



Healthy City Design



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OCT
20-22

PRELIMINARY PROGRAMME

LOWRY

MEDIACITY | SALFORD
GREATER MANCHESTER



Breakdown or breakthrough?
New strategies for healthier cities

Super-early bird deadline
15 July, register at:
www.healthycitydesign.global

Organised by



Destination City partners



Journal partner



Urban transformation partner



Social value partner



Theme partners



Provisional timetable

15 July 2026

Super-early bird deadline for registration

23 July 2026

Extended deadline for HCD2026 Awards entries

10 September 2026

Early-bird registration deadline and deadline for speaker registration

20 October 2026

08.00-18.00: HCD2026 Congress & Exhibition

19.00-22.00: HCD2026 Awards ceremony

21 October 2026

08.00-18.00: HCD2026 Congress & Exhibition

22 October 2026

08.00-17.00: HCD2026 Study Tours

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Breakdown or breakthrough?

New strategies for healthier cities

Cities are changing fast. At Healthy City Design 2026, we're exploring the bold ideas that turn urban breakdowns into breakthroughs. Be it research, projects, or strategies, the Congress is at the heart of the movement shaping healthier, smarter, more equitable and resilient cities.

Cities across the world are navigating a period of profound instability. Economic uncertainty, geopolitical turbulence, climate fragility, migration patterns, social divisions and health inequalities are converging to create a uniquely challenging urban agenda for city leaders, developers, planners and policymakers.

Faced with so many pressures that could fracture urban systems, it would be easy to de-prioritise the role of health in making our cities greener, fairer and more inclusive. But that would be a mistake. Far from being a sideshow to urban development, the healthy city is central to it.

A healthy society and healthy urban environments are not peripheral ambitions; they are foundational conditions for long-term prosperity. Cities that prioritise health create the platform for climate resilience, social cohesion, innovation and economic productivity.

Thriving urban environments attract talent, stimulate creativity, reduce public spending burdens, and enable inclusive growth. Without health, there can be no sustained competitiveness, no dynamic workforce, and no resilient economy. The question facing city leaders, investors, planners, designers and policymakers is stark: will our cities drift towards fragmentation and decline – or will they achieve breakthrough transformation?

From healthy homes and neighbourhoods to sustainable infrastructure and green mobility, from community impact and social value to digital innovation and population health, this year's programme will examine how integrated, cross-

sector collaboration can deliver measurable improvements in both human and planetary wellbeing.

Healthy City Design 2026 returns to the Lowry in Salford, Greater Manchester on 20–22 October 2026 under the theme “*Breakdown or breakthrough?*” The Congress will explore bold strategies that place health at the centre of urban transformation – bringing an interdisciplinary focus across research, investment, development, design, planning and public health.

The question of breakdown or breakthrough has particular resonance in the context of the UK's policy framework, which emphasises cross-sector *Health in All Policies*, the building of New Towns, and the fast-tracking of high-density housing around well-connected transport hubs. The NHS is committed to switching health services from hospital to the community, from analogue to digital, and from treatment to prevention. The fightback is on.

But this fundamental wellbeing challenge facing cities extends globally, crossing continents and cultures. When the Congress was first established a decade ago, the aim was to encourage designers and planners of the built environment to collaborate more closely with public health professionals. That objective remains of paramount importance today.

Salford celebrations

This year is a special one for our host city, Salford, Greater Manchester. As it celebrates 100 years of city status – with a forward-looking programme of cultural, civic and environmental initiatives – Salford provides an ideal living

laboratory for exploring how health-led development can shape the next century of urban progress.

Manchester – or ‘Manchesterism’ – is also currently at the heart of the debate around national regeneration and renewal, with the former mayor of Greater Manchester, Andy Burnham, tipped to become the new British prime minister. A policy agenda he followed during his near-decade-long tenure as mayor, Manchesterism has been described by Burnham himself as an approach that aimed to combine economic development with social benefits, with policies designed to explicitly channel the proceeds of growth towards communities.

We look forward to welcoming you to this year’s 10th Healthy City Design 2026 International Congress and Awards, hosted once again in Salford, Greater Manchester. Register today and join us for ten streams, featuring more than 150 talks, workshops, panels and Video+Poster presentations of the latest research evidence, best practice project case exemplars, new policy ideas, and innovative investment strategies in the way we plan and design our cities and communities to be fairer, healthier and more sustainable.

Keynote and featured speakers



Lord Nigel Crisp
Independent crossbench member,
House of Lords, UK



Dr Nathalie Röbbel
Global lead, urban health, World Health
Organization, Switzerland (Invited)



Amy Burbidge
Head of design and master
development, technical services, Homes
England, UK



Hua Dong
Director, Helen Hamlyn Centre for Design,
Royal College of Art, UK



David Birkbeck
Chief executive, Design for Homes, UK



Professor Jeremy Myerson
Co-founder, Healthy City Design;
professor emeritus, Royal College of Art, UK



Marc Sansom MBA
Co-founder, Healthy City Design;
Managing director, SALUS Global
Knowledge Exchange, UK



About the venue:

Lowry

Named after the early 20th-century painter, L.S. Lowry, known for his paintings of industrial scenes in North West England, Lowry is one of Britain's 12 landmark projects for the Millennium and is commonly regarded as a triumph of civic will and enterprise.

Opened on 28 April 2000, the theatre and gallery complex in Salford Quays, Greater Manchester, was the flagship project of Salford City Council's regeneration plan in 1988 for the redevelopment of the derelict Salford docks as a leisure, cultural and tourism area.

Costing £106 million, Lowry, which was designed by Michael Wilford, is built on a triangular site at the end of Pier 8 and has a triangular plan. A promenade encircling the building provides views of the Manchester Ship Canal, MediaCity and the Salford Quays developments. The complex is close to the Imperial War Museum North and the Old Trafford football stadium, and it's served by the MediaCityUK stop on the Metrolink tram network. In 2010 and 2011, it was Greater Manchester's most visited tourist attraction.

The regeneration of Salford Quays with Michael Wilford's Lowry as its centrepiece has led to references in the media to the "Bilbao effect"—the phenomenon where the creation of a new, architecturally striking cultural amenity, such as Frank Gehry's Guggenheim Museum in Bilbao, brings economic improvement to areas of urban decay.



About the city:

Salford at 100:

A Living Laboratory for Healthy Urban Futures

As Salford marks 100 years since being granted city status, it is one of the UK's most compelling examples of urban reinvention. Once characterised by post-industrial decline as a "dirty old town", Salford has undergone a remarkable transformation, emerging as a dynamic, investment-ready city that is redefining the relationship between economic growth, urban development and health.



Over the past two decades, regeneration across Salford Quays, Salford Central and the wider city centre has reshaped the city's physical, social and economic fabric. Today, Salford is projecting economic growth of more than 46 per cent, underpinned by an ambitious long-term vision to deliver 40,000 new homes and 40,000 new jobs by 2040 across four strategic growth locations: Salford City Centre; The Quays and MediaCity; the Greater Manchester Western Gateway; and Salford's towns.

Creative cities

At the heart of this transformation is MediaCity—an internationally recognised hub for technology, innovation and the creative industries. Home to the BBC, ITV and a rapidly expanding ecosystem of digital and technology businesses, MediaCity is itself entering a new phase of growth through a £1 billion expansion that will deliver more than 3,200 homes, 800,000 sq ft of commercial space and enhanced

public realm. Generating around £1.4 billion annually for the Greater Manchester economy, it demonstrates how high-quality, health-supportive places can also drive creativity, innovation and productivity.

Salford's growth is being guided by a commitment to creating a fairer, greener, healthier and more inclusive city. Investment in sustainable transport, active travel, green infrastructure and the proposed development corridor along the Manchester Ship Canal is designed not simply to support economic performance, but to improve connectivity, environmental quality and population wellbeing.

This approach is founded on strong public-private collaboration and meaningful community engagement. Regeneration is viewed not merely as physical renewal, but as investment in social, cultural and health infrastructure that creates neighbourhoods capable of supporting equity, resilience and long-term wellbeing.

City-region transformation

Together with neighbouring Manchester and Trafford, Salford forms part of one of Europe's most ambitious programmes of city-region transformation. Through the Greater Manchester Strategy and the Central Growth Cluster, the city-region is delivering tens of thousands of new homes and jobs while strengthening its position as a globally competitive centre for innovation, culture and sustainable development.

As Healthy City Design returns to The Lowry at MediaCity during Salford's centenary year, delegates will experience first-hand a city-region placing health at the heart of investment, regeneration and inclusive growth. From the continuing evolution of MediaCity and Salford Quays to the major regeneration programmes taking shape across neighbouring Trafford, Greater Manchester offers a living laboratory for exploring how health can become a driver of urban transformation.

Celebrating global design excellence at the heart of Trafford's transformation



Complementing the remarkable transformation taking place across neighbouring Salford, the Healthy City Design 2026 Awards Dinner will be held in the Evolution Suite at Old Trafford, the iconic home of Manchester United Football Club. Together, Salford and Trafford illustrate how Greater Manchester is harnessing regeneration, innovation, culture and sport to create healthier, more connected and economically resilient places.

Old Trafford sits at the centre of one of the UK's most significant regeneration programmes. Plans for a new 100,000-seat Manchester United stadium, together with the wider Old Trafford Regeneration Masterplan, represent a once-in-a-generation opportunity to transform the Trafford Wharfside district into a vibrant mixed-use destination with new homes, workplaces, public spaces, transport connections and community facilities. The vision extends far beyond a new stadium, positioning sport as a catalyst for economic renewal, environmental sustainability and healthier urban living.

Integrated development

The wider area is also becoming a major focus for health, wellbeing and innovation. Just a short distance from Old Trafford, Therme Manchester is set to become the UK's

first city-based wellbeing resort, combining thermal bathing, nature, water, fitness, relaxation, family recreation and preventative health within a landmark destination designed to improve physical, mental and social wellbeing.

Alongside the proposed stadium development, it reflects a broader vision in which health, leisure, culture, biodiversity and public space are integrated into the regeneration of an entire urban district.

Investment in healthier lifestyles

Together, these complementary developments demonstrate how investment in sport, recreation, health infrastructure and placemaking can support healthier lifestyles, stronger communities and more resilient local economies. They also embody the ambitions that Healthy City Design has championed throughout the past decade: embedding health within every aspect of city-making—from planning, housing and mobility to climate resilience, biodiversity, culture and community infrastructure.

Against this inspiring backdrop, the Healthy City Design Awards Dinner will bring together leading policymakers, planners, architects, urban designers, developers, public health



professionals, researchers and innovators from across the UK and around the world. Guests will enjoy a drinks reception, three-course dinner and the presentation of the Healthy City Design Awards, recognising outstanding achievements in creating healthier, more sustainable and equitable places.

As Healthy City Design celebrates its tenth anniversary, there could be no more fitting setting in which to recognise excellence. Together with Salford's centenary and the wider transformation taking place across Greater Manchester, the Awards Dinner offers an opportunity not only to celebrate outstanding projects from around the world, but also to experience first-hand a city-region demonstrating how health can shape the future of regeneration, investment and urban transformation.



Programme Committee



Yonette Thomas PhD

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UrbanHealth360, USA



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Clare Wildfire

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Organising committee



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Independent design consultant, UK

Graham Marshall

Director, Prosocial Place, UK

Ben Cave

Director, Ben Cave Associates, UK; University of Groningen, The Netherlands



Stream 1: Healthy city design and planning

20 October, Quays Theatre

08.00 Registration opens

Keynote plenary




Session 1

Breaddown or breakthrough? New strategies for healthier cities

Chair: **Jeremy Myerson**, The Helen Hamlyn Centre for Design, Royal College of Art; WORKTECH Academy, UK

08.45 Opening remarks

09.00  **From fragmentation to transformation: A strategic approach to urban health**
Dr Nathalie Röbbel, Global Lead, Urban Health, World Health Organization, Switzerland (Invited)

09.25  **Inclusion by design: Creating healthier cities**
Prof Hua Dong, Director, Helen Hamlyn Centre for Design, Royal College of Art, UK

10.15–10.45 Video+Poster Gallery, coffee and networking

Session 2

Creative cities, healthier communities: Harnessing culture, media and design for urban wellbeing

10.45 Healthy cities are shaped not only through planning and healthcare, but through creativity, collaboration and community. Drawing on examples from MediaCity, Salford and across Greater Manchester, this panel explores how culture, media, design and digital innovation can drive healthier, more inclusive and economically resilient places, supporting urban regeneration, strengthening community connections and improving wellbeing through creative partnerships.

12.30–13.45 Video+Poster Gallery, workshop, lunch and networking

12.30–14.00 Roundtable (by invitation)
Imagining the futures we want

Chaired and facilitated by:

Rob Delius, Tudor Jones, Dr Eli Hatleskog, Stride Treglown

For the full abstract and details of the panel, please go to page 26

Curated by

STRIDE TREGLOWN



Session 3

Evolving healthy cities in Liverpool, Belfast and Glasgow

Chair: Prof Matt Ashton, Liverpool City Council

13.45

Forty years on: Evolving healthy cities in Liverpool, Belfast and Glasgow

Panel: Anne McCusker, Belfast Healthy Cities, UK
Gillian Dick, Etive Curry, Glasgow City Council, UK

Since hosting the UK's first Healthy Cities Conference in 1988, Liverpool, alongside Belfast and Glasgow, has played a leading role in advancing the WHO Healthy Cities movement, embedding health, equity and participation into urban policy and practice. Rooted in the Ottawa Charter's principles of advocating, enabling and mediating, the programme has helped cities integrate the social determinants of health across planning, governance and community development. Yet widening health inequalities, fragmented governance and growing economic and climate pressures continue to challenge progress.

This session explores how Liverpool, Belfast and Glasgow have evolved their healthy city programmes over nearly four decades, from Phase I in 1988 to the launch of Phase VIII. Through practical case studies, speakers will share how cross-sector collaboration, community engagement and policy innovation have shaped healthier, more equitable places, highlighting achievements, challenges and lessons learned. An interactive panel discussion will examine how the healthy cities approach can strengthen Health in All Policies and support more resilient, joined-up urban governance for the future.

15.15–
15.45 **Video+Poster Gallery,
coffee and networking**



Session 4

Therme Manchester: Transforming urban wellbeing at scale

Chair: Rob Creber, Therme Manchester, UK

15.45–
17.00

**Therme Manchester:
Transforming urban wellbeing at scale**

As cities seek new approaches to improving population health and wellbeing, innovative partnerships between the private, public and not-for-profit sectors are becoming increasingly important. This session explores how Therme Manchester is pioneering a new model of wellbeing social infrastructure that complements public health provision through collaboration rather than replacement. Bringing together Therme, Salford City Council and Trafford Council, the presentation will showcase their shared commitment to creating healthier communities, demonstrating how cross-sector partnerships can deliver urban wellbeing at scale and contribute to healthier, more resilient cities.

Keynote plenary



Session 5

Chair: Chris Liddle,
HLM Architects, UK

17.00

**Creating a healthy society:
From hyper-turbulence to hope**



Lord Nigel Crisp,

Independent crossbench member,
House of Lords, UK

Lord Nigel Crisp argues that creating a healthy society should become our shared national ambition. He explores how health, education, employment, the economy and the environment can be aligned around human values, empowering communities and building a more resilient, equitable and prosperous future.

17.50–

Closing remarks

18.00

Jeremy Myerson, The Helen Hamlyn Centre for Design,
Royal College of Art; WORKTECH Academy, UK

18.30-
22.00

Awards ceremony and dinner

For more information, please see pages 28-29



Session 6

Place-based approaches to population health

Chair: **Jenni Montgomery**, Stantec, UK

- 10.45 **The role of local development plans in Wales in delivering healthy places**
Cheryl Williams, Public Health Wales, UK

- 11.05 **Planning for healthy places: Guidance that ‘hits the nail on the head’ for getting knowledge into healthy placemaking policy**
Mark Drane, Urban Habitats, UK
Emma Bird, UWE Bristol, UK
Gemma Hyde, Town & Country Planning Association, UK

- 11.25 **From Marmot ambition to system delivery: Operationalising health equity in a complex urban system**
Abdul Azad, Luton Borough Council, UK

- 11.45 **The Wellness Framework: A multidimensional appraisal of the built environment’s impact on holistic human wellness**
Daniel Johnson, Anna Johnson, Placemaking, UK

- 12.05 **Panel discussion**

12.30–13.45 **Video+Poster Gallery, workshop, lunch and networking**



Session 7

Design for neighbourhood health

Chair: **Mark Walker**, Stantec, UK

- 13.45 **Masterplanning for population and neighbourhood health: NMGH as a regeneration driver**
David Baldwin, Alex Solk, Colin Hockley, Sheppard Robson, UK

- 14.00 **Trauma-informed design as a framework for community health**
Stefan Harris, AHR, UK
Vicky Halliwell, University of Salford, UK

- 14.15 **Bold ideas for healthier cities: Health on the high street – making care closer to home a reality**
Patrick Kelly, P+HS Architects, UK

- 14.30 **Stop building health centres: Designing places for prevention**
Kris Mackay, 360 Degree Society, UK
Liz Towns-Andrews, University of Huddersfield, UK
Harry Dodd, Community Health Partnerships, UK

- 14.45 **Panel discussion**

15.15–15.45 **Video+Poster Gallery, coffee and networking**



Session 8

Design for ageing and equity

Chair: **Marina Milosev**, Beyond the red line, UK

- 15.45 **Co-creating health and place: Living Well in Later Life**
Professor Stefan White, Manchester School of Architecture

- 16.05 **City of longevity: A systemic service design methodology for urban healthy longevity**
Valeria Leonardi, Nic Palmarini, Newcastle University, UK
Camilla Borghi, Beatrice Ferrarini, Voice Italia, Italy

- 16.25 **Intergenerational places: How urban design and governance shape interactions in an ageing city**
Natalie Raben, Manchester Metropolitan University, UK/Spain

- 16.45–17.00 **Panel discussion**

Stream 2 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day’s closing plenary session (17.25–18.00).



Session 9

Climate-resilient cities and communities

Chair: Paul Bell, Ryder Architecture, UK

10.45 **Centring human and planetary health in planning for new communities. A case study of Tewin**
Yasmin Afshar, Craig Lametti, Urban Strategies, Canada
Steve Dulmage, Urban Equation, Canada
Sue Riddlestone OBE, Bioregional, UK

11.05 **Comparing UK and Swedish approaches to climate resilience in cities, and lessons for planners and policymakers**
Ashley Bateson, Hoare Lea, UK

11.25 **Beyond the urban farm: A multiscale systemic landscape framework for evaluating sustainability outcomes in Rotterdam**
Pooja Boddupalli, Steffen Nijhuis, Nico Tillie, TU Delft, Netherlands

11.45 **Mapping misinformation on low-traffic neighbourhoods in UK news media: A novel content analysis framework**
Vivian Fosseppez, Zanna Buckland, Audrey De Nazelle, Ahmadreza Faghih Imani, Imperial College London, UK

12.05 **Panel discussion**

12.30–13.45 **Video+Poster Gallery, lunch and networking**



Session 10

Digital transformation for sustainable cities

Chair: Clare Wildfire, Mott MacDonald, UK

13.45 **Towards trustworthy AI for green mobility: A probabilistic approach to railway demand estimation**
Chulwoong Park, Yeunsoo Park, Kyounghee Cho, Mohammad Mayouf, Muhammad Afzal, Birmingham City University, UK

14.05 **Understanding the determinants of cycling experience: A digital twin experiment to support active mobility**
Khashayar Kazemzadeh, University of Manchester, UK

14.25 **Learning the land digitally**
Isabella Bhoan, WW+P Architects, UK

14.45 **Panel discussion**

15.15–15.45 **Video+Poster Gallery, coffee and networking**



Session 11

Designing health-creating urban waterfronts

Chair: Max Farrell, Healthy City Design, UK

15.45 **Waterfronts as a social spine: Measuring the community impact of beachfront activation**
Magdalena Jakubowska, Dar Al-Handasah, UK
Francesco Roesler, Dar Al-Handasah, Egypt
Joe Sassine Finianos, Yasmine Wazzi, Dar Al-Handasah, UAE
Luke Heslop, Brunel University, UK

16.05 **Reconsidering urban waterfronts: Exploring blue-grey space as a hybrid setting for health and wellbeing**
Joanna Hayes, Charlotte Lyddon, University of Liverpool, UK
Tom Hampton, Liverpool School of Tropical Medicine, UK

16.25 **River Roding Health Corridor: Spatialising prevention to reduce urban health inequalities**
Heather Macey, Makower Architects, UK
Louise Phillips, NHS, UK
Anna Gibbs, Be First, UK

16.45–17.00 **Panel discussion**

Stream 3 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.25–18.00).

Stream 4: Community impact and social value

20 October, Studio 2 & 3



Session 12

Community cohesion, social value and regeneration

Chair: Lourdes Madigasekera-Elliott, East Sussex Council, UK

10.45 **Dove street murals – transforming neighbourhoods through visual citizenship and participatory placemaking**
Louise Ciotti, Alice Moncaster, Matthew Jones, University of West of England, UK
Victoria Rivera-Ugarte, University of Cardiff, UK

11.05 **Aligning economic, environmental and health objectives through social value frameworks in large-scale urban regeneration**
Lara Pool, Ebbsfleet Development Corporation, UK

11.25 **Urban greenspace as social infrastructure: A practice-based case study of community cohesion in Houston's third ward**
Lindsay Sansom, Texas A&M University, USA

11.45 **Shaping everyday wellbeing: Urban design, creative health, and the preventative city**
Maysa Phares, Wei Wen, Studio Egret West, UK
Faye Lawrence, Planting Stories, UK

12.05 **Panel discussion**

12.30–13.45 **Video+Poster Gallery, workshop, lunch and networking**



Session 13

Designing for young people

Chair: Benazir Noor Mohamed, Well Built, UAE

13.45 **Schools as community hubs: Embedding social value and health outcomes in urban development**
Coen van den Wijngaart, Anculus, Netherlands
Malak Mehta, Anculus, UK

14.05 **Beyond the school gates: Neighbourhood design, play and community health**
Antonia Cotton, Urban Health 360, UK
Julika Niehaus, Impact on Urban Health, UK
Nicola Noble, Big Education Trust, UK
Dinah Bornat, ZCD Architects, UK
Guddi Singh, WHAM (Wellbeing & Health Action Movement), UK
Mike Wragg, Leeds Beckett University, UK

14.25 **Mitcham Play Way: Co-designing a youth-centred, climate-resilient high street for healthier everyday lives**
Carrie Wood, Mark Warren, London Borough of Merton, UK

14.45 **Panel discussion**

15.15–15.45 **Video+Poster Gallery, coffee and networking**



Session 14

Planning frameworks for social impact

Chair: Jeremy Myerson, Healthy City Design, UK

15.45 **Designing social value in a historic town: Health-led infrastructure change in Caerleon, Wales**
Mike Morgan, AECOM, UK
Steve Manning, Newport City Council, UK

16.05 **RootStock Social: Towards an integrated social design framework for equitable, measurable and lasting community health**
Marie-Louise Schembri, Hilson Moran, UK

16.25 **Playbook for food and masterplanning**
Eike Sindlinger, Arup, UK
Kathryn Firth, FP Design, UK

16.45–17.00 **Panel discussion**

Stream 4 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.25–18.00).

Stream 5: Workshop stream

20 October, Pier Eight



Session 15

'Play Your Part': A participatory game for co-designing healthier communities

Lead facilitator: Barbara Kaucky,
Director, Root And Erect, UK

10.45 **Play your part: A participatory game for co-designing healthier communities**

Panel: Barbara Kaucky, Susanne Tutsch, Angus Stanley, Root And Erect, UK

Chris Allen, Luke Gilbery, Anna Rank, Feilden Clegg Bradley, UK

Gemma Keaney, Gemma Keaney, UK

Traditional community engagement often focuses on identifying problems rather than generating creative solutions. This interactive workshop introduces Play Your Part, a participatory design game that uses structured play to inspire innovative thinking about healthier communities. Longlisted for the Davidson Prize, the approach positions play as both an engagement method and a design objective, encouraging collaboration across generations.

Participants draw combinations of person, play and place cards to create rapid design responses to real-world urban challenges. The game promotes creative problem-solving, safe experimentation and fresh perspectives while strengthening social connections through shared discussion and reflection. Early testing with design professionals has produced imaginative, practical and unexpected ideas that conventional consultation methods often overlook. Participants will experience the methodology firsthand, contribute to its ongoing development, and explore how playful co-design can support healthier, more inclusive and socially connected neighbourhoods.

12.30–
13.45 **Video+Poster Gallery, workshop,
lunch and networking**



Session 16

Strengthening the community of practice for health and spatial planning

Lead facilitator: Sem Lee,
OURI Labs, UK

13.45 **Strengthening the community of practice for health and spatial planning**

Despite strong evidence linking health and the built environment, embedding health within spatial planning remains challenging. This workshop explores how communities of practice can strengthen collaboration, knowledge exchange and implementation during a period of significant planning and local government reform in England. It draws on the work of the Health and Wellbeing in Planning Network (HWPN), a 250+ member community supported by the Association of Directors of Public Health, bringing together planners, public health professionals, NHS colleagues, researchers and community partners.

Building on priorities emerging from the HWPN Summer Forum 2026, participants will examine practical approaches to integrating health into planning policy, planning applications and Local Plans, while exploring the role of hybrid health-planning professionals. Through facilitated discussion and collaborative exercises, attendees will identify transferable strategies, strengthen cross-sector networks and gain practical insights to support healthier planning decisions in their own organisations.

15.15–
15.45 **Video+Poster Gallery,
coffee and networking**



Stream 5 will be brought to a close at 15.45, at an earlier time to other streams.





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and perspectives from
the congress.



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password



Stream 6: Healthy city design and planning

21 October, Quays Theatre

08.00 Registration opens

Opening keynote



Session 17

Chair: Sunand Prasad, Advisor, Healthy City Design, UK

08.45 Welcome and introduction

09.00 **Building for a healthy life: Simple principles for better places**

Amy Burbidge, Head of design and master development, Homes England, UK
David Birkbeck, Chief executive, Design for Homes, UK

Healthy places are not created through technical standards alone but through simple principles that put people, nature and community first. Drawing on the new Building for a Healthy Life guidance, this keynote panel explores how planners, developers, designers and public health leaders can work together to create neighbourhoods where healthier lives become the natural choice.

10.15–10.45 **Video+Poster Gallery, coffee and networking**



Session 18

Social urbanism and wellbeing

Chair: Max Farrell, Healthy City Design, UK

10.45 **Activating population health: Beyond infrastructure to relational health-creating systems**
William Bird, Intelligent Health, UK

11.05 **Future of place: Research into the next generation's breakthrough vision for future communities**
Marcus Adams, Nigel Bidwell, JTP, UK

11.25 **Social infrastructure is essential infrastructure**
Julia Day, Gehl, Denmark

11.45 **Re-inventing the city's alleys: New pedestrian routes in the City of London**
Anna Rose, Anna Amodio, Space Syntax, UK

12.05 **Panel discussion**

12.30–13.45 **Video+Poster Gallery, workshop, lunch and networking**

12.30–14.00 **Roundtable (by invitation)**

**Healthier places by design:
Aligning regeneration, infrastructure
and investment**

Chaired and facilitated by:

Clare Wildfire, Mott MacDonald

For the full abstract and details of the panel, please go to page 26

Curated by





Session 19

From design to delivery: Co-producing health equity through English devolution

Chair: Siobhan Morris,

Assistant Director, Grand Challenges, University College London, UK

13.45

From design to delivery: Co-producing health equity through English devolution

Panel: Rebecca Wallwork, Health Inequalities, UK
Olivia Stevenson, Alice Nerurker, University College London, UK

Emily Hackett, Local Government Association, UK
Megan Wright, Bracknell Forest Council, UK

The English Devolution and Community Empowerment Bill introduces a new statutory duty for strategic authorities to address health inequalities, creating an opportunity to embed health equity within place-based planning, governance and decision-making. This session presents findings from the UCL-LGA Devolution and Health Equity Knowledge Exchange, led by Professor Sir Michael Marmot, which supports local and combined authorities in translating national policy into practical action.

Drawing on UCL's research on the social determinants of health and the Local Government Association's expertise in devolution, the project has brought together policymakers, elected members, public health practitioners and researchers through workshops, peer learning and policy roundtables. Panellists will share emerging lessons on governance, cross-sector collaboration, evidence and system leadership, alongside the challenges of aligning economic growth with health equity. The session will offer practical insights for place leaders seeking to embed health equity into devolved governance and create healthier, more equitable communities.

15.15–
15.45

**Video+Poster Gallery,
coffee and networking**



Session 20

Promoting health outcomes in urban development decision-making in the UK Government

Chair: Sarah Ayres, Professor of public policy and governance, University of Bristol, UK

15.45–
17.00

Promoting health outcomes in urban development decision-making in the UK Government: A collaboration between academia and the Ministry of Housing, Communities and Local Government

Panel: Geoff Bates, Eleanor Eaton, University of Bath, UK
Andrew Charlesworth May, Becca Kelly, Communities and Local Government, UK

This panel explores a three-year collaboration between the Tackling Root Causes Upstream of Unhealthy Urban Development (TRUUD) programme and the Ministry of Housing, Communities and Local Government (MHCLG) to strengthen the role of health evidence in urban development policy and investment decisions. Central to the collaboration is the Health Appraisal of Urban Systems (HAUS) model, which assesses how changes to the built environment influence physical and mental health, wellbeing, health services and the economy across more than 200 impact pathways.

Following its inclusion in the updated MHCLG Appraisal Guide in 2026, HAUS is now being applied by MHCLG and Homes England to support healthier development decisions. Panellists will share lessons from translating research into government practice, discuss the opportunities and challenges of embedding health within appraisal processes, and explore how policymakers, practitioners and researchers can work together to improve health outcomes through urban development.

Keynote plenary



Session 21

The Road to 2027: The Next Healthy City Design Destination

Chair: Max Farrell, Healthy City Design, UK

17.00

Join city leaders as we unveil the 2027 Healthy City Design host city, exploring its vision, ambitions and opportunities to shape the next chapter of healthier cities.

17.30–

Closing remarks

17.45

Jeremy Myerson, Healthy City Design; The Helen Hamlyn Centre for Design, Royal College of Art; UK



Session 22

Housing and place: Evidence, innovation and practice

Chair: **Jim Chapman**, Healthy City Design, UK

10.45 **From masterplanning to liveable urbanism: Empowering agents of change for healthier and more resilient cities**
Lucy Bullivant, Lucy Bullivant & Associates, UK

11.05 **Compassionate places: Implementing neuroarchitecture and “human impact design” for transdisciplinary, health-creating built environments in practice and policy**
Natasha Reid, Matter Space Soul, UK

11.25 **Co-creation living lab for dementia-friendly residential care environments**
Femke Feenstra, Gortemaker Algra Feenstra architects, Netherlands

11.45 **Health impacts of housing retrofit programmes: A modelling analysis of targeting for health inequality reduction**
Huihui Song, Benjamin Barr, Emma Coombes, Sarah Rodgers, Anna Head, Eleojo Abubakar, University of Liverpool, UK

12.05 **Panel discussion**

12.30–13.45 **Video+Poster Gallery, workshop, lunch and networking**



Session 23

Designing child-friendly neighbourhoods

Chair: **Gemma Hyde**,
Town & Country Planning Association, UK

13.45 **Mapping healthy environments for children: Developing a child-centred spatial index for neighbourhood planning**
Niamh Donnellan, Te Whare Wānanga o Waitaha; University of Canterbury, UK
Jesse Whitehead, University of Waikato, New Zealand
Melody Smith, José Derraik, University of Auckland, New Zealand
Yvonne Anderson, Curtin University; The Kids Research Institute in Perth, Australia

14.05 **Embedding children’s needs in urban design: Applying the child-friendly urban environments (CFUE) framework in Cardiff**
Tayo Isa-Daniel, AtkinsRéalis, UK

14.25 **Designing neighbourhoods that enable a “balanced play diet”: A preventative approach to population health**
Amanda Gummer, FUNdamentally Children, UK
Romy Rawlings, DeepGreen Consultancy, UK

14.45 **Panel discussion**

15.15–15.45 **Video+Poster Gallery, coffee and networking**



Session 24

Evidence-based neighbourhood design

Chair: **Richard Mann**, AECOM, UK

15.45 **Delivering green immersion at scale**
Richard Webb, Victoria Bullock, Stantec, UK

16.05 **Macquarie Park masterplan: Designing a healthy neighbourhood from first principles**
Matthew Blair, BVN, UK

16.25 **Nourishing neighbourhoods: An approach to designing healthy living together**
Diego Grinberg, Hawkins\Brown, UK

16.45–17.00 **Panel discussion**

Stream 7 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day’s closing plenary session (17.00–18.00).



Session 25

Data-driven design for health

Chair: Tom Benson,

Dar; Massachusetts Institute of Technology, UK

10.45 **Designing living systems: Integrating health, carbon and community outcomes at the district scale**
Elisabeth Montgomerie, Steve Edge, Introba, UK
Shreshth Nagpal, Introba, USA

11.05 **Uncovering the drivers of everyday activity through integrated urban data**
Ffion Carney, AtkinsRéalis, UK

11.25 **Making the case for civic data investment: An economic valuation of public health datasets**
Gary Leeming, University of Liverpool, UK
Jasmine Kendall, Oxford Insights, UK

11.45 **Closing the assumption gap: Using behavioural evidence to strengthen healthy design in planning**
Joshua Dickerson, BWB Consulting; Deetu, UK

12.05 **Panel discussion**

12.30–
13.45 **Video+Poster Gallery, workshop, lunch and networking**



Session 26

Mapping and modelling

Chair: Audrey de Nazelle,

Imperial College London, UK

13.45 **UpGreen: Urban greenery analysis for Copenhagen's climate resilience – a case study**
Lea Heise, Miloslav Kalab, ASITIS, Czech Republic

14.00 **Healthy Taoyuan: Digital transformation – climate risk adaptation platform project**
Chi-Liang Yen, Taoyuan City Government, Taiwan

14.15 **UrbanCare: Structuring multi-scale pedestrian health cases for evidence-based public space development**
Alvaro Valera Sosa, BHL Building Health Lab UG, Germany

14.30 **A pioneering approach to measure neighbourhood prosperity**
Will Temple, PRD, UK
Paul Honeyben, London Councils, UK
Nikos Tzivanakis, Marcell Kurucz, UCL Institute for Global Prosperity, UK

14.45 **Panel discussion**

15.15–
15.45 **Video+Poster Gallery, coffee and networking**



Session 27

AI-driven planning for urban health

Chair: Anna Rose, Space Syntax, UK

15.45 **Local aspirations: Generating common visions and solutions for urban health through structured decision-making**
Nicole Cowell, Claire Dillway, Claire Heaney, Christopher Pain, Audrey de Nazelle, Imperial College London, UK
Emily Nix, Rosemary McEachan, Shahid Islam, Bradford Teaching Hospitals NHS Foundation Trust, UK

16.05 **Agentic AI for healthy urban futures: Reframing regeneration through health-centred, adaptive governance**
Blaise Aboh, City Business (CBLabs), UK

16.25 **Breakdown or breakthrough? AI, environmental exposure, and health equity in African cities**
Abigail Oppong, UrbanHealth 360, Ghana
Yonette Thomas, UrbanHealth 360, USA

16.45–
17.00 **Panel discussion**

Stream 8 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.00–18.00).

Stream 9: Mixed-used and working environments

21 October, Studio 1 & 2



Session 28

Sustainable places for living and working

Chair: Rosie Cade, Rising Tide, UK

10.45 **Material health benefits: Advancing health through biobased design in the TimberHaus Project**
Rebecca Sawcer, Johan Wijsinghe, Kirsten Haggart, Waugh Thistleton, UK

11.05 **Workplace design for human flourishing: Evidence from a purpose-built, health-promoting corporate headquarters in Thailand**
Linda Tomasso, John Spengler, Harvard T.H. Chan School of Public Health, USA
Dorota Weziak-Bialowolska, Kozminski University, Poland

11.25 **Transforming the health of city life through the design and build of an Urban Farming Network**
Patrick Dumas, Square Mile Farms, UK

11.45 **Designing healthy working environments through circular principles: A case study approach**
Shreya Aneja, Raymonde Bieler, White Arkitekter, UK

12.05 **Panel discussion**

12.30–13.45 **Video+Poster Gallery, workshop, lunch and networking**



Session 29

Health-promoting workplace design

Chair: Esme Banks-Marr, BVN Architecture, UK

13.45 **Healthy cities require healthy sectors: Cultural intelligence as infrastructure for urban wellbeing**
Marsha Ramroop, Unheard Voice Consultancy, UK

14.05 **A duty of care to caregivers: A new standard for healthcare workplace design**
Colin Hockley, Jing Zhi Tan, Benjamin Wall, Sejal Mistry, Sheppard Robson, UK

14.25 **London Institute for Healthcare Engineering: Designing healthy, high-performance workplaces**
Philip Watson, HLM Architects, UK

14.45 **Panel discussion**

15.15–15.45 **Video+Poster Gallery, coffee and networking**



Session 30

Social environments: Culture, nature and sport

Chair: Carlo Castelli, Urban Purpose, UK

15.45 **Designing for dignity in healthy cities: A toolkit for addressing the complex and human realities of urban space**
Lauren Decent, Carl Walker, Hoare Lea, UK

16.05 **Supercharging communities through sport-led regeneration**
Jonathan Seebacher, Ryder Architecture, UK

16.25 **Healthy spaces: Connecting people, nature, and culture for preventative health**
Lucy Bawden, Pocket Creatives, UK
Ewan Oliver, Placeshaper UK, UK

16.45–17.00 **Panel discussion**

Stream 9 will be brought to a close at 17.00, whereupon delegates are invited to return to the Quays Theatre for the day's closing plenary session (17.00–18.00).

Stream 10: Workshop stream

21 October, Pier Eight



Session 31

Health at the heart of place: Unlocking the power of strategic spatial planning

Lead facilitator: Dawn Jenkin,

Consultant in public health, West Midlands Combined Authority, UK

10.45 Health at the heart of place: How can multidisciplinary approaches and visionary public-sector reform in England unlock the power of strategic spatial planning and improve health for generations to come?

Panel: Mubasshir Ajaz, Helen Forman, West Midlands Combined Authority, UK

Katherine Merrifield, The Health Foundation, Australia/UK

Nadia Inglis, Walsall Council, UK

Shaun Andrews, Prior + Partners, UK

Spatial planning is a powerful tool for creating healthier, fairer and more resilient communities, yet its potential is often constrained by fragmented policy and governance. This interactive workshop explores how England's new Spatial Development Strategies and statutory Health Duty for Mayoral Authorities provide an opportunity to embed health at the heart of regional planning, economic growth and regeneration.

Drawing on the Mayoral Regions Programme and its Health in All Policies toolkit, the session will showcase practical examples, including the West Midlands Combined Authority's Spatial Development Strategy, Hertfordshire's Healthy and Safe Places Framework, the West Midlands Design Charter, and West Yorkshire's inclusive design principles. Through facilitated discussion, participants will examine how planners, public health professionals, developers and regional leaders can work together to integrate health across planning systems, translating strategic ambitions into healthier homes, neighbourhoods and places for current and future generations.

12.30–
13.45 **Video+Poster Gallery, workshop,
lunch and networking**

Session 32

Nourishing urban wellbeing: Community action for health and sustainability

Therme Manchester Facilitators:

Rob Creber, head of social value & partnerships

Amanda Curtis, sustainability advisor

Ben Dutton, director of food & culinary experience

13.45 Nourishing urban wellbeing: Community action for health and sustainability

Healthy food is fundamental to healthier, more resilient communities, yet many people still face barriers to accessing affordable, nutritious and sustainable food. This interactive workshop, led by Therme Manchester, explores how community organisations, local authorities and the private sector can work together to strengthen food and nutrition as part of a broader vision for urban wellbeing. Building on Therme's mission to transform urban wellbeing at scale, participants will share practical examples of community-led food initiatives, urban growing, education, social prescribing and neighbourhood partnerships that improve health while supporting environmental sustainability.

Through interactive discussion and shared learning, the workshop will explore how communities, local authorities and the private sector can work in partnership to create places where healthier choices become the easier choices. Participants will share practical ideas, learn from local initiatives and identify new opportunities to support healthier lifestyles, stronger neighbourhoods and greater community wellbeing. Together, the session will demonstrate how collaboration at every level can help transform urban wellbeing while creating healthier, more sustainable places for future generations.

15.15–
15.45 **Video+Poster Gallery,
coffee and networking**

Stream 10 will be brought to a close at 15.45, at an earlier time to other streams.

The Video+Poster Gallery features an array of visual and dynamic presentations on scientific research, cutting-edge policy, technological innovations, and landmark urban design projects. On display throughout the Congress, the Video+Poster Gallery provides ample opportunity for delegates to peruse at their leisure in between sessions.

Theme: Healthy city design and planning

- P01 Embedding biophilic design within a whole systems approach to healthier cities**
Luke Engleback, Studio Engleback, UK
Alessio Russo, Queensland University of Technology, Australia
- P02 Improving health through the built environment: Taking leadership in delivering health net gain**
Clare Delmar, Build for Health, UK
Graeme Craig, TfL – Places for London, UK
- P03 Collaborative planning and health protocol development: A case study of participatory action research with the Essex Planning Officers' Association, NHS Integrated Care Board Estates and Public Health across Essex**
Sem Lee, OUR! Labs, UK
Amber Nyoni, Essex County Council, UK
- P04 Designing affective city: The role of architectural facades in urban wellbeing**
Chenxi Wang, Michal Gath-Morad, University of Cambridge, UK
- P05 Community cohesion as social infrastructure for post-disaster resilience: Evidence from central Texas**
Lindsay Sansom, Garrett Sansom, Texas A&M University, USA
- P06 Healthy cities and the historic environment: Embedding heritage in policy and planning**
Linda Monckton, Historic England, UK
Elizabeth Bennett, University of Leeds, UK
- P07 Decomposing the complex association between the 15-minute city planning and health**
Yating Jiang, Imperial College London, UK
- P08 The method to create a healthy city**
Aaron Kim, Darin Partners, UK

- P09 Spatialising one health: A structuring principle for health justice in urban systems. Evidence from Greater Cambridge**
Mark Drane, Urban Habitats, UK
Flora Samuel, Zhuozhang Li, Ruchit Purohit, University of Cambridge, UK
- P10 Regenerative cities: A manifesto for a better future**
Andy Roberts, Planit, UK



Theme: Healthy homes and neighbourhoods

- P11 Residential settlement urban design: Review, assessment and evaluation process**
Khalafalla Omer, Royal Town Planning Institute, UK
- P12 Scottish GPs' perspectives on the home environment as a determinant of health**
Laura MacLean, Sonja Oliveira, The University of Strathclyde, UK
- P13 Indigenous sustainable practices of Vastushastra: Spatial and material analysis**
Kala Choyimanikandiyil, Manipal Academy of Higher Education, India
Kasthurba Ak, National Institute of Technology, India
Anupama Pavithran, Scuola Master F.lli Pesenti del Politecnico di Milan, Italy/India
- P14 Designing healthy futures: Health Haus and social prescribing for community wellbeing**
Alice Green, Arcadis, UK
- P15 Barriers and solutions to heat pump installation in Ealing to reduce air pollution and decarbonise heating: A policy report**
Ella Kline, London School of Hygiene & Tropical Medicine; Ealing Council, UK
Elizabeth McGill, London School of Hygiene & Tropical Medicine, UK
Rosie Rowe, Ealing Council, UK
- P16 Home Heat Hubs – a win-win for healthy homes and sustainable communities**
Clare Delmar, Build for Health, UK
Travis Theune, Thermify, UK
- P17 Restoring the human layer: Analogue co-design for healthy urban homes**
Fiona Caulfield, Remodel, UK
- P18 From overheating to tipping points: Designing for hidden health risks in urban homes**
Mingyu Zhu, Qunshan Zhao, University of Glasgow, UK
Jiayi Jin, Northumbria University, UK
- P19 Creating a healthy neighbourhood for all ages**
Nigel Saunders, Pozzoni Architecture, UK
Emma Tanti, Pozzoni Architecture, UK
- P20 Healthy city design for schools: Applying healthy streets through 'School Streets' and safer routes to school**
Cara Mazetti, AECOM, UK
- P21 Ageing in place or ageing in crisis? Rethinking housing for longevity**
Charlie Lemmer, The Healthy Home Therapist, UK

- P22 **City XXI and Mariupol Settlements: Healthy communities for the war-displaced population in Ukraine**
Viktor Riabokin, Vid Sertsya Budova NGO, Ukraine
Michael Cottakis, 89 Global, UK
- P23 **Streets for a healthy life**
Annabel Jane Keegan, PJA, UK

Theme: Community impact and social value

- P24 **Healthy farms: Reimagining agricultural heritage settings as salutogenic environments – a policy framework from AIUla, Saudi Arabia**
Yousef Albalawi, Madinah Health Cluster, Saudi Arabia
- P25 **Strengthening the infrastructure of belonging: Reimagining opportunities to connect in public spaces using creative and futures-based methods**
Kelly Henderson, Freelance, UK
- P26 **The private city garden: An unused resource for individual and collective mental health?**
Jesper Jorgensen, NCIS, Denmark
- P27 **Girls in the hood**
Beenish Sarfaraz, Mohamed Adkaich, Alejandra Rodríguez Fiscal, LUCA School of Art; University of Aveiro; Sheffield Hallam University, Portugal
- P28 **From garden city to healthy city: Reimagining Bengaluru's dilapidated industrial estates as places of belonging**
Ajinkya Kanitkar, Tanishqa Gupta, Mili Paul, RV College of Architecture, India
- P29 **Yarrila Place: A community's optimism matters**
Matthew Blair, BVN, UK
- P30 **Green Square Public School and Community Spaces: The final piece**
Matthew Blair, BVN, UK

- P31 **Can everyday spaces heal cities? Evidence from a participatory schoolyard transformation in Madrid**
Manuel Alméstar Urteaga, Jaime Moreno Serna, Universidad Politécnica de Madrid, Spain
- P32 **Freely available wellbeing toolkit for children**
Michelle Baker, AtkinsRealis, UK
Catherine Manning, Impact Reporting, UK
- P33 **Reimagining an historical world heritage site for a lasting legacy**
Daniel Reynolds, Dar Al Handasah, UK
- P34 **Feeling at home away from home: Building cities we belong to**
Helia Taheri, Arcadis, USA

Theme: Smart cities and digital health

- P35 **Embodied futures: Empathy-driven human and planetary wellbeing in city design**
Natali Ghawi, NABAD Consulting; ReGen Villages, Jordan
- P36 **Mapping a living landscape: Using digital tools and ecological evidence to drive green infrastructure, stewardship and future planning in Ebbsfleet Garden City**
Kelly Haynes, Ebbsfleet Development Corporation, UK
- P37 **Quiet Taoyuan Project: Safeguarding urban tranquility**
Chi-Liang Yen, Hsiao-Wan Wu Wu, Taoyuan City Government, Taiwan
- P38 **Guarding our city: Urban monitoring and response system**
Chi-Liang Yen, Yuan-Cheng Tsai, Taoyuan City Government, Taiwan

- P39 **Social value economics: An AI-driven geospatial framework for evidence-based community investment in healthier cities**
Alejandro Quinto, CommunityAI, UK
- P40 **Beyond technocracy: A process-oriented framework for evaluating responsible AI (RAI) in smart city governance**
Kyounghee Cho, Birmingham City University, UK



- P41 **Is this property environmentally justice? Developing a postcode-level environmental justice index with unique property reference number**
Yeunsoo Park, Chulwoong Park, Kyounghee Cho, Mohammad Mayouf, Muhammad Afzal, Birmingham City University, UK

Theme: Population and neighbourhood health

- P42 **The health-place nexus: Embedding health in city systems using a place-based approach**
Steve Millington, Nikos Ntounis, Manchester Metropolitan University, UK
- P43 **Springfield Village: A blueprint for public sector-led urban regeneration**
Andrew Simpson, Andrew Simpson Planning, UK



- P44 **Developing design recommendations for meditation centres through a mixed-method study**
Pearl Doshi, University College London, UK/UAE
Francesco Aletta, University College London, UK
- P45 **A healthy city... sounds good**
Adam Scott, Gaël Vilatarsana, Hoare Lea, UK
- P46 **Training wellbeing in public waiting spaces: Unlocking everyday time for urban mental health**
Carolina Cárdenas, Urban Wellbeing & Public Space, Chile
- P47 **The opportunity for community-led housing on NHS surplus land**
Sem Lee, Joel Simpson, Social Life, UK
- P48 **Maternal spaces in Newcastle: Insights into mothers' embodied experiences and spatial practices**
Alanis Burgess, P+HS Architects, UK
Jiayi Jin, Northumbria University, UK
- P49 **Midland Met Learning Campus: A place-based model for neighbourhood health, skills, and social mobility**
Ewan Graham, Hawkins\Brown, UK

- P50 **Warneford Park – building on two centuries of healthcare**
Robert Dawson, Eric Parry Architects, UK
- P51 **Healthy schools as neighbourhood health infrastructure: A “less is more” strategy for population health and equity**
Coen van den Wijngaart, Anculus, Netherlands
Malak Mehta, Anculus, UK
- P52 **A civic campus model: Preventative health and wellness infrastructure at the Barony Campus**
Anna Shapiro, Ryan McMonagle, Sheppard Robson, UK
- P53 **Breakdown or breakthrough? The future of urban health**
Mark Walker, Stantec, UK
- P54 **Embedding health in the city: Place-based strategies for healthcare campuses**
Raymonde Bieler; Shreya Aneja, White Arkitekter, UK
- P55 **Urban morphology and emergency response for the prevention of health problems: Mapping spatial inequalities in access to ambulances**
Ana Maria Girotti Sperandio, Yago Henrique Boroto, State University of Campinas, Brazil
- P56 **Care-full neighbourhoods**
Anna Shpuntova, Sheppard Robson, UK
- P57 **Rising to the challenge: How vertical hospitals and health science facilities are shaping healthier, denser cities**
Bruce Crook, Architectus, Australia
- P58 **Designing neighbourhood-based city health action plan for MR outbreak response: A localised and multisectoral model from Urban Agra, Uttar Pradesh**
Ayushi Agrawal, Jatin Bhatt, Amrin Fatma, John Snow India Private, India
Arindam Ray, Gates Foundation, India

- P59 **Designing in-between: Liminality as a framework for healthier urban healthcare environments. The case study of the new Municipal Hospital in Lugoj, Romania**
Raluca Soaita, Tesseract Architecture, Romania
- P60 **Hospitals in the city: Shouldn't hospitals improve the lives of city dwellers?**
David Martin, DaMa, UK
- P61 **Glasgow's new front door – Parkhead Integrated Health and Social Care Hub**
Richard Mann, AECOM, UK
Andrew Baillie, NHS Greater Glasgow and Clyde, UK
- P62 **Reimagining the hospital estate in a spatially and financially constrained environment**
Sophie Hockin, The Health and Place Project, UK
- P63 **Co-designing adolescent-safe pathways to healthcare through schools, health facilities, and adolescent-friendly spaces: How neighbourhood health models can shape healthy communities**
Mable Kipenda, Urban Health 360, Zambia
Yonette Thomas, Urban Health 360, USA
- P64 **Air pollution exposure and risk of emergency department visits for lower respiratory infections in children: A scoping review**
Angelo Ilersich, William Pickett, Terrance Wade, Samantha Hajna, Brock University, Canada
Hong Chen, University of Toronto, Canada



- P65 Breakdown or breakthrough? How community engagement can shape global health security**
Srikanth Kondreddy, Richard M. Fairbanks, Indiana University Indianapolis, USA
Greg Williams, Christine Greenhalgh, Arpana Verma, University of Manchester, UK
Yonette Thomas, Urban Health 360, USA
- P66 Air quality and student attendance: Investigating the impact of pollution on public school attendance in New Delhi's vulnerable communities**
Mehul Rai, Sustainability consultant, UK

Theme: Healthy working environments

- P67 From breakdown to breakthrough: Applying cultural intelligence to build healthy working environments and social value**
Marsha Ramroop, UnheardVoice Consultancy, UK
- P68 The facts of light**
Ulysse Dormoy, Atrium, UK
- P69 Designing for wellbeing under security constraints: Adapting biophilic principles for a windowless workplace**
Archontia Manolakelli, AtkinsRéalis, UK

Theme: Sustainable infrastructure and green mobility

- P70 The push to mitigate construction-related greenhouse gas emissions across A4 and A5 lifecycle stages**
Blake Jackson, NORR, USA
- P71 Breakdown or breakthrough? Measuring urban habitability in climate-vulnerable, data-scarce cities in southern Brazil**
Karol Diego Carminatti Baumgärtner, Brusque Educational Foundation University Centre (UNIFEBE), Brazil
- P72 Planning the urban forest: Trees as critical infrastructure for resilient, healthy cities**
Kenton Rogers, Treeconomics, UK



- P73 Co-designing resilient neighbourhoods in Houston, Texas, USA: A cross-sector governance approach to community-driven green infrastructure**
Garett Sansom, Lindsay Sansom, Texas A&M University, USA
- P74 From evidence to urban practice: Integrating mental health into urban green space planning**
Corinna Patetta, Maria Chiara Pastore, Politecnico di Milano, Italy
- P75 Investigating the implementation of 'school street' interventions: Facilitators, barriers and outcomes in two English cities**
Ahmadreza Faghieh Imani, Audrey de Nazelle, Isabella Ferguson, Imperial College London, UK
- P76 Actions for public health in infrastructure projects**
Ben Cave, Ben Cave Associates; University of Groningen, UK
Ed Kirton-Darling, University of Bristol, UK
- P77 Streets for people: Breaking barriers to successful urban pedestrianisation**
Zanna Buckland, Emily Wall, Audrey de Nazelle, Ahmadreza Faghieh Imani, Imperial College London, UK
Dena Kasraian, Eindhoven University of Technology, Netherlands
- P78 The role of nature-based solutions in enabling climate resilience and climate justice in cities**
Ashley Bateson, Hoare Lea, UK
- P79 The first thing that is needed for a healthy city**
Jack Skinner, Inspired Construction & Interiors, UK
- P80 Reimagining urban nature: Mayfield Park and the role of living infrastructure in health-led city regeneration**
Catherine Dixon, Landsec, UK
- P81 Landscape-led urbanism and its benefits for healthy cities**
Andrew Tempany, Lynne Houlbrooke, Josh Cunningham, Stephenson Halliday (An RSK company), UK
- P82 Transforming deserted urban areas into healthier public parks: A collaborative approach in historic Cairo**
Tarek Elsheikh, Dina Mahmoud, Housing and Building National Research Center, Egypt
- P83 From concrete to calmness: Integrating biophilic urbanism in densely populated cities for health and wellbeing**
Sujata Govada, Bethany Ma, Institute for Sustainable Urbanisation, Hong Kong

Roundtables

Tuesday 20 October, 12.30-14.00

STRIDE TREGLOWN

Chaired and facilitated by:

Rob Delius, Tudor Jones, Dr Eli Hatleskog, Stride Treglown

Imagining the futures we want

Collective imagination holds the key to better futures. The question is not simply how we address the complex challenges we face but rather how we imagine futures worth creating. Environmental activist Rob Hopkins (2025) argues that we need to cultivate longing: visions of the future so compelling that people love them.

Postwar, there was a belief that tomorrow would be better. We rebuilt towns and cities, imagined new forms of housing and public life, and reached for the moon. Today, we are surrounded by stories of crisis: the cost of living, economic uncertainty, conflict, biodiversity loss, climate change, declining high streets, pressures on public health, and rapid technological change.

Imagination is not an escape from reality; it is a way of seeing things differently, with curiosity and purpose. Places are continually made and remade through the stories we tell, the values we make visible and the actions we take together. Collective, creative imagination allows us to see possibilities yet to be realised. It creates shared purpose, builds confidence and opens opportunities for people to act together (Hatleskog, upcoming).

This roundtable will explore how imagination can be a productive form of everyday activism; a practical tool for shaping healthier, greener and fairer places. It will ask how we move from anxiety about the future towards the practical work of creating futures people can believe in.

The event will elicit voices from around the table and create space for different forms of knowledge, experience and agency. Graphic facilitation will capture key ideas visually, trace connections between themes and make the collective imagination of the room visible. In doing so, we will not only discuss possible futures, but begin to map the conditions through which they might take root.

Hopkins, R. (2025) How to Fall in Love with the Future: A Time Traveller's Guide to Changing the World. Chelsea Green Publishing.

Hatleskog, E. (upcoming) Building Cities with Social Value: Design, Architecture, and Art in Collaborative Urban Practice. Routledge

Wednesday 21 October, 12.30-14.00



Chaired and facilitated by:

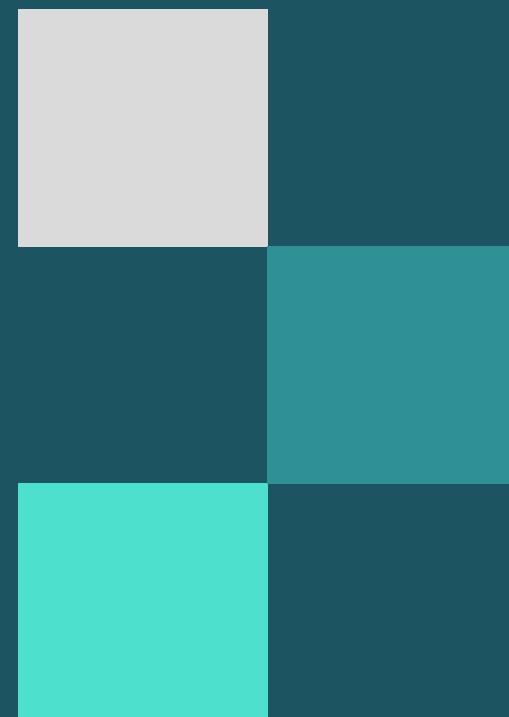
Clare Wildfire, Global cities lead, Mott Macdonald

Healthier places by design: Aligning regeneration, infrastructure and investment

Health outcomes are shaped as much by place as by healthcare. As city regions pursue regeneration and growth, decisions made by local authorities and infrastructure delivery partners, across transport, development, education, utilities and the public realm, play a critical role in shaping long term health and wellbeing, as well as future demand on the NHS.

Building on emerging policies focused on local government's role in health creation, this roundtable is targeted at local government and the organisations responsible for planning and delivering place-based regeneration and infrastructure. Bringing together senior leaders from across the built environment, transport, development and health, the discussion will explore how regeneration investment can more intentionally support healthier lives.

Grounded in a city region context, the session will focus on what is within the gift of placemakers and delivery bodies to influence, from active travel and accessibility to nature-based solutions and community infrastructure, and how better cross-sector collaboration can help embed health creation into future regeneration planning.



Study tours

From Waterways to Wellbeing: A Healthy City Design Study Tour with Therme Manchester

Discover how one of Europe's most ambitious urban wellbeing destinations is being developed to support healthier people, healthier communities and healthier cities. This proposed study tour will begin with a guided canal tour through the waterways of Salford Quays and Manchester's historic docklands, offering a unique perspective on the area's transformation through regeneration, blue infrastructure and placemaking.

Along the route, delegates will hear short presentations from Therme Manchester and invited partners exploring the relationship between water, nature, health, social value and sustainable urban development, alongside opportunities for discussion and networking.

The tour will then continue with an exclusive visit to the Therme Manchester development, where delegates will gain insight into the project's vision, design and delivery,

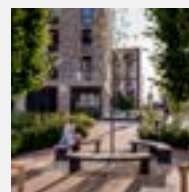


exploring how wellbeing, prevention, biodiversity and community engagement are being embedded at scale. The visit is expected to include presentations, discussion and an interactive workshop with the project team, providing delegates with an opportunity to explore how large-scale wellbeing infrastructure can contribute to healthier, more sustainable and inclusive cities..

Salford Central Tour

Join ECF for a guided tour of Salford Central and discover how long-term partnership, placemaking and regeneration are creating a healthier, more connected neighbourhood. Explore how wellbeing, sustainability and community have been designed into a vibrant mixed-use destination where people can live, work and thrive.

The tour will also provide insight into the next chapter at Crescent Salford, showcasing how successful places evolve over time and the opportunities that lie ahead.



360 Degree Society



Stories of the Quays: Places shape people, and people shape places

Date: Tuesday 20 October Time: 18.00–19.00
Meeting Point: Lowry main entrance

Take a moment away inbetween the conference and the evening reception to explore the streets, stories and social spaces of Salford Quays. Led by the 360 Degree Society team, this guided walk invites you to experience the city's landscape through a different lens – uncovering the people, histories and ideas transforming local places into healthier, more connected communities.



Salford Sunrise 5km Run: Movement makes us think differently (free to all delegates)

Date: Wednesday 15 October Time: 06.45–07.30
Meeting Point: Lowry main entrance

Lace up and join 360 Degree Society for an early morning 5km run around Salford Quays. A chance to clear your head, stretch your legs and take in the waterfront views before the day begins. This is a relaxed, social run – no clocks, no pressure – just good company, fresh air and space to reflect as we move together.

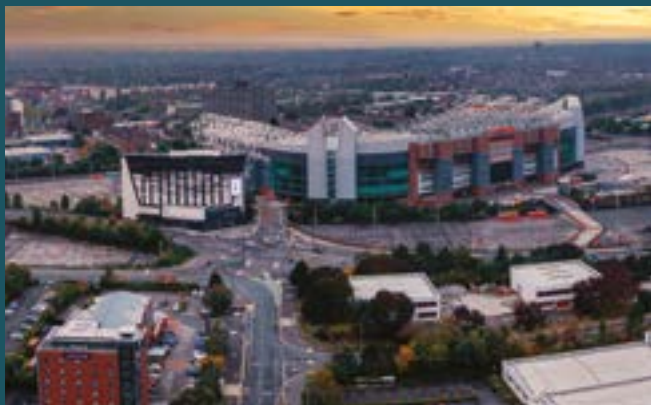
These tours are free to attend but places are limited – express your interest in participating at info@salus.global

info@salus.global

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Submit your entries by 23 July at
www.healthycitydesign.global/awards

Awards Dinner Venue



Celebrating Excellence at the Heart of Trafford's Transformation

The Healthy City Design 2026 Awards Dinner takes place in the Evolution Suite at Old Trafford, home of Manchester United Football Club and the heart of one of the UK's most ambitious regeneration programmes. With plans for a new 100,000-seat stadium and the transformation of the surrounding Trafford Wharfedale district, alongside the landmark Therme Manchester wellbeing resort, the area is becoming a powerful example of how sport, health, culture and placemaking can drive healthier, more inclusive communities. It provides a fitting setting to celebrate the projects and people shaping healthier cities as Healthy City Design marks its tenth anniversary.



Recognising excellence in the design and planning of healthy and sustainable cities and communities

The Healthy City Design Awards recognise innovation and excellence in conceptualising, planning, designing and delivering places and infrastructure in the urban built environment that create human health and wellbeing, and embed the principles of planetary health and sustainable development.

The suite of eight awards is structured to encourage submissions in categories that span the micro, meso and macro levels of city design and planning. The awards aim to celebrate projects, schemes and research that offer novel and well-considered means to positively impact on the physical and mental health and wellbeing of urban populations, through improvements to environmental factors, opportunities for physical activity, cleaner air, greater community agency and participation, climate resilience, diversity, equity and inclusion, and an improved quality of life for citizens of all ages.



The extended entry deadline for award submissions is 23 July. For more information on how to submit, visit www.healthycitydesign.global

LIVE Judging

Following the entry deadline in September, all submissions will be evaluated by an independent panel of three judges on each of the eight categories. A shortlist in each category will then be announced with the shortlisted projects invited to present live to the judges during the Healthy City Design 2026 Congress in October.

All shortlisted projects will be awarded a high commendation award, with the overall category winner revealed at an illustrious ceremony during the final session of the Congress. More information on the live judging programme agenda for the eight categories, will be available after the shortlist is announced in August/September.

Awards categories and judges

Healthy city design and planning



Lead judge: Sunand Prasad OBE, PPRIBA,
Principal, Perkins&Will, UK

Panel judges:

This award recognises excellence in urban planning and design that delivers healthier, more resilient and inclusive cities. It celebrates evidence-based, people-centred approaches to urban development, including compact city models, active living and regeneration, demonstrating how planning, design and local context combine to shape healthier urban futures.

Sustainable infrastructure & green mobility



Lead judge: Louise Ciotti,
Programme lead for architecture M-Arch,
University of the West of England, UK

Panel judges:

This award celebrates projects that integrate sustainable infrastructure and green mobility to support human and planetary health. It recognises low-carbon, resource-efficient and inclusive systems, including transport, energy and nature-based solutions, that improve air quality, enable active lifestyles and strengthen environmental, social and economic resilience.

Healthy working environments



Lead judge: Jeremy Myerson, Academic director
and co-founder, Healthy City Design; Professor emeritus,
Helen Hamlyn Centre for Design, Royal College of Art, UK

Panel judges:

This award recognises excellence in the design, delivery and management of workplaces that support health, wellbeing and productivity. It includes a wide range of settings and highlights evidence-based approaches that improve physical and mental health, safety, inclusion and sustainability across diverse working environments.

Healthy homes and neighbourhoods



Lead judge: Ben Cave, Director,
BCA; University of Groningen, UK



Panel judges:

This award recognises projects that demonstrate how housing and neighbourhood design can support health, equity and everyday wellbeing. It highlights innovative, evidence-based approaches to delivering healthy, affordable and adaptable homes within inclusive, walkable communities, improving access to services, green space and social connection across all stages of life.

Population and neighbourhood health



Lead judge: Beatrice Fraenkel,
Trustee, Design Council, UK

Panel judges:

This award recognises place-based approaches that improve health outcomes at population and neighbourhood levels. It highlights projects that integrate healthcare into communities alongside planning and design strategies that support prevention, early intervention and health equity, creating accessible, resilient and people-centred systems of care.

Design research for healthy cities



Lead judge: Helen Pineo,
Urban planner and research associate professor,
University of Washington, USA

Panel judges:

This award recognises outstanding research that advances understanding of how the built environment influences health, equity and wellbeing. It celebrates original, independently assessed research that contributes to design, policy or practice, including studies, tools and frameworks with clear relevance and potential for real-world impact.

Smart cities and digital health



Lead judge: Andy Miah,
Chair of science communication and
future media, University of Salford, UK



Panel judges:

This award recognises how digital innovation and smart technologies can improve health, wellbeing and quality of life in cities. It celebrates projects that use data and technology to create more responsive, efficient and inclusive urban environments, while addressing governance, ethics and equitable access to ensure real-world impact.

Community impact and social value



Lead judge: Lourdes Madigasekera-Elliott,
Creating Healthy Places, East Sussex County Council, UK

Panel judges:

This award recognises projects that deliver measurable social value and positive community impact through planning and development. It highlights approaches that embed equity, inclusion and health outcomes into decision-making, demonstrating meaningful engagement, co-design and long-term benefits that strengthen communities and ensure development delivers tangible public value.



HCD2026 LIVE: Enhancing the delegate experience

By blending 'in person' participation with a fully immersive digital experience, this year's Congress continues to create new and enhanced opportunities for knowledge exchange, professional development and networking.

The 10th Healthy City Design International Congress is being held for the first time at the Lowry, MediaCity in Salford, Greater Manchester. The venue is expected to sell out quickly, as world-leading practitioners, researchers and policy thinkers from around the world join the event 'in person' as delegates and as speakers to give talks, present posters, and participate in panels and workshops. But with a live conference stream broadcast into our fully integrated



virtual event platform, delegates will also have the choice of whether to participate in person or virtually, providing new opportunities to access talks and expert content from anywhere in the world.

'In person' and 'virtual' delegates will enjoy exceptional networking and professional development opportunities, building knowledge of the socio-economic global context, and emerging practice, skills and core competencies in designing and planning healthy communities, sustainable development, and urban infrastructure.



Intuitive user interface

Easy to engage in sessions, no matter where you are
Our intuitive hybrid event platform is designed to highlight key events and enable attendees to drill down to sessions of specific interest. Virtual and in-person attendees can engage in sessions using engagement tools such as chat and Q&A.

Connect with more people

Foster connections both online and offline
Connect and foster engagement with fellow attendees virtually and in person throughout the event. Attendees have multiple options to connect and message other attendees in person or connect with each other virtually via 1-1 chats, video calls and lounges.

On-demand content

Choose when to view talks and sessions
All registered participants will also receive virtual access to both 'live' streaming and video recordings of all sessions for 'on-demand' viewing for two months after the event. So, as an in-person delegate, choosing one parallel session or stream no longer means you miss viewing the talks in the other streams.

Native mobile app

A fully immersive experience
In-person and virtual attendees will be able to download a native, branded mobile application to browse session listings, connect and message other participants, both onsite and virtually, and view sponsors, partners, exhibitors and the programme agenda. The mobile app complements the in-person experience while enabling virtual attendees to engage remotely using engagement tools such as chat and Q&A.

Delegate registration

Super-early bird deadline on 15 July, register today to save

Ticket types

In-person tickets are available in three categories: Commercial sector; Public Sector; and Third/Voluntary sector. Virtual-only tickets to access the live stream and on-demand recordings are also available.

Group discounts

Available for three people or more (5%); five people or more (10%) or 10 people or more (20%). Group tickets are only applicable for teams from the same organisation. To apply please contact info@salus.global

Awards dinner and ceremony

Register today at www.healthycitydesign.global

Pricing	Super early-bird: Until 15 July	Early-bird: Until 10 September	Standard: From 12 September
In-person: Commercial			
2-day	£545 (£654 including VAT)	£595 (£714 including VAT)	£695 (£834 including VAT)
1-day	£345 (£414 including VAT)	£395 (£474 including VAT)	£495 (£594 including VAT)
In-person: Public sector			
2-day	£345 (£414 including VAT)	£395 (£474 including VAT)	£495 (£594 including VAT)
1-day	£195 (£234 including VAT)	£225 (£270 including VAT)	£325 (£390 including VAT)
In-person: Third / Voluntary sector			
2-day	£165 (£198 including VAT)	£195 (£234 including VAT)	£245 (£294 including VAT)
1-day	£85 (£102 including VAT)	£115 (£138 including VAT)	£145 (£174 including VAT)
Virtual			
2-day	£100 (£120 including VAT)	£125 (£150 including VAT)	£175 (£210 including VAT)
1-day	£60 (£72 including VAT)	£75 (£90 including VAT)	£115 (£138 including VAT)
Awards dinner and ceremony			
Single ticket	£150 (£180 including VAT)		

Recommended hotel: Holiday Inn Manchester - MediaCityUK

A vibrant Manchester hotel in the Salford Quays media hub, and only a short walk from both the Lowry arts complex and the striking Imperial War Museum North. Manchester city centre is just over 20 minutes by tram from MediaCityUK Metrolink station.

Visitors can experience behind-the-scenes tours of the BBC's studios, or nearby Old Trafford football ground to see the famous stadium as Premier League players do.

Rates:

Single room with breakfast & wifi (18-21 Oct): £121.00
Room rates are VAT inclusive.

Discounted room rates are available until 15 September, but the number of rooms available are limited so early booking is advised. On receipt of your registration, a booking link will be provided to enable you to book your accommodation at the above.





Register for the congress at:
www.healthycitydesign.global

For further enquiries on the event programme, sponsorship or exhibition opportunities, contact:

info@salus.global

www.healthycitydesign.global



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