – learnings from The Bentway</b><br>Sophia Schuff, Gehl urban design studio, Denmark  |
| 15.00       | Panel discussion  |
| 15.30–16.00 | Video+Poster Gallery, coffee and networking   |



### Session 33

#### Culture, museums and community

**Chair: Jim Chapman**, Manchester School of Architecture, UK

- |             |  |
|-------------|--|
| 16.00       | <b>House of Memories: Creating resilient neighbourhoods through culture</b><br>Dawn Carroll, National Museums Liverpool, UK                  |
| 16.20       | <b>Addressing inequalities through local authority museums in Greater Manchester</b><br>Toni Sant, Enrique Tabone, University of Salford, UK |
| 16.40–17.00 | Panel discussion   |



Stream 9 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the Healthy City Design 2025 Awards (17.10–17.45).



# Stream 10: Community impact

15 October, Pier Eight



Session 34

## Shifting power through participatory micro-financing: A case study from Lambeth and Southwark

Chair: Rasha Rashid, The Social Innovation Partnership, UK

08.45

Air pollution disproportionately harms communities already facing structural inequalities – yet these same groups are least heard in environmental decision-making. Lambeth and Southwark, for example, experience some of London's greatest air pollution disparities. Traditional public health funding often overlooks grassroots knowledge and everyday activism, limiting the reach and impact of interventions.

This session presents a case study from Lambeth and Southwark, where The Social Innovation Partnership (TSIP), in collaboration with Impact on Urban Health, piloted a new approach to environmental and racial justice. *Amplifying Voices: Cultivating Grassroots Action* tested a participatory micro-granting model that shifts decision-making power to local residents. The aim was to resource community-led air pollution solutions, challenge hierarchical funding models, and support the people who are already shaping healthier neighbourhoods.

With £80,000 allocated to the community, a panel of eight local campaigners and residents was recruited and trained to co-design the fund's criteria, assess applications, and allocate grants. Drawing on lived experience and local insight, the panel raised individual grant amounts from £3000 to £5000 to match community ambition. Sixteen grassroots projects were funded, ranging from creative campaigns to housing justice advocacy. An additional £10,000 was ringfenced to offer tailored aftercare for unsuccessful applicants – recognising the emotional labour and resource gaps often associated with grassroots organising.

The results so far have surfaced a broad and nuanced spectrum of activism – from tenant resident associations to independent artists and hyperlocal organisers – many of whom wouldn't typically be seen as “campaigners” by institutional funders. The panel's leadership fostered a values-led, relational process that prioritised care and accessibility. Both applicants and panel members noted how power-sharing built trust, surfaced different forms of knowledge, and enabled more thoughtful decisions. The ability to adjust the process mid-way, including increasing grant sizes, demonstrated the value of community control.

The 'Airtables' workshop will share practical insights and tensions from our participatory approach. Through facilitated discussion and reflection, participants will explore how to democratise funding processes and embed community values, reflect on uncovering and supporting “hidden activism”, learn how to embed care and sustainability in the movement, and examine power shifts in practice and strategies to avoid replicating hierarchies.

Designed for funders, policymakers, and urban health practitioners, this session will offer practical insights to help move decision-making power closer to communities and support more equitable, trust-based solutions to complex urban challenges.

10.15–  
10.45 **Video+Poster Gallery, workshop,  
lunch and networking**



Session 35

## Community participation and inclusion

Chair: Lourdes Madigasekera-Elliott, Public Health East Sussex County Council, UK

10.45

### Creative health: Transforming place-based wellbeing. A case study evaluation of the Healthy Happy Places programme

Sem Lee, OURI Labs, UK

Rachel Turnbull, Healthy Happy Places, UK

Mark Drane, Urban Habitats, UK

11.05

### Enhancing wellbeing through evidence: Insights from the Ebbsfleet Garden City Annual Resident Satisfaction Survey

Mary Rouse, Ebbsfleet Development Corporation, UK

11.25

### Research as a tool for change: Participatory community research and the Nags Head healthy homes campaign

Hil Aked, Medact, UK

11.45

### Protect Our Places coalition: Linking local struggles to facilitate more just London-wide urban planning

Sarah Goldzweig, Latin Elephant, UK

12.05

### Panel discussion

12.30–  
14.00

### Video+Poster Gallery, workshop, lunch and networking



#### Session 36

### Air quality, equity and health

Chair: Yonette Thomas, Urban Health 360, USA

14.00 **Air is kin: Lived experience as a health metric in the advocacy for clean air**  
Araceli Camargo, The Centric Lab, UK

14.20 **From data to dialogue: AWAIR's co-designed approach displaying air quality information for public health**  
Andrew Grieve, Kayla Schulte, Imperial College London, UK

14.40 **Live + Breathe: Amplifying community voices for clean air, joyful neighbourhoods, and healthier futures**  
Ssega Kiwanuka, Live + Breathe, UK

15.00 **Panel discussion**

15.30–16.00 **Video+Poster Gallery, coffee and networking**



#### Session 37

### Community-led regeneration

Chair: Sem Lee, Ouri Labs, UK

16.00 **Creating Peckham Palms: An alternative development model for a gentrifying neighbourhoods**  
Paul Smyth, Cyndi Anafo, Peckham Palms, UK

16.20 **Backin' Birkenhead: A case study description of community-led regeneration in the 'trailblazer neighbourhood' of Central Birkenhead**  
Graham Marshall, Prosocial Place; Backin' Birkenhead Town Team, UK  
Rebecca Crook, University of Liverpool, UK  
Rhiannon Corcoran, Prosocial Place; University of Liverpool, UK

16.40–17.00 **Panel discussion**



Stream 10 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the Healthy City Design 2025 Awards (17.10–17.45).

The Video+Poster Gallery features an array of visual and dynamic presentations on scientific research, cutting-edge policy, technological innovations, and landmark urban design projects. On display throughout the Congress, the Video+Poster Gallery provides ample opportunity for delegates to peruse at their leisure in between sessions.

**P01 A whole-building approach to building conversion projects**

Blake Jackson, NORR, USA  
Tobias Fellows, NORR, Canada

**P02 In sickness and in law: A closer look at the legal battles driving healthcare infrastructure activism**

Jaia Mridula, UK Government, UK

**P03 Designing healthy cities: Barriers to implementation**

Jon Bright, Former senior civil servant – UK Government, UK

**P04 Embedding children and young people's rights, needs and voices into local plans in England**

Gemma Hyde, Sally Roscoe, Town and Country Planning Association, UK  
Peter Kraftl, Sophie Hadfield-Hill, University of Birmingham, UK

**P05 From Zimbabwe to Salford: Adapting the friendship bench for enhanced student mental wellbeing in a digital age**

Keith Silika, Salford University, UK

**P06 Climate urbanism and low-carbon gentrification in the urban Anthropocene: A case study of Holt Town, Manchester**

Eleanor Albin-Clark, University of Cambridge, UK

**P07 The hospital of the future: Sustainable, innovative, and focused on new care needs**

Giulio Felli, CSPE – Centro Studi Progettazione Edilizia, Italy

**P08 Participatory action research on connecting processes, collaboration, and knowledge for a healthier living environment for residents in Nijmegen, Netherlands**

Kristine Mourits, Carola Groenen, Kevin Raaphorst, Radboud University, Netherlands

**P09 The Black Systemic Safety Fund**

Michael Hamilton, The Ubele Initiative, UK

**P10 A review and prospect of urban environment research from a gender-inclusive perspective**

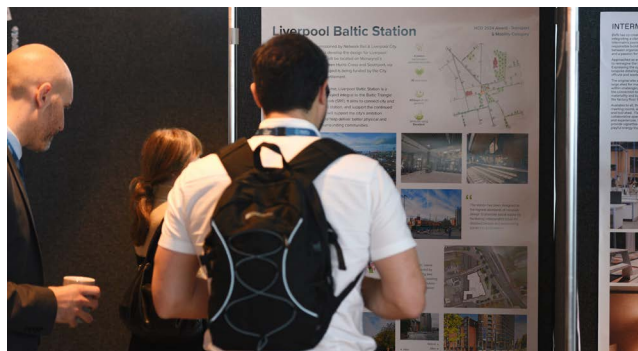
Xinlei Wang, Tinghui Yang, Yao Fu, Shenyang Jianzhu University, China

**P11 Scenarios for future heatwave adaptation in the UK**

Sapna Halai, The Bartlett School of Environment, Energy and Resources, UK

**P12 Build for Health: an industry-led campaign and blueprint for building healthy places**

Clare Delmar, Build for Health, UK  
Ewan Graham, Hawkins\Brown, UK



**P13 Digital placemaking for healthier cities: Reimagining place through technology, spatial practice and co-design**

Jo Morrison, Calvium, UK

**P14 Maximising buildings' cooling efficiency: The impact of Passivhaus retrofits in extreme hot climates**

Ali Habona, Theodora Mavridou, University of Portsmouth, UK

**P15 Bridging sustainability dimensions: Five key factors linking environmental and economic decisions in post-disaster housing**

Ilias Gkoumas, Theodora Mavridou, University of Portsmouth, UK

**P16 Neighbourhoods, growing up and mental health: Evidence from a longitudinal study**

James O'Connell, Health Service Executive, Ireland

**P17 Child malnutrition in million-plus cities of India: A cluster-based geospatial approach to estimating urban health information**

Rakesh Kumar, William Joe, Institute of Economic Growth Delhi, India

**P18 Building healthy communities: Integrating social, environmental and economic wellbeing through architecture**

Branca Pegado, Toby Pear, Article 25, UK

**P19 Collaborative health and planning protocol development: Strengthening health and planning integration through co-design. A case study of a collaborative workshop held with the Essex Planning Officers' Association, NHS ICB Estates and Public Health**

Sem Lee, OURI Labs, UK  
Matthew Morgan, Quality of Life Foundation, UK  
Amber Nyoni, Adrian Coggins, Essex County Council, UK

**P20 Urban Health Index: Unlocking local insights to tackle health inequalities**

Michael Rigby, Impact on Urban Health, UK

**P21 Envisioning the 15-minute city in the Indian context: A localised approach to promote active mobility and urban wellbeing**

Apoorva Jayanti, Raaj Associates, India  
Sruti Samhita Malladi, Flame University, India





- P22 Masterplanning for a “College for the City”: The George Brown College approach for sustainable urban growth**  
Gail Shillingford, B+H, Canada
- P23 Opinions matter: A county-wide study to inform effective zero-waste strategies in Minnesota USA**  
Jeri Brittin, Francesqca Jimenez, HDR, USA
- P24 Make My City Thrive: An impact assessment framework for measuring the wellbeing benefits of urban greening**  
Grant Waters, Tranquil City, UK  
Eleanor Ratcliffe, University of Surrey, UK
- P25 The impact of neighbourhood green spaces on alleviating urban loneliness**  
Sofia Rostami Nia, Hakimeh Shams, Buali Sina University, Iran
- P26 Spatial accessibility of multi-campus hospitals: A case study of Tianjin, China**  
Yilin Song, Aize Han, Tianjin University, China
- P27 From SimCity hospital to real-world care: Reimagining simulation for inclusive healthcare environments using utility AI**  
Annamae Muldowney, Technological University Dublin, Ireland
- P28 Urban parks as mental health sanctuaries: Insights from a mixed-methods study in Islamabad**  
Hadiya J. Khuwaja, National University of Sciences and Technology, Pakistan  
Abdul Waheed, National University of Sciences and Technology, Pakistan  
Swaleha J. Khuwaja, Community Innovation Hub, Pakistan
- P29 Cities that heal: A role-playing workshop on regenerative urban futures**  
Annalise Johns, Institute for Healthy Urban Living, UK
- P30 Reviving urbanity: Assessing public spaces in Peshawar for sustainable urban development and inclusivity**  
Saleha Ansari, National University of Science and Technology, Pakistan  
Huzaifa Sarfraz, Neosyss, Pakistan
- P31 Therapeutic hospital gardens – guidelines to transition to healthy spaces**  
Katharina Nieberler-Walker, Griffith University, Australia
- P32 Design for wellbeing: How we design for and measure wellbeing in the built environments**  
Georgina Blix, Blix Architecture, Australia
- P33 Innovation levers and barriers: Healthcare innovation needs a different approach to overcome challenges**  
Scott Russell, Innatify, Belgium
- P34 Developing a social appraisal model for community land trusts on NHS surplus land: A participatory workshop**  
Sem Lee, OURI Labs, UK  
Joel Simpson, Social Life, UK
- P35 Co-creating urban food futures through grassroots community engagement**  
Andrew Jenkins, University of Salford, UK
- P36 Compassionate places, human-centric design and neuroarchitecture: Case studies in practice**  
Natasha Reid, Matter Space Soul, UK



- P37 Bumping places: How to help a city thrive through facilitating connection**  
Maya Ljubojevic, University of Strathclyde, UK
- P38 From microbiome to mental health: Integrating ecourbanism, salutogenic design, and ecosystem services for resilient cities**  
Luke Engleback, Studio Engleback, UK  
Alessio Russo, Queensland University of Technology, Australia

- P39 Homestead Hafod Farm: A therapeutic model for community-based supported housing for those with a diagnosis of psychosis**  
Heather Macey, Makower Architects
- P40 Past models, future cities: Reimagining post-industrial urban quarters for healthy ageing**  
Marta Czachorowska, m.plus.design, Poland  
Katarzyna Lewoc, Anna Watkowska, OKAM, Poland
- P41 Rebuilding health from the inside out: Community-centred design and funding to support frontline care**  
Scott Russell, Innatify, Belgium
- P42 The feminiNEI: A case study analysis of gender inclusivity in Newcastle's planning policy and practice**  
Alanis Burgess, P+HS Architects, UK  
Jiayi Jin, Northumbria University, UK
- P43 Evidence-based and engagement-led asset optimisation strategies for healthy, connected communities**  
Chandkiran Nath, AECOM, UK



- P44 Learning environments: Designed for difference, built for belonging**  
Chloe Roberts, Metamorphia, UK  
Michelle Morgan, Restorative Practice Training and Consultancy, UK  
Paul Murphy, Werk Solutions, UK  
Catherine Barber-Brown, Barber-Brown Strategic Consulting, UK
- P45 The first causal impact evaluation of a child-friendly cities initiative: The Tirana school streets study**  
Simon Battisti, Qendra Marredhenie, Albania
- P46 Making connection visible: A theory of change approach to wellbeing in urban development**  
Mary Rouse, Ebbsfleet Development Corporation, UK  
Peter Mandeno, Better Connected, New Zealand  
Weston Baxter, Imperial College London, UK
- P47 Designing the invisible: How built environment strategy shapes community health and policy outcomes**  
Barbara Benesh, B. Grace Design, USA
- P48 Designing the Invisible: A live framework for health-first strategy in urban and organisational projects**  
Barbara Benesh, B. Grace Design, USA
- P49 Haven**  
Stephen Parker, Adam Ferrari, Wendy Wu, Jon Sell, Jacquelyn Nemitz, Amy Seek, Illyana Bass, Stantec, USA
- P50 Harti Hauora Tamariki: Delivering holistic care to improve child wellbeing through cross-sector action in Aotearoa New Zealand**  
Amy Jones, Nina Scott, Te Whatu Ora Health NZ, New Zealand  
Polly Atatoa Carr, The University of Waikato, New Zealand



- P51 Nature-based social prescribing for promoting health and wellbeing in urban settings: A participatory workshop to develop an international agenda for public policy action**  
Prof Matt Jones, Amy Beardmore, University of the West of England, UK  
Carolyn Daher, Jill Litt, Barcelona Institute of Global Health (ISGlobal), Spain  
Michelle Howarth, Edge Hill University, UK
- P52 Impacts of a co-designed sustainable park on physical activity and other wellbeing behaviours in a deprived UK urban area: A 7-year mixed-methods natural experimental study**  
Jack Benton, Jamie Anderson, Junyan Ye, Ellie Barker, Vanessa Macintyre, James Rothwell, Jack Wilkinson, Matthew Dennis, David French, The University of Manchester, UK
- P53 Multi-level longitudinal analysis of physical functioning change by sociodemographics and neighbourhood disadvantage among mid-to-older adults**  
Pouya Molaei, Lucy Gunn, Hannah Badland, RMIT University, Australia

# Community practice launch

14 October, Quays bar

## Community practice launch event: Embedding health in local authority decision-making

Organised by  
  
HEALTH & WELLBEING in PLANNING

13.15–  
13.45 **Panel:** Sem Lee, Ouri Labs, UK  
Shaun Andrews, Prior + Partners, UK  
Matthew Morgan, Quality of Life Foundation, UK  
Amber Nyoni, Essex County Council, UK

The integration of health considerations into strategic planning remains fragmented across local authorities, despite growing recognition of planning's role in addressing health inequalities. Following the Summer Forum 2025 on 'Planning health and wellbeing in a changing landscape' a critical need emerged for sustained collaboration between public health systems, planning practitioners and the private sector.

Our presentation announces the formal launch of the Community of Practice for Public Health and Strategic Planning, developed by the Health and Wellbeing in Planning Network, Ouri Labs, Prior + Partners, Quality of Life Foundation, and Optimal Cities.

Building on insights from the invite-only Summer Forum, which explored health impact assessments, skills adaptation, and policy implementation tools, the Community of Practice creates a structured platform for knowledge exchange, best practice sharing, and collaborative problem-solving across sectors.

The Community establishes regular engagement mechanisms between local authority practitioners and private-sector partners, facilitating the systematic embedding of health considerations in strategic planning processes.

This initiative represents a step towards institutionalising health-informed planning practice that is adaptable for all, creating sustainable networks that can drive the transition from reactive healthcare to proactive health creation through better placemaking, improved cross-sector collaboration, and strategic planning decisions.

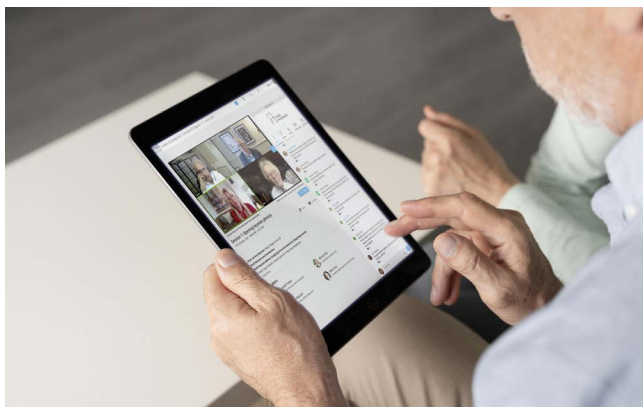




# HCD2025 LIVE: Enhancing the delegate experience

By blending 'in person' participation with a fully immersive digital experience, this year's Congress continues to create new and enhanced opportunities for knowledge exchange, professional development and networking.

The 9th Healthy City Design International Congress is being held for the first time at the Lowry, MediaCity in Salford, Greater Manchester. The venue is expected to sell out quickly, as world-leading practitioners, researchers and policy thinkers from around the world join the event 'in person' as delegates and as speakers to give talks, present posters, and participate in panels and workshops. But with a live conference stream broadcast into our fully integrated



virtual event platform, delegates will also have the choice of whether to participate in person or virtually, providing new opportunities to access talks and expert content from anywhere in the world.

'In person' and 'virtual' delegates will enjoy exceptional networking and professional development opportunities, building knowledge of the socio-economic global context, and emerging practice, skills and core competencies in designing and planning healthy communities, sustainable development, and urban infrastructure.



## Intuitive user interface

**Easy to engage in sessions, no matter where you are**  
Our intuitive hybrid event platform is designed to highlight key events and enable attendees to drill down to sessions of specific interest. Virtual and in-person attendees can engage in sessions using engagement tools such as chat and Q&A.

## Connect with more people

### Foster connections both online and offline

Connect and foster engagement with fellow attendees virtually and in person throughout the event. Attendees have multiple options to connect and message other attendees in person or connect with each other virtually via 1-1 chats, video calls and lounges.

## On-demand content

### Choose when to view talks and sessions

All registered participants will also receive virtual access to both 'live' streaming and video recordings of all sessions for 'on-demand' viewing for two months after the event. So, as an in-person delegate, choosing one parallel session or stream no longer means you miss viewing the talks in the other streams.

## Native mobile app

### A fully immersive experience

In-person and virtual attendees will be able to download a native, branded mobile application to browse session listings, connect and message other participants, both onsite and virtually, and view sponsors, partners, exhibitors and the programme agenda. The mobile app complements the in-person experience while enabling virtual attendees to engage remotely using engagement tools such as chat and Q&A.



# Delegate registration

The early-bird discount deadline is 10 September 2025

## Ticket types

In-person tickets are available in three categories: Commercial sector; Public Sector; and Third/Voluntary sector. Virtual-only tickets to access the live stream and on-demand recordings are also available.

## Group discounts

Available for three people or more (5%); five people or more (10%) or 10 people or more (20%). Group tickets are only applicable for teams from the same organisation. To apply please contact [info@salus.global](mailto:info@salus.global)

## Culture + Connection Reception

Being held on the evening of 14 October, join for a gourmet dinner, cultural performance and a keynote speaker in a prestigious Manchester venue. Learn more on page 6.

Register today at [www.healthycitydesign.global](http://www.healthycitydesign.global)

| Pricing                                    | Early-bird – until 10 September | Standard – from 11 September |
|--|---------------------------------|------------------------------|
| <b>In-person: Commercial</b>               |                                 |                              |
| 2-day                                      | £595 (£714 including VAT)       | £695 (£834 including VAT)    |
| 1-day                                      | £395 (£474 including VAT)       | £495 (£594 including VAT)    |
| <b>In-person: Public sector</b>            |                                 |                              |
| 2-day                                      | £395 (£474 including VAT)       | £495 (£594 including VAT)    |
| 1-day                                      | £225 (£270 including VAT)       | £325 (£390 including VAT)    |
| <b>In-person: Third / Voluntary sector</b> |                                 |                              |
| 2-day                                      | £195 (£234 including VAT)       | £245 (£294 including VAT)    |
| 1-day                                      | £95 (£114 including VAT)        | £145 (£174 including VAT)    |
| <b>Virtual</b>                             |                                 |                              |
| 2-day                                      | £125 (£150 including VAT)       | £175 (£210 including VAT)    |
| 1-day                                      | £75 (£90 including VAT)         | £115 (£138 including VAT)    |
| <b>Culture + Connection Reception</b>      |                                 |                              |
| Single ticket                              | £95 (£114 including VAT)        |                              |

## Recommended hotel: Holiday Inn Manchester - MediaCityUK

A vibrant Manchester hotel in the Salford Quays media hub, and only a short walk from both the Lowry arts complex and the striking Imperial War Museum North. Manchester city centre is just over 20 minutes by tram from MediaCityUK Metrolink station.

Visitors can experience behind-the-scenes tours of the BBC's studios, or nearby Old Trafford football ground to see the famous stadium as Premier League players do.

## Rates:

Single room with breakfast (12-15 Oct): £119.00  
Room rates are VAT inclusive.

Discounted room rates are available until 14 September, but the number of rooms available are limited so early booking is advised. On receipt of your registration, a booking link will be provided to enable you to book your accommodation at the above.





For further enquiries on the event programme, sponsorship or exhibition opportunities, contact:

info@salus.global

www.healthycitydesign.global

Early-bird deadline: 10 Sept

Register at: [www.healthycitydesign.global](http://www.healthycitydesign.global)



#### Event partners

